









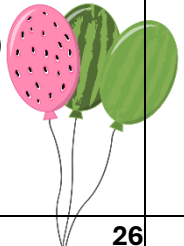
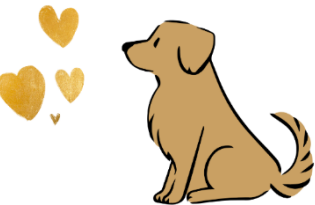






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive; color: #FFD700;">June</h1> <h2 style="color: #388E3C;">AT WINCHESTER GLEN</h2>						
<p>BOAT RIDES</p> <p>Please note*</p> <p>-Boat rides are weather permitting</p> <p>-Residents are to only sign up once to give everyone an opportunity</p> <p>-Please be respectful 😊</p> <p>(Sign up in Bus Binder)</p> 	<p>1</p> <p>10:00- Chair Yoga (AR)</p> <p>10:45- Fun Facts (B)</p> <p>2:00- Walmart Outing (Sign up Required)</p> <p>2:00- Winchester Glen Choir (SL)</p> <p>2:45- Left Right Centre (AR)</p> <p>3:45- Tetris Tumble (AR)</p>	<p>2</p> <p>Natural Perfume 10-2 PM</p> <p>10:00- Chair Cardio (SL)</p> <p>10:45- Trivia (B)</p> <p>11:00- Pickle Barrel Lunch (Sign up Required)</p> <p>2:30-Toonie Bingo (AR)</p> <p>3:30- Table Tennis (AR)</p> <p>7:00- Netflix "Crocodile Dundee"</p>	<p>3</p> <p>10:00- Fall Prevention (AR)</p> <p>10:45- Wednesday Wordle (B)</p> <p>2:00- Lets Plant Herbs Outside (CY)</p> <p>3:00- Lets Plant Flowers Outside (CY)</p> <p>7:00- Independent Left Right Centre (AR)</p> 	<p>4</p> <p>Inga Clothes</p> <p>10:00- Core Class (AR)</p> <p>10:45- Connections (B)</p> <p>2:30-Toonie Bingo (AR)</p> <p>3:30- Watermelon Social (B)</p> 	<p>5</p> <p>W/C and Walker Clinic 10-12 (L)</p> <p>9:30-Fall Prevention (AR)</p> <p>10:30- Lunch and Learn Exercise Presentation (AR)</p> <p>2:00-Pool & Darts (SL)</p> <p>2:30-Group Trivia- Win a Free Drink (SL)</p> <p>3:00-Entertainment and Happy Hour with Paul (SL)</p>	<p>6</p> <p>10:00- Move & Improve (AR)</p> <p>10:45- Coffee Social (B)</p> <p>1-4 PM Bar is Open</p> <p>3:00-Toonie Bingo (AR)</p> <p>7:00- Euchre (SL)</p> <p>7:00- Netflix "Sunday Best"</p> 
<p>7</p> <p>10:00 – ND Church Service (T)</p> <p>10:45 – Catholic Service (T)</p> <p>9:30- Peony Festival Oshawa (Sign up Required)</p> <p>3:30- Afternoon Exercise (AR)</p> 	<p>8</p> <p>10:00- Chair Yoga (AR)</p> <p>10:45- Fun Facts (B)</p> <p>11:15- Mandrin Lunch (Sign up Required)</p> <p>2:00- Stroke Awareness Presentation (T)</p> <p>3:15- Crokinole (SL)</p>	<p>9</p> <p>Church Com Services 10 AM (T)</p> <p>10:00- Chair Cardio (SL)</p> <p>10:45- Trivia (B)</p> <p>1:30- Whitby Plaza Shopping (Sign up Required)</p> <p>2:30-Toonie Bingo (AR)</p> <p>3:30- Nail Spa (HR)</p> <p>7:00- Netflix "Sweet Home Alabama"</p>	<p>10</p> <p>10:00- Fall Prevention (AR)</p> <p>10:45- Wednesday Wordle (B)</p> <p>2:00- Happy Hour (SL)</p> <p>3:00- Family Game Night Entertainment (SL)</p> <p>7:00- Independent Left Right Centre (AR)</p> 	<p>11</p> <p>10:00- Core Class (AR)</p> <p>10:45- Connections (B)</p> <p>2:30-Toonie Bingo (AR)</p> <p>3:45 - Root Beer Floats (B)</p> 	<p>12</p> <p>10:00-Fall Prevention (AR)</p> <p>10:45- Kahoot- Bring a device (B)(AR)</p> <p>2:00-Pool & Darts (SL)</p> <p>2:30-Group Trivia- Win a Free Drink (SL)</p> <p>3:00-Entertainment and Happy Hour with Eric (SL)</p>	<p>13</p> <p>10:00- Online Move & Improve (AR)</p> <p>10:45- Coffee Social (B)</p> <p>3:00- Five Crowns Card Game (L)</p> <p>7:00- Euchre (SL)</p> <p>7:00- Netflix "Remarkably Bright