

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p>2 PM Sunday Matinee: <b>The Adam Project</b></p> <p>3 pm Resident Social Tea</p> <p>4 pm Res. Directed Trivia</p> <p>6:40 Bridge Club</p>	 <p><b>HAPPY BIRTHDAY STEN H</b></p> <p><b>HAPPY CANADA DAY RSBL</b></p> <p><small>Canada Day</small></p>	<p>9:30 High Level Exercise</p> <p>10:30 Hand Therapy AR</p> <p>11:30 Stretch and Relax</p> <p>1.45 Mahjong in honor of MK</p> <p>2 pm Sing Along with Patrick</p> <p>3 pm Resident Social Tea</p> <p>3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 Pump It Up High Level</p> <p>10:30 am Meditation &amp; Yoga</p> <p>2 PM BINGO AR</p> <p>3 pm Euchre</p> <p>3 pm Social Tea</p> <p>Lobby Trivia</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 am Falls Prevention Exe</p> <p>10:30 am Arts &amp; Crafts</p> <p>11 am Catholic Communion</p> <p>2 PM</p> <p>ULSTER ACCORDION BAND</p> <p>2 pm Mahjong in honor of MK</p> <p>3 pm Social Tea/3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p> <p><small>Independence Day (US)</small></p>	<p>10.30 Stay Sharp Fit Minds</p> <p>2 PM ZACK ERICKSON PERFORMS</p> <p>3 pm Resident Social Tea</p> <p>3 pm Euchre SS</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 pm Bridge Club</p>	<p>9:30 Pump It Up Exercise</p> <p>10:30 am Hand Therapy</p> <p>11 am SJA Therapy Dog Visit</p> <p>11:30- Meditation</p> <p>12:30 Seated Yoga</p> <p>1:30 -Cardiac Circuit</p> <p>2 pm BINGO</p> <p>3 Pm Social Tea</p> <p>6:40 Pm Bridge Club</p>
<p>2 PM Sunday Matinee</p> <p><b>The Man with 1000 Kids Documentary</b></p> <p>3 pm Resident Social Tea</p> <p>4 pm Res. Directed Trivia</p> <p>6:40 Bridge Club</p> <p><b>HAPPY 103 BIRTHDAY EILEEN K</b></p>	<p>9:30 Fall prevention Exer</p> <p>10: 30 Arts &amp; Crafts</p> <p>1:45 WALMART</p> <p>1:30 PM MOVIE <b>Uncle Buck</b></p> <p>3 pm Euchre</p> <p>3 pm Social Tea</p> <p>4 pm Trivia</p> <p>6: 40 Bridge Club</p>	<p>9:30 am High Level Exercise</p> <p>10:30 Hand Therapy AR</p> <p>11:30 Stretch and Relax</p> <p>11 am Anglican Service ch</p> <p>1.45 Mahjong in honor of</p> <p>2 pm Sing Along with Patrick</p> <p>3 pm Social Tea/3 pm Euchre</p> <p>4 pm Trivia/ 6:40 Bridge</p> <p><b>HAPPY BIRTHDAY RON M</b></p>	<p>9:30 Pump It Up High Level</p> <p>10:30 am Meditation &amp; Yoga</p> <p>2 PM BINGO AR</p> <p>Lobby Games</p> <p>3 pm Euchre</p> <p>3 pm Resident Social Tea</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 am Falls Prevention Exe</p> <p>10:30 am Arts &amp; Crafts</p> <p>11 am Catholic Communion</p> <p>2:30-4:30 ICE CREAM TRUCK</p> <p>2 pm Mahjong in honor of MK</p> <p>3 pm Social Tea</p> <p>3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	<p>10.30 Stay Sharp Fit Minds</p> <p>2 PM LAUGHTER YOGA ON THE PATIO With JENNI</p> <p>3 pm Resident Social Tea</p> <p>3 pm Euchre SS</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 pm Bridge Club</p> <p><b>HAPPY BIRTHDAY JANICE A</b></p>	<p>9:30 Pump It Up Exercise</p> <p>10:30 am Hand Therapy</p> <p>11 am SJA Therapy Dog Visit</p> <p>11:30- Meditation</p> <p>12:30 Seated Yoga</p> <p>1:30 -Cardiac Circuit</p> <p>2 pm BINGO/3 Pm Social Tea</p> <p>6:40 Pm Bridge Club</p>
