














MONTHLY CALENDAR – October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:00 Falls prevention Exercises (AR) 10:30 Pumpkin spice latte social (B) 11:15 Bus Trip: One Eyed Jack (Sign up and Cost required) 2:30 Pool and darts (SL) 3:00 Coffee Tasting from around the world (SL) 4:00 Manicures (HR)	10:30 Chair Yoga with Sahil (AR) 11:00 Espresso yourself club (B) 3:00 Making Chicken Tikka with Sahil (AR) 4:00 Wordle + Book Club (AR) 7:00 Movie: Last song (T)	10:00 Falls prevention Exercises (AR) 10:30 News and Views (B) 2:30 Air Hockey (SL) 3:00 Loonie Bingo (AR) (Please bring \$4) 4:00 Pumpkin Pie Social (B)	10:00 Walker Repair Clinic (L) 10:30 Chair Exercises (AR) 11:00 Tea and Coffee Social (B) 2:30 Scrabble (L) 3:00 Happy Hour with Fanny (SL) (Please bring \$3 for alcoholic drinks) 7:00 Terminator (T)	11:00 Resident Run Pool (SL) 3:00 Virtual Concert Via YouTube (T) 7:00 Euchre/ Card Games (SL)
		1 National Coffee Day! 	2 	3 	4 Oktoberfest Celebrations 	5 
11:00 Online Church Service (T) 3:00 Embassy Church Social and snacks (SL) 7:00 Movie: Definitely Maybe (T)	10:00 Falls prevention Exercises (AR) 10:30 New and Views (B) 1:00 Bus Trip Hi-Hope Farms (Sign up Required) 3:00 Left Right center Dice Game (AR) 4:00 Who am I? (Famous Country Singers) (B)	10:00 Falls prevention Exercises (AR) 10:00 Church Communion Service (L) 10:30 News and Views (B) 2:00 Bus Trip: Fall Colors (Sign up Required) 2:30 Pools and Darts (SL) Bean Bag Toss/ Ladder Ball (SL) 3:00	10:30 Chair Yoga (AR) Espresso Yourself Club (B) 3:00 Cooking Demonstration with Brent (AR) 4:00 Dog Therapy (AR) 4:00 Crafty Corner with Prabhleen (AR) 7:00 Movie: Only You (T)	10:00 Falls prevention Exercises (AR) 10:30 Pumpkin spice latte social (B) Pool and Darts (SL) 3:00 Card Bingo (AR) (Please Bring \$4) 4:00 Ice cream social (B)	10:30 Chair Yoga with Sahil (AR) 11:00 News and Views (B) 2:30 Air Hockey and Darts (SL) 3:00 Happy Hour with Rosita (SL) (Please bring \$3 for alcoholic drinks) 7:00 Movie: Risen (T)	11:00 Shuffleboard (AR) 3:00 Virtual Concert Via YouTube (T) 7:00 Euchre/ Card Games (SL)
6 	7 	8 	9 	10 	11 	12 
11:00 Online Church Service (T) 3:00 Mrs. Brown's boys (2) (T) 7:00 Movie: Uptown girls (T)	10:30 Scrabble/ Chess (SL) 3:00 Priscilla Movie (T) 4:30 SPECIAL THANKSGIVING Dinner (D) 7:00 Card Games (SL)	10:00 Falls prevention Exercises (AR) 10:30 Coffee and Conversation (B) 11:15 Bus Trip: Casino Port Perry (Sign up Required) Lunch at the Casino (Cost Required) 4:00 Name 5 things game (B)	10:30 Chair Yoga (AR) 11:00 News and Views (B) 2:30 Pool and Darts (SL) 3:00 Poutine Making with Brent (AR) 7:00 Movie: Shooter (T)	10:00 Falls prevention Exercises (AR) 11:00 Latte Lounge (B) 2:30 Pool and Darts (SL) 3:00 Loonie Bingo (AR) (Please Bring \$4) 4:00 Apple Pie social (B)	10:30 Chair Yoga with Sahil (AR) 11:00 Facts About Chess for National Chess Day (B) 2:30 Pool and Darts (SL) 3:00 Happy Hour with Jamette (SL) (Please bring \$3 for alcoholic drinks) 7:00 Movie: The big empty (T)	11:00 Table Tennis (AR) 3:00 Virtual Concert Via YouTube (T) 7:30 Bingo With Jacqueline (SL) (Please Bring \$4)
13 	14 	15 	16 	17 	18 	19 

