### September Sports Highlights

The American Bowling Congress formed on September 9, 1895.

Baseball season ended early due to World War I on September 1, 1918.

The American Professional Football Association formed on September 17, 1920.

Babe Ruth hit his 60th home run of the season on September 30, 1927.

Arthur Ashe became the first African American to win the U.S. Open Tennis Championship on September 9, 1968. Gary Muhrcke was the first winner of the New York Marathon, which was held on September 13, 1970.

Mark Spitz, U.S. swimmer, became the first athlete to win seven Olympic gold medals on September 4, 1972.

Billie Jean King beat Bobby Riggs in a "Battle of the Sexes" match on September 20, 1973.

Ethiopian runner Tigst Assefa set a new women's world record on September 24, 2023, at the BMW Berlin Marathon. She completed the race in 2:11:53



September 16 is Mayflower Day, a holiday to celebrate the ship that set sail for the New World from Plymouth, England, over 400 years ago on September 16, 1620. Millions of Americans are descended from the ship's 102 passengers.

#### September Zodiacs

Virgo (The Virgin) September 1–22

Libra (The Scales) September 23–30

September is the ninth month of the year in the Julian and Gregorian calendars and was the seventh month before January and February were added. It is considered the first month of autumn in the northern hemisphere, although the equinox does not take place until the end of the month. Because most farmers begin to reap their crops in autumn, September was called "harvest month" in Charlemagne's calendar.

#### Weather or Not

Summer ends and autumn begins on September 22, 2024, in the northern half of the world. However, September days can still be very warm and sunny. The average September temperature in Miami, Florida, is 82°F/27°C. In Acapulco, Mexico, it is about 89°F/32°C in September. If you want a "cool" place to visit this month, Quebec City, Canada, on average, is 67°F/19°C, and Oslo, Norway, is a chilly 53°F/12°C.

#### What's Lucky in September?

Lucky Color: Yellow Lucky Animal: Dolphin Lucky Letters: K and S Lucky Day: Wednesday Lucky Plant: Corn



## September Birthdays

Keanu Reeves (actor) – September 2, 1964
Beyoncé Knowles (singer) – September 4, 1981
Jane Addams (social worker) – September 6, 1860
Grandma Moses (painter) – September 7, 1860
Sid Caesar (comic) – September 8, 1922
Jesse Owens (runner) – September 12, 1913
Amy Poehler (comic) – September 16, 1971
Greta Garbo (actress) – September 18, 1905
Stephen King (writer) – September 21, 1947
Phil Rizzuto (ballplayer) – September 25, 1917
Linda Hamilton (actress) – September 26, 1956
Janeane Garofalo (comic) – September 28, 1964
Enrico Fermi (scientist) – September 29, 1901
Johnny Mathis (singer) – September 30, 1935

## Winchester Glen Newsletter

September 2024

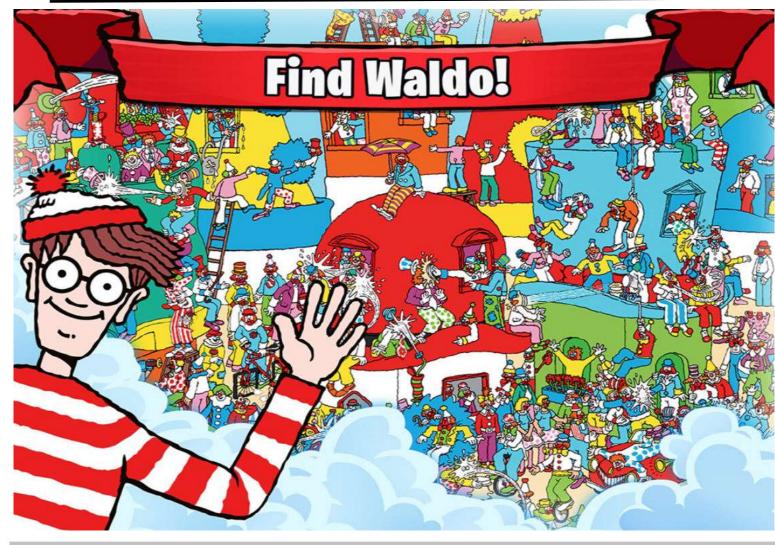




Join us for a Special Elevated 4 course Lunch with complimentary Wine for 10 residents (Sign up as we have limited spots) on September 12th, 2024.

# **Guess The Logo**





## **Resident Birthdays**

Elia B
Patricia F
George F
Kanta M
Murray R
Virginia R
Catherine S



# **Outings**

September 9 – Walmart
September 10 – Port Perry Thai
September 16 – SPECIAL: Family Feud Live Show
September 17 – Apple Picking at Watson Farms
September 18 – Ajax Down Horse Racing + Lunch
September 21 – Brooklin Harvest Fest + Walk with US
September 23 – Captain George Fish and Chips
September 24 – Ripley's Aquarium Toronto
September 30 – Chucks Roadhouse

Please Sign up for the bus trips by the mail box area in the binder.