



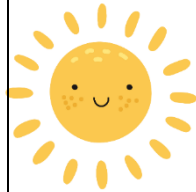
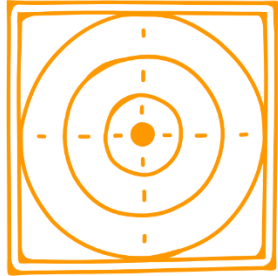








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
1	2	3	4	5	6	7
10:00 –ND Church Service (T) 10:30 – Catholic Service (T) 10:00- Card Bingo (AR) 11:15 -Oshawa Flea Market (Sign up Required) 2:00-Shuffleboard (AR) 2:30- Binge Watching- Golden Girls (T) 3:30-Sunday stretches (AR) 7:00- Netflix “Leap Year”	10:00 – Chair Yoga (AR) 10:45 – News & Views (B) 2:00 - Giant Tiger (Sign up Required) 2:30-Left Right Centre (AR) 3:30- Letter Correspondence Program with Madie (AR) 6:30- Dominos with Dawne (SL)	10:00 – Chair Cardio (AR) 10:45 – Trivia (B) 11:30 - Schooner fish & Chip Lunch outing (Sign up Required) 2:30-Toonie Bingo (AR) 3:30- Nail Spa & Waxing (HR) 4:00- Tech Tuesday (AR) 7:00- Netflix “Matilda”	Costco Table 10-2 PM 10:00 – Fall Prevention (AR) 10:45 – Wednesday Wordle (B) 2:00- Milk Bag Mats (AR) 2:30- UNO (AR) 3:00- Chess & Scrabble (SL)	Fifth Ave Jewellery 10:00 – Fall Prevention (AR) 10:45 – Fun Facts (B) 2:00-Watch and Laugh (AR) 2:30-Toonie Bingo (AR) 3:45- Shamrock Shake Social (B) 7:00- Knitting Club (AR) 	10:00 – Fall Prevention (AR) 10:45 –Brain Games (B) 2:00- Pool & Darts (SL) 2:30-Group Trivia- Win a Free Drink (SL) 3:00- Entertainment and Happy Hour with Paul (SL) 6:00- Rozi Roti Food Bank Ramadan Celebration (SL)	10:00 – Move & Improve (AR) 10:45 – Coffee Social (B) 2:00- Axe Throwing (SL) 2:00- Toonie Bingo (AR) 3:00- Five Crown Card Game (L) 7:00- Euchre (SL)
8	9	10	11	12	13	14
Day Light Savings International Women’s Day 10:00 – ND Church Service (T) 10:30 – Catholic Service (T) 10:00- Card Bingo (AR) 11:15 -Walmart Outing (Sign up Required) 2:00- Shuffleboard (AR) 2:30- Binge Watching- Golden Girls (T) 3:30- Sunday stretches (AR) 7:00- Disney “Sister Act”	Zabs Comfort Shoes 10:00 – Chair Yoga (AR) 10:45 – News & Views (B) 11:00 - Teddys Restaurant (Sign up Required) 2:30-Left Right Centre (AR) 2:00- Watch & Laugh (AR) 3:30- Telestrations Game (AR) 	Church Com Services 10:00 – Chair Cardio (AR) 10:45 – Trivia (B) 2:00- SKECHERS Warehouse Outlet (Sign up Required) 2:30-Toonie Bingo (AR) 3:30- Food for Thought Meeting with Silken (AR) 4:00- Tech Tuesday (AR) 7:00- Netflix “Hook”	Hobby Room Booked 10:00 – Fall Prevention (AR) 10:45 – Wednesday Wordle (B) 2:00- Milk Bag Mats (AR) 2:30-Crokinole Tournament (AR) 	10:00 – Fall Prevention (AR) 10:45 – Fun Facts (B) 2:00- Watch and Laugh (AR) 2:30-Toonie Bingo (AR) 3:30- Craft with Sydney (AR) 7:00-Knitting Club (AR)	10:00 – Fall Prevention (AR) 10:45 – Brain Games (B) 2:00- Pool & Darts (SL) 2:30- Group Trivia- Win a Free Drink (SL) 3:00- March Birthday Party with Monica and Rob (SL) 7:00- Netflix “Luck of the Irish” 	10:00 – Online Exercise (T) 10:45 – Independent Coffee Social (B) 2:00-Axe Throwing (SL) 3:00- MacVoy School; Irish Dance Entertainment (SL) 7:00- Euchre (SL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Room Booked 15 10:00 – ND Church Service (T) 10:00- Sunday Stretches (SL) 10:30 – Catholic Service (T) 2:30-Toonie Bingo (SL) 7:00- Disney “ <i>Darby O’Gill and the Little People</i> ” 	Oshawa Lions Club Sale 16 10-2PM Spring Break 10:00 – Latin Rhythms Exercise (AR) 10:45 – News & Views (B) 