


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>"On April Fool's Day, believe nothing, trust no one, just like any other day." – Unknown</p> 	<p>9:30 am Fall prevention Exercise 10:30 am Arts & Crafts Spring Hats 1:45 EGLINTON SQ 2 PM Movie Queen Bees 3 pm Euchre/3 pm Social Tea 4 pm Res. Directed Trivia 6: 40 Bridge Club Ready, set, start your closet clean up</p>	<p>9:30 am High Level Exercise 2 10:30 Hand Therapy AR 11:30 Individual Exercise CH 1.45 Mahjong in honor of MK 2 pm Sing Along with Patrick 3 pm Social Tea 3 pm Euchre 4 pm Resident Directed Trivia 6:40 Bridge Club</p>	<p>9:30 am High Level Exercise 3 10:30 am Meditation 11:30 Seated Yoga 2 PM BINGO AR 3 pm Euchre SS 3 pm Resident Social