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<p>11:00 Online Church Service (T)</p> <p>3:00 Mrs. Brown's boys (3) (T)</p> <p>7:00 Movie: Julie and Julia Movie (T)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">20</div>	<p>10:30 Falls prevention Exercises (AR)</p> <p>11:00 News and Views (B)</p> <p>1:00 Bus Trip: IFLY Indoor Skydiving (Sign up and Cost required)</p> <p>3:00 Manicure Day (AR)</p> <p>7:00 Movie on Prime (T)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">21</div>	<p>10:00 Falls prevention Exercises (AR)</p> <p>10:00 Church Communion Service (L)</p> <p>11:00 Family Feud With tea or Coffee (B)</p> <p>1:30 Bus Trip: Campbellford Cheese and Chocolate Factory (Sign up Required)</p> <p>3:00 Guess the LOGO (AR)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">22</div>	<p>10:30 Chair Yoga (AR)</p> <p>11:00 Pumpkin Spice Latte Social</p> <p>2:30 Pool and Darts (SL)</p> <p>3:00 Loonie Bingo (AR) (Please Bring \$4)</p> <p>4:00 Dog Therapy (AR)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">23</div>	<p>10:00 Falls prevention Exercises (AR)</p> <p>11:00 News and Views (B)</p> <p>1:00 Wellness Fair (L)</p> <p>2:00 Presentations from Wellness Fair Presenters (AR)</p> <p>7:00 Movie: A Fistful of dollars(T)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">24</div>	<p>10:30 Chair Yoga with Sahil (AR)</p> <p>11:00 Espresso yourself club (B)</p> <p>2:30 Town Hall Meeting (T)</p> <p>4:00 Guess the Bird (AR)</p> <p>7:00 The Tournament (T)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">25</div>	<p>11:00 Air Hockey and Darts (SL)</p> <p>3:00 Virtual Concert Via YouTube (T)</p> <p>7:00 Euchre/ Card Games (SL)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">26</div>
<p>11:00 Online Church Service (T)</p> <p>3:00 Mrs. Brown's boys (4) (T)</p> <p>7:00 Movie: Rock n Roll Palace (T)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">27</div>	<p>10:30 Fall Prevention Exercises (AR)</p> <p>11:00 News and Views (B)</p> <p>11:30 Bus Trip: Mandarin (Sign up and Cost required)</p> <p>3:00 Resident Potluck Party (Please sign up) (SL)</p> <p>4:00 Activity Planning Meeting (AR)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">28</div>	<p>10:30 Fall Prevention Exercises (AR)</p> <p>11:00 Latte Lounge (B)</p> <p>2:00 Bus Trip: Walmart Bus Trip (Sign up required)</p> <p>3:00 Who wants to be a millionaire game (T)</p> <p>4:00 Fun Laws around the world (B)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">29</div>	<p>10:30 Chair Yoga with Sahil (AR)</p> <p>11:30 Jamaican Fun Facts (B)</p> <p>2:30 Oshawa POP-UP Library (L)</p> <p>2:30 Travelogue to Jamaica (T)</p> <p>3:00 Jamaican Themed New Resident Welcome Party and Birthday Party (SL)</p> <p>7:00 Movie: Virtual Bob Marley Concert (T)</p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">30</div>	<p>10:00 Fall Prevention Exercises (AR)</p> <p>10:30 Halloween Trivia (B)</p> <p>2:30 Scrabble (L)</p> <p>3:00 Halloween Party with Spooky Snacks (SL) (Please bring \$3 for alcoholic drinks)</p> <p>7:00 Bingo with Sahil (Please bring \$4) (AR)</p> <p><i>Please Dress up and join our parade at 3pm (SL)!</i></p>  <div style="text-align: center; border: 1px solid black; width: 20px; margin: 0 auto; padding: 2px;">31</div>		

Please note: The programs are subject to change based on availability of the staff, entertainers, and supplies. Thank you for your continued support and understanding.

UL-Upper Lobby Lounge (Simcoe Street)
FL- Front Lounge

ROOM LOCATION LEGEND:
B-Bistro
ER-Exercise Room
T-Theatre
AR-Activity Room
SL-Second Floor Lounge/Bar Area
L- Library