Creatures"</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>14</p> <p>10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:30- UNO (AR)</p> 	<p>15</p> <p>10:00- Chair Yoga (AR) 10:45- Fun Facts (B) 11:00- Teddys Restaurant Lunch (Sign up Required) 2:00- Winchester Glen Choir (SL) 2:45- Left Right Centre (AR) 3:00-Boat Ride (Sign up Required) 3:45- Activity Meeting with Madie (AR)</p>	<p>16</p> <p>10:00- Chair Cardio (SL) 10:45- Trivia (B) 2:00-Farmers Market- Veggie Shack (Sign up Required) 2:30-Toonie Bingo (AR) 3:30- Food for Thought with Silken (AR) 7:00- Netflix <i>“In Her Shoes”</i></p>	<p>17</p> <p>10:00- Fall Prevention (AR) 10:45- Wednesday Wordle (B) 2:00- Puzzles (SL) 3:00- Flying Caesar Social (SL/P) 7:00- Independent Left Right Centre (AR)</p> 	<p>18</p> <p>10:00- Core Class (AR) 10:45- Connections (B) 2:30-Toonie Bingo (AR) 3:00- Fudgesicle Social (B)</p> 	<p>19</p> <p>10:00-Fall Prevention (AR) 10:45- Kahoot- Bring a device (B)(AR) 2:00-Pool & Darts (SL) 2:30-Group Trivia- Win a Free Drink (SL) 3:00-Birthday Party with Monica and Rob (SL)</p> 	<p>Golden Rescue 20</p> <p>10:00- Online Move & Improve (AR) 1- 4 PM Golden Rescue Event 7:00 - Euchre (SL) 7:00- Netflix <i>“A Dogs Purpose”</i></p> 	
<p>Father’s Day 21</p> <p>9:00- Boat Ride (Sign up Required) 10:00 – ND Church Service (T) 10:45 – Catholic Service (T) 1:30- Billard’s & Beer for Father’s Day (SL) 3:30- Afternoon Exercise (AR)</p> 	<p>22</p> <p>10:00- Chair Yoga (AR) 10:45- Fun Facts (B) 11:00-Fiesta Week Pavilions (Sign Up Required) 2:00- Winchester Glen Choir (SL) 2:45- Left Right Centre (AR) 3:45- Ladder Ball (AR)</p>	<p>Church Com Services 23</p> <p>10 AM (T) 9:45 - Chair Cardio (SL) 10:30- Motion is Medicine Presentation (T) 2:00- Reid’s Dairy (Sign up Required) 2:30-Toonie Bingo (AR) 3:30- Nail Spa (HR) 7:00- Netflix <i>“RV”</i></p> 	<p>Oshawa Library 2-3 PM 24</p> <p>Mobile Hearing Clinic 1:30-3:30 (HR) 10:00- Fall Prevention (AR) 10:45- Wednesday Wordle (B) 2:00- Puzzles (SL) 2:30- Paint and Sip Class (AR) 7:00- Independent Left Right Centre (AR)</p> 	<p>25</p> <p>10:00- Core Class (AR) 10:45- Connections (B) 1:30-Toonie Bingo (SL) 3:00- Town Hall (SL)</p> 	<p>26</p> <p>10:00-Fall Prevention (AR) 10:45- Kahoot- Bring a device (B)(AR) 2:00-Pool & Darts (SL) 2:30-Group Trivia- Win a Free Drink (SL) 3:00-Entertainment and Happy Hour with the Swingeasy Band (SL)</p>	<p>27</p> <p>10:00- Online Move & Improve (AR) 10:45- Coffee Social (B) 3:00- Five Crowns Card Game (L) 7:00- Euchre (SL) 7:00- Netflix <i>“Love in the Villa”</i></p>	
<p>28</p> <p>10:00 – ND Church Service (T) 10:00- Sunday Stretches (AR) 10:45 – Catholic Service (T) 2:30- Card Bingo (AR)</p>	<p>29</p> <p>10:00- Chair Yoga (AR) 10:45- Fun Facts (B) 2:45- Left Right Centre (AR) 3:00- Boat Ride (Sign up Required) 3:45- Floor Shuffleborad (AR)</p>	<p>30</p> <p>9:00- Casino Rama Outing (Sign up Required) 10:00- Chair Cardio (SL) 10:45- Trivia (B) 2:30-Toonie Bingo (AR) 3:30- Table Tennis (AR) 7:00- Netflix <i>“Patch Adams”</i></p>	<p>June</p> 			<p>Room Location Legend:</p> <p>B- Bistro HR- Hobby Room P- Patio AR – Activity Room L- Library</p> <p>SL- Second Floor Lounge CY- Courtyard</p>	

--	--	--	--	--	--	--

