## **MONTHLY CALENDAR** – October 2024

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
	AELLO O(		DBERI	10:00 10:30 <b>11:15</b> 2:30 <b>3:00</b> 4:00 <b>1</b>	Falls prevention Exercises (AR)Pumpkin spice latte social (B)Bus Trip: One Eyed Jack (Sign up and Cost required)Pool and darts (SL)Coffee Tasting from around the world (SL)Manicures (HR)National Coffee Day!Example Contraction	10:30 11:00 <b>3:00</b> 4:00 7:00 <b>2</b>	Chair Yoga with Sahil (AR) Espresso yourself club (B) Making Chicken Tikka with Sahil (AR) Wordle + Book Club (AR) Movie: Last song (T)	10:00 10:30 2:30 <b>3:00</b> 4:00	Falls prevention Exercises (AR) News and Views (B) Air Hockey (SL) Loonie Bingo (AR) (Please bring \$4) Pumpkin Pie Social (B)	10:00 10:30 11:00 2:30 <b>3:00</b> 7:00	Walker Repair Clinic (L) Chair Exercises (AR) Tea and Coffee Social (B) Scrabble (L) Happy Hour with Fanny (SL) (Please bring \$3 for alcoholic drinks) Terminator (T) Cococcoccoccoccoccoccoccoccoccoccoccocco	11:00 3:00 7:00	Resident Run Pool (SL) Virtual Concert Via YouTube (T) Euchre/ Card Games (SL)
11:00 3:00 7:00	Online Church Service (T) Embassy Church Social and snacks (SL) Movie: Definitely Maybe (T)	10:00 10:30 1:00 3:00 4:00	Falls prevention Exercises (AR) New and Views (B) Bus Trip Hi-Hope Farms (Sign up Required) Left Right center Dice Game (AR) Who am I? (Famous Country Singers) (B)	10:00 10:00 10:30 2:00 2:30 3:00	Falls prevention Exercises (AR) Church Communion Service (L) News and Views (B) <b>Bus Trip: Fall Colors</b> (Sign up Required) Pools and Darts (SL) Bean Bag Toss/ Ladder Ball (SL)	10:30 11:00 3:00 4:00 4:00 7:00 <b>9</b>	Chair Yoga (AR) Espresso Yourself Club (B) Cooking Demonstration with Brent (AR) Dog Therapy (AR) Crafty Corner with Prabhleen (AR) Movie: Only You (T)	10:00 10:30 2:30 <b>3:00</b> <b>4:00</b>	Falls prevention Exercises (AR) Pumpkin spice latte social (B) Pool and Darts (SL) Card Bingo (AR) (Please Bring \$4) Ice cream social (B)	10:30 11:00 2:30 <b>3:00</b> 7:00 <b>11</b>	Chair Yoga with Sahil (AR) News and Views (B) Air Hockey and Darts (SL) Happy Hour with Rosita (SL) (Please bring \$3 for alcoholic drinks) Movie: Risen (T)	11:00 3:00 7:00	Shuffleboard (AR) Virtual Concert Via YouTube (T) Euchre/ Card Games (SL)
11:00 3:00 7:00	Online Church Service (T) Mrs. Brown's boys (2) (T) Movie: Uptown girls (T)	10:30 3:00 <b>4:30</b> 7:00	Scrabble/ Chess (SL) Priscilla Movie (T) SPECIAL THANKSGIVING Dinner (D) Card Games (SL)	10:00 10:30 <b>11:15</b> 4:00 <b>15</b>	Falls prevention Exercises (AR) Coffee and Conversation(B) Bus Trip: Casino Port Perry (Sign up Required) Lunch at the Casino (Cost Required) Name 5 things game (B)	10:30 11:00 <b>2:30</b> <b>3:00</b> 7:00	Chair Yoga (AR) News and Views (B) <b>Pool and Darts (SL)</b> <b>Poutine Making with</b> <b>Brent (AR)</b> Movie: Shooter (T)	10:00 11:00 2:30 <b>3:00</b> 4:00 <b>17</b>	Falls prevention Exercises (AR) Latte Lounge (B) Pool and Darts (SL) Loonie Bingo (AR) (Please Bring \$4) Apple Pie social (B)	10:30 11:00 2:30 <b>3:00</b> 7:00 <b>18</b>	Chair Yoga with Sahil (AR) Facts About Chess for National Chess Day (B) Pool and Darts (SL) Happy Hour with Jamette (SL)(Please bring \$3 for alcoholic drinks) Movie: The big empty (T)	11:00 3:00 7:30	Table Tennis (AR) Virtual Concert Via YouTube (T) Bingo With Jacqueline (SL) (Please Bring \$4)

