

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August						1 10:00- Morning Movement (AR) 2:00-Toonie Bingo (AR) 3:00- Five Crowns Card Game (L) 7:00- Euchre (SL) 7:00- YouTube “Americas Got Talent”
2 10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:00-Binge Watching- Sweet Magnolias (T) 3:30- Tetris Tumble (AR)	3 Civic Holiday 10:00- Ball & Balance (AR) 10:45- Fun Facts (B) 2:00-Winchester Glen Choir (SL) 3:00- Left Right Centre (AR) 	4 10:00-Tuesday Movers (AR) 10:45- Trivia (B) 10:30- Halibut House Fish & Chips (Sign up Required) 2:30-Toonie Bingo (AR) 3:00- Boat Ride with Sara (Sign up Required) 3:30- Nail Spa (HR)	5 10:00- Workout Wednesday (AR) 11:00- Wednesday Wordle (B) 2:00- Ajax Down Horse Race (Sign up Required) 3:00- Family Game Night Entertainment (SL) 7:00- Independent Left Right Centre (AR) 	6 9:30- Zumba with Sam (AR) 10:15 - Presentation with Upcoming Mayor (T) 11:00-Table Tennis (AR) 2:30-Toonie Bingo (AR) 3:45- Sundae Bar Social (AR) 7:00- Netflix “Beethoven” 	7 W/C and Walker Clinic 10-12 (L) 10:00- Fitness Friday (AR) 10:45- Kahoot- Bring a device (B) 2:00-Pool & Darts (SL) 2:30- Group Trivia- Win a Free Drink (SL) 3:00- Entertainment and Happy Hour with Catherine & Ken (SL) 	8 10:00- Morning Movement (AR) 2:00-Toonie Bingo (AR) 3:00- Five Crowns Card Game (L) 7:00- Euchre (SL) 7:00- Netflix “Night at The Museum” 
9 10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:30- UNO (AR) 3:30- Ladder Ball (CY) 	10 10:00- Ball & Balance (AR) 10:45- Fun Facts (B) 11:00- Panera Bread lunch Outing (Sign up Required) 2:00-Winchester Glen Choir (SL) 3:00- Left Right Centre (AR)	11 10:00- Tuesday Movers (AR) 10:45- Trivia (B) 2:00- Walmart (Sign up Required) 2:30-Toonie Bingo (AR) 3:30- Food for Thought with Silken (AR)	12 10:00- Workout Wednesday (AR) 10:45- Wednesday Wordle (B) 2:00- Happy Hour (SL) 3:00- Sing Along with John and Helen Bowman (SL) 7:00- Independent Left Right Centre (AR) 	13 10:00- Zumba with Sam (AR) 10:45- Connections (B) 2:30-Toonie Bingo (AR) 3:30- Lemonade Social (B) 7:00- Netflix “The Last Days” 	14 Beach Party 10:15- Volleyball Exercise (AR) 2:00-Pool & Darts (SL) 2:30- Group Trivia- Win a Free Drink (SL) 3:00- Beach Party with Steel Pan & Vocals (SL) 	15 10:00- Morning Movement (AR) 10:45- Activity Meeting with Madie (AR) 2:00-Toonie Bingo (AR) 3:00- Five Crowns Card Game (L) 7:00- Euchre (SL) 7:00- YouTube “Mr. Bean”

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16 10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:00- Binge Watching- Sweet Magnolias (T) 3:30- Shuffleboard (AR)	17 10:00-Ball & Balance (AR) 9:30- Palmer Park Picnic (Sign up Required) 10:45- Fun Facts (B) 2:00-Winchester Glen Choir (SL) 3:00- Left Right Centre (AR) 	18 10:00- Tuesday Movers (AR) 10:45- Trivia (B) 11:00 – Lone Star Texas Grill (Sign up Required) 2:30-Toonie Bingo (AR) 2:30- Shoppers (Sign up Required) 3:30- Nail Spa (HR)	19 10:00- Fall Prevention (AR) 10:45- Wednesday Wordle (B) 2:30- Resident Choice Movie Afternoon & Popcorn (T) 7:00- Independent Left Right Centre (AR) 	20 Mobile Hearing Clinic 10am-12pm (HR) 10:00- Tai Chi Class (AR) 11:00- Table Tennis (AR) 2:30-Toonie Bingo (AR) 3:45- Milkshake Social (B) 7:00- Netflix “LA LA Land” 	21 10:00- Fall Prevention (AR) 10:45- Kahoot- Bring a device (B) 2:00- Wine Tasting with Silken (SL) 3:00- Birthday Party and Happy Hour with Rami (SL) 	22 10:00- Morning Movement (AR) 2:00-Toonie Bingo (AR) 3:00- Five Crowns Card Game (L) 7:00- Euchre (SL) 7:00- Netflix “The Pursuit of Happyness” 
23 10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:30- Apples to Apples (AR) 3:30- Frisbee Game (CY) 	24 10:00- Ball & Balance (AR) 10:45- Fun Facts (B) 11:00- Castle John’s (Sign up Required) 2:00-Winchester Glen Choir (SL) 3:00- Left Right Centre (AR) 3:00- Boat Ride with Sara (Sign up Required)	25 10:00- Tuesday Movers (AR) 10:45- Trivia (B) 12:00- Jungle Cat World-Feeding Experience (Sign up Required- \$15/Person) 2:30-Toonie Bingo (AR) 3:30- Mystery Box- Touch & Guess Game (AR)	26 Oshawa Library 2-3PM 10:00- Fall Prevention (AR) 10:45- Wednesday Wordle (B) 2:30- Entertainment with Winchester Glen Choir (SL) 3:00- End of Summer Potluck- Please Bring a Dish (SL) 7:00- Independent Left Right Centre (AR) 	27 10:00- Zumba with Sam (AR) 11:00- Prepare for end-of-life Presentation (T) (30 mins) 1:30-Toonie Bingo (AR) 3:00- Town Hall (SL) 7:00- Netflix “Steel Magnolias” 	28 10:00- Fall Prevention (AR) 10:45- Kahoot- Bring a device (B) 2:00- Pool & Darts (SL) 3:00- Popsicles on the Patio (SL) 	29 10:00- Morning Movement (AR) 2:00-Toonie Bingo (AR) 3:00- Five Crowns Card Game (L) 7:00- Euchre (SL) 7:00- YouTube “Laurel and Hardy Shorts”
30 10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:00- Binge Watching- Sweet Magnolias (T) 3:30- Axe Throwing (SL)	31 10:00- Ball & Balance (AR) 10:00- Blue Heron Casino (Sign up Required) 10:45- Fun Facts (B) 2:30- Left Right Centre (AR) 3:30- Technology Support (AR)					

Room Location Legend:

B- Bistro	SL- Second Floor Lounge	AR – Activity Room	P- Patio
HR- Hobby Room	CY- Courtyard	L- Library	