<p>1:30 PM Sunday Matinee</p> <p><b>AR The Champion</b></p> <p>3 pm Resident Social Tea</p> <p>4 pm Res. Directed Trivia</p> <p>6:40 Bridge Club AR</p>	<p>9:30 Fall prevention Exer</p> <p>10: 30 Arts &amp; Crafts</p> <p>1:45 CLIFF CREST PLAZA</p> <p>2 PM MOVIE <b>Midnight Sun</b></p> <p>3 pm Euchre/ Social Tea</p> <p>4 pm Resident Directed Trivia</p> <p>6: 40 Bridge Club</p>	<p>9:30 High Level Exercise</p> <p>10:30 Hand Therapy AR</p> <p>1.45 Mahjong in honor of MK</p> <p>2 pm Sing Along with Patrick</p> <p>3 pm Resident Social Tea</p> <p>3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 Pump It Up High Level</p> <p>10:30 am Meditation &amp; Yoga</p> <p>2 PM BINGO AR</p> <p>Lobby Games</p> <p>3 pm Euchre/3 pm Social Tea</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 Bridge Club</p> <p><b>HAPPY BIRTHDAY LISBETH H</b></p>	<p>9:30 am Falls Prevention Exe</p> <p>10:30 am Arts &amp; Crafts</p> <p>11 am Catholic Communion</p> <p>11 AM Service w Rev. David</p> <p>2 PM TOWNHALL &amp; FOOD FOR THOUGHT MEETING W CHEF IAN</p> <p>3 pm Social Tea/3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	<p>10.30 AM Stay Sharp Fit Minds</p> <p>2 PM DAVID WILDSMITH PERFORMS</p> <p>3 pm Resident Social Tea</p> <p>3 pm Euchre SS</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 pm Bridge Club</p>	<p>9:30 Pump It Up Exercise</p> <p>10:30 am Hand Therapy</p> <p>11 am SJA Therapy Dog Visit</p> <p>11:30- Meditation</p> <p>12:30 Seated Yoga</p> <p>1:30 -Cardiac Circuit</p> <p>2 pm BINGO/3 Pm Social Tea</p> <p>6:40 Pm Bridge Club</p>
<p>2 PM Sunday Matinee AR</p> <p>Resident's Choice</p> <p>3 pm Resident Social Tea</p> <p>4 pm Res. Directed Trivia</p> <p>6:40 Bridge Club AR</p>	<p>9:30 Fall prevention Exe</p> <p>10: 30 Arts &amp; Crafts</p> <p>1:45 EGLINTON SQ</p> <p>1:30 PM MOVIE <b>The Secrets of Great British Castles.</b></p> <p>3 pm Euchre</p> <p>3 PM Social Tea</p> <p>4 pm Trivia</p> <p>6: 40 Bridge Club</p>	<p>9:30 High Level Exercise</p> <p>10:30 Hand Therapy AR</p> <p>11:30 am Stretch and Relax</p> <p>1.45 Mahjong in honor of MK</p> <p>2 pm Sing Along with Patrick</p> <p>3 pm Social Tea/3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 Pump It Up High Level</p> <p>10:30 am Meditation &amp; Yoga</p> <p>2 PM BINGO AR</p> <p>Lobby Games</p> <p>3 pm Euchre/3 pm Social Tea</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 am Falls Prevention Exe</p> <p>10:30 am Arts &amp; Crafts</p> <p>11 am Catholic Communion</p> <p>2PM LifeMark</p> <p>Physiotherapy Presentation</p> <p>2 pm Mahjong in honor of MK</p> <p>3 pm Social Tea</p> <p>3pm Euchre</p> <p>4 pm Trivia/6:40 Bridge Club</p>	<p>10.30 AM Stay Sharp Fit Minds</p> <p>2 PM DANCING WITH PARKINSONS</p> <p>3 pm Resident Social Tea</p> <p>3 pm Euchre SS</p> <p>4 pm Resident Directed Trivia</p> <p>6:40 pm Bridge Club</p>	<p>9:30 Pump It Up Exercise</p> <p>10:30 am Hand Therapy</p> <p>11 am SJA Therapy Dog Visit</p> <p>11:30- Meditation</p> <p>12:30 Seated Yoga</p> <p>1:30 -Cardiac Circuit</p> <p>2 pm BINGO</p> <p>3 Pm Social Tea</p> <p>6:40 Pm Bridge Club</p>
<p>2 PM Sunday Matinee AR</p> <p><b>The Man from U.N.C.L.E.</b></p> <p>3 pm Resident Social Tea</p> <p>4 pm Res. Directed Trivia</p> <p>6:40 Bridge Club AR</p>	<p>9:30 Fall prevention Exe</p> <p>10: 30 Arts &amp; Crafts</p> <p>1:45 CEDARBRAE MALL</p> <p>1:30 PM MOVIE <b>Mountain Queen: The Summits of Lhakpa Sherpa</b> Documentary</p> <p>3 pm Euchre/ Social Tea</p> <p>4 pm Trivia</p> <p>6: 40 Bridge Club</p>	<p>9:30 High Level Exercise</p> <p>10:30 Hand Therapy AR</p> <p>11:30 am Stretch and Relax</p> <p>1.45 Mahjong in honor of MK</p> <p>2 pm Sing Along with Patrick</p> <p>3 pm Social Tea/3 pm Euchre</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	<p>9:30 Pump It Up High Level</p> <p>10:30 am Meditation &amp; Yoga</p> <p><b>JULY BABIES BIRTHDAY PARTY WITH TONY</b></p> <p>3 pm Social Tea</p> <p>4 pm Trivia</p> <p>6:40 Bridge Club</p>	 <h1>July 2024</h1> <p><b>HAPPY BIRTHDAY CANADA</b></p> 		