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Online Church Service (T)	10:30	Falls prevention Exercises (AR)	10:00	Falls prevention Exercises (AR)	10:30	Chair Yoga (AR)	10:00	Falls prevention Exercises (AR)	10:30
Mrs. Brown's boys (3) (T)	11:00	News and Views (B)	10:00	Church Communion	11:00	Pumpkin Spice Latte Social	11.00	News and Views (B)	11:00
Movie: Julie and Julia Movie (T)	1:00 3:00 7:00	Bus Trip: IFLY Indoor Skydiving (Sign up and Cost required)Manicure Day (AR) Movie on Prime (T)Original Cost of the state	11:00 <b>1:30</b> 3:00	Service (L) Family Feud With tea or Coffee (B) Bus Trip: Campbellford Cheese and Chocolate Factory (Sign up Required) Guess the LOGO (AR)	2:30 3:00 4:00	Pool and Darts (SL) Loonie Bingo (AR) (Please Bring \$4) Dog Therapy (AR)	1:00 2:00 7:00	Wellness Fair (L) Presentations from Wellness Fair Presenters (AR) Movie: A Fistful of dollars(T) Wellness Fair	2:30 4:00 7:00
Online Church Service (T)	10:30	Fall Prevention	10:30	Fall Prevention	10:30	Chair Yoga with Sahil	10:00	Fall Prevention Exercises	
、 <i>,</i>		Exercises (AR)		Exercises (AR)		(AR)		(AR)	
	11:00	News and Views (B)	11:00	Latte Lounge (B)	11:30	Jamaican Fun Facts (B)	10:30	Halloween Trivia (B)	10
Movie: Rock n Roll Palace (T)	11:30	Bus Trip: Mandarin	2:00	Bus Trip: Walmart Bus	2:30	Oshawa POP-UP Library (L)	2:30	Scrabble (L)	1.8
(1)		required)		Who wants to be a	2:30	Travelogue to Jamaica (T)	3:00 Spooky	Halloween Party with Snacks (SL) (Please bring	
		Party (Please sign up)	4.00		3:00	Jamaican Themed	\$3 for al		
the ball of Roll	4:00	Activity Planning	4.00	Fun Laws around the world (B)		New Resident Welcome Party and Birthday Party (SL)			
		Meeting (AR)			7:00	Movie: Virtual Bob Marley Concert (T)			1
	28		29	Walmart	30		31	Halppy tal	
	Mrs. Brown's boys (3) (T) Movie: Julie and Julia Movie (T) $\underbrace{\begin{tabular}{lllllllllllllllllllllllllllllllllll$	Mrs. Brown's boys (3) (T) 11:00   Movie: Julie and Julia Movie 1:00   (T) 3:00   Image: Second S	Mrs. Brown's boys (3) (T)Exercises (AR)Movie: Julie and Julia Movie1:00Bus Trip: IFLY Indoor Skydiving (Sign up and Cost required)3:00Manicure Day (AR) 7:00Movie on Prime (T)Tooline Church Service (T)10:30Fall Prevention Exercises (AR)Movie: Rock n Roll Palace (T)11:30Bus Trip: Mandarin (Sign up and Cost required)Movie: Rock n Roll Palace11:30Bus Trip: Mandarin (Sign up and Cost required)Movie: Rock n Roll Palace11:30Bus Trip: Mandarin (Sign up and Cost required)Movie: Rock n Roll Palace11:30Bus Trip: Mandarin (Sign up and Cost required)Movie: Rock n Roll Palace11:30Bus Trip: Mandarin (Sign up and Cost required)4:00Activity Planning Meeting (AR)Movie: Rock n Roll Palace4:00Activity Planning Meeting (AR)	Mrs. Brown's boys (3) (T)Exercises (AR)1000Movie: Julie and Julia Movie1:00Bus Trip: IFLY Indoor Skydiving (Sign up and Cost required)11:003:00Manicure Day (AR)1:307:00Movie on Prime (T)3:007:00Image: Comparison of the second of the sec	Mrs. Brown's boys (3) (T)Exercises (AR)Exercises (AR)Movie: Julie and Julia Movie11:00Bus Trip: IFLY Indoor Skydiving (Sign up and Cost required)10:00Church Communion Service (L)3:00Manicure Day (AR) Movie on Prime (T)1:30Bus Trip: Campbelford Cheese and Chocolate Factory (Sign up Required)Bus Trip: Campbelford Cheese and Chocolate Factory (Sign up Required)Online Church Service (T) Mrs. Brown's boys (4) (T)10:30Fall Prevention Exercises (AR)10:30Fall Prevention Exercises (AR)Movie: Rock n Roll Palace (T)11:30Bus Trip: Mandarin (Sign up and Cost required)10:00Latte Lounge (B)3:00Resident Potluck Party (Please sign up) (SL)3:00Fun Laws around the world (B)4:00Activity Planning Meeting (AR)4:00Activity Planning Meeting (AR)4:00	Mrs. Brown's boys (3) (T)Exercises (AR)Exercises (AR)11:00Movie: Julie and Julia 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1:30 Bus Trip: Campbellford Cheese and Chocolate Factory (Sign up Required) 4:00 Dog Therapy (AR)   7:00 Movie on Prime (T) 3:00 Guess the LOGO (AR) 2:30 Zampbellford Cheese and Chocolate Factory (Sign up Required) 4:00 Dog Therapy (AR)   0nline Church Service (T) 10:30 Fall Prevention Exercises (AR) 10:30 Fall Prevention Exercises (AR) 10:30 Chair Yoga with Sahil (AR)   Movie: Rock n Roll Palace (T) 10:30 Fall Prevention Exercises (AR) 11:00 Late Lounge (B) 2:30 Chaira Yoga with Sahil (AR)   (SL) Movie: Rock n Roll Palace 1:30 Bus Trip: Mandarin (SL) 2:00 Bus Trip: Sign up required) 2:30 Tarelogue to Jamaican Tune da New Resident Welcome Party and Birthday Party (L) 2:30 Tarelogue to Jamaica (T)   (SL) Activity Planning Meeting (AR) Activity Planning Meeting (AR) </td <td>Mrs. Brown's boys (3) (T) 11:00 News and Views (B) 10:00 Church Communion Skydving (Sign up and Cost required) 11:00 Pumpkin Spice Latte Social 11:00 Pumpkin Spice Latte Social 11:00 11:00 11:00 News and Views (B) 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Roll Palace 11:30 Bus Trip: Walmat Bus 2:30 Chaire Yoga with Sahil (Please Bring S4) 10:30 Halloween Trivia (B)   Movie: Rock n Roll Palace 11:30 Bus Trip: Walmat Bus 2:30 Chaire Yoga with Sahil (Please Bring S4) 10:30 Halloween</td>	Mrs. Brown's boys (3) (T) 11:00 News and Views (B) 10:00 Church Communion Skydving (Sign up and Cost required) 11:00 Pumpkin Spice Latte Social 11:00 Pumpkin Spice Latte Social 11:00 11:00 11:00 News and Views (B) 11:00 Service (L) 3:00 Pool and Darts (SL) 11:00 11:00 Service (L) 3:00 Loonie Bingo (AR) (Please Bring \$4) 11:00 Service (L) 3:00 Loonie Bingo (AR) (Please Bring \$4) 7:00	Mrs. Brown's boys (3) (T) 11:00 News and Views (B) 10:00 Church Communion 11:00 Pumpkin Spice Latte 2:30 Pool and Darts (SL)   Movie: Julie and Julia Movie (T) 10:00 Skytling (Sign up and Cost required) 11:00 Pamily Feud With tea or Carbon Communion 2:30 Pool and Darts (SL) 10:00 Wellness Fair (L)   Julie and Julia Movie (T) 3:00 Manicure Day (AR) 1:30 Bus Trip: Campbellford Cheese and Checotale Factory (Sign up Required) 4:00 Dog Therapy (AR) 7:00 Movie: A Fairful of dollars (T)   Julie Church Service (T) 10:30 Fall Prevention Exercises (AR) 10:30 Guess the LOGO (AR) 10:30 Chair Yoga with Sahil (AR) 10:00 Fall Prevention Exercises (AR)   Mrs. Brown's boys (4) (T) 10:30 Fall Prevention Exercises (AR) 10:30 East Trip: Walmat Bus 10:30 Chair Yoga with Sahil (AR) 10:30 Halloween Trivia (B)   Movie: Rock n Roll Palace 11:30 Bus Trip: Walmat Bus 2:30 Chaire Yoga with Sahil (Please Bring S4) 10:30 Halloween Trivia (B)   Movie: Rock n Roll Palace 11:30 Bus Trip: Walmat Bus 2:30 Chaire Yoga with Sahil (Please Bring S4) 10:30 Halloween

Please note: The programs are subject to change based on availability of the staff, entertainers, and	UL-Upper Lobby Lounge (Simcoe Street)
supplies. Thank you for your continued support and understanding.	EL- Front Lounge

## **ROOM LOCATION LEGEND**:

B-Bistro ER-Exercise Room T-Theatre AR-Activity Room SL-Second Floor Lounge/Bar Area L- Library

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