

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Legends: ML: Multiple Purpose Room CR: Craft Room CA: Common Area CH: Chapel Room TH: Theater DN: Dining Room		1	2	3	4	5	
		9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Sing Along w/ Patrick (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) 7 pm Movie Night with Snacks (A Sacrifice) (TH) Franklin, Nancy's Birthday	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Hairdresser Visit	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Sing Along w/ Bry & Ries (ML) 2 pm Drum Fit (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) 9:am to 5:00pm = Hours of voting (CR)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Fit Minds Kidney cloth picks up 11 am Therapy Dog (CA) 2:30 pm Friday Music & Memories (DN) 1pm – 4pm Hearing screening (TH) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Foot Care Clinic (Salon)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	
	6	7	8	9	10	11	12
	2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Knitting Club (ML) 11 am Church Service W/ Rev. David (CH) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 11 am Anglican Church (CH) 2 pm Sing Along w/ Patrick (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) 7 pm Movie Night with Snacks (The Women in Cabin 10) (TH)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Let's Dance with Marcy (ML) 2 pm Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Hairdresser Visit	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Sing Along w/ Bry & Ries (ML) 2 pm Drum Fit (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Fit Minds (CR) 11 am Therapy Dog (CA) 2:00 pm Virtual Travel (ML) 3 pm Resident Bingo 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)
13	14	15	16	17	18	19	
2:30 pm A Special Grandparents Day Elvis Show (DN) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Knitting Club (ML) 11 am Church Service W/ Rev. David (CH) 11:45 am Bus Trip to Hunt club Lunch 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10 – 3 pm Wellness Day 2 pm Sing Along w/ Patrick (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) 7 pm Movie Night with Snacks (Under Paris) (TH)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Hairdresser Visit	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Sing Along w/ Bry & Ries (ML) 2 pm Drum Fit (ML) 2:45 pm Resident Meeting with Recreation manager (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Fit Minds (CR) 11 am Therapy Dog (CA) 2 pm Apple Pie Baking Workshop (CR) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	21 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Knitting Club (ML) 11 am Church Service W/ Rev. David (CH) 1:45 pm Bus Trip Panda Mart 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	22 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Sing-Along with Patrick & Apple Cider Social (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) 7 pm Movie Night with Snacks (A toxic Love story) (TH) First Day of Fall	23 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Hairdresser Visit Kimball, Elizabeth's Birthday	24 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Sing Along w/ Bry & Ries (ML) 2 pm Drum Fit (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	25 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Fit Minds (ML) 11 am Therapy Dog (CA) 2 pm Birthday Social with Tony (DN) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	26 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)
27 2 pm Resident Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Jones, Robert and Tuck, Barbara's Birthday	28 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:30 am Knitting Club (ML) 11 am Church Service W/ Rev. David (CH) 1:45 pm Bus Trip to Giant Tiger 3 pm Tea Social (CA) 4 pm Resident Trivia (ML)	29 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Sing Along w/ Patrick (ML) 3 pm Tea Social (CA) 3 pm Town hall Meeting (DN) 4 pm Resident Trivia (ML) 7 pm Movie Night with Snacks (Just Go with it) (TH) Ross, Evelyn's birthday	30 9 am Balance Exercise (ML) 9:45 am Physio Fit (ML) 10:45 am Tai-chi / Qi Gong (ML) 2 pm Bingo (ML) 3 pm Tea Social (CA) 4 pm Resident Trivia (ML) Hairdresser Visit Jones, Robert's Birthday	September 2026		