1:30- Shoppers Outing (Sign up Required) 2:30- Left Right Centre (AR) 3:45- Activity Planning Meeting with Madie (AR) 6:30- Dominos with Dawne (SL)	St. Patrick’s Day 17 Spring Break 10:00 – Chair Cardio (AR) 10:45 – St Patrick’s Day Trivia 11:25 - The Waltzing Weasel Lunch Outing (Sign up Required) 2:00- Over the Rainbow Bingo (SL) 3:00- Irish Dancing and Happy Hour (SL) 	Fifth Ave Jewellery 11-2PM 18 Smile Room 9-5PM (HR) Spring Break 10:00 – Fall Prevention (AR) 10:45 – Wednesday Wordle (B) 2:00- Milk Bag Mats (AR) 2:30- Pool & Darts (SL) 3:00- Family Feud with Eugene (SL)	Spring Break 19 Spring Break 10:00 – Fall Prevention (AR) 10:45 – Fun Facts (B) 2:00- Watch and Laugh (AR) 2:30-Spring break Bingo (AR) 3:30- Ice Cream Sundae Social (B) 7:00- Knitting Club (AR) 	First Day Of Spring 20 Spring Break Wear Something Tropical 10:00 – Fall Prevention (AR) 10:45 – Brain Games (B) 2:00- Pool & Darts (SL) 2:30- Group Trivia- Win a Free Drink (SL) 3:00- Beach Party with Janette D (SL) 7:00- Disney “ <i>The Quiet Man</i> ”	10:00 – Online Exercise (AR) 10:45 – Independent Coffee Social (B) 2:00-Axe Throwing (SL) 2:30-Binge Watching – Golden Girls (T) 3:00- Five Crown Card Game (L) 7:00- Euchre (SL)
22 10:00- ND Church Service (T) 10:00 – Sunday stretches (AR) 10:30– Catholic Service (T) 2:00-Toonie Bingo (AR) 3:00- Entertainment with the Embassy (SL) 7:00- Disney “ <i>Princess Bride</i> ”	23 10:00 – Chair Yoga (AR) 10:45 – News & Views (B) 2:00- Watch & Laugh (AR) 2:30- Left Right Centre (AR) 3:30- Cards Against Humanity “Family Edition” 	Church Com Services 24 10:00 – Chair Cardio (AR) 10:45 – Trivia (B) 11:15- The Brock House (Sign up Required) 2:30-Toonie Bingo (AR) 3:30-Nail Spa & Waxing (HR) 4:00- Tech Tuesday (AR) 7:00- Netflix	Oshawa Library 2-3PM 25 Mobile Senior Shop 11-3PM (L) Mobile Hearing 1:30-3:30 (HR) 10:00 – Fall Prevention (AR) 10:45 – Wednesday Wordle (B) 2:00- Milk Bag Mats (AR) 2:30- Pool & Darts (SL) 3:00- Sing A Long with John and Helen Bowman (SL) 	26 10:00 – Fall Prevention (AR) 10:45 – Fun Facts (B) 2:00- Pool & Darts (SL) 2:30- Axe Throwing (SL) 3:00- Town Hall (SL)	27 10:00 – Fall Prevention (AR) 10:45 – Brain Games (B) 2:00- Pool & Darts (SL) 2:30- Group Trivia- Win a Free Drink (SL) 3:00- Amateur Happy Hour (SL) 7:00- Disney “ <i>Mary Poppins</i> ”	28 10:00 – Online Exercise (AR) 10:45 – Independent Coffee Social (B) 2:00- Axe Throwing (SL) 2:30- Binge Watching – Golden Girls (T) 3:00- Five Crown Card Game (L) 7:00- Euchre (SL)
Palm Sunday 29 9:30- Casino Rama with Sara (Sign up Required) 10:00 – ND Church Service (T) 10:00 – Sunday stretches (AR) 10:30 – Catholic Service (T) 2:00- Shuffleboard (AR) 2:30-Toonie Bingo (AR) 7:00- Disney “ <i>Hello Dolly</i> ”	30 10:00 – Chair Yoga (AR) 10:45 – News & Views (B) 11:00- The Copper Key Kitchen + Pub (Sign up Required) 2:00- Watch & Laugh (AR) 2:30- Left Right Centre (AR) 3:30- UNO/ Crazy8 (AR)	31 10:00 – Chair Cardio (AR) 10:45 – Trivia (B) 2:00- Waterbridge Candy Store Outing (Sign up Required) 2:30-Toonie Bingo (AR) 4:00- Tech Tuesday (AR) 7:00- Netflix “ <i>Little Woman</i> ”				

Room Location Legend:

B-Bistro HR- Hobby Room T-Theatre P- Patio AR-Activity Room L- Library SL-Second Floor Lounge/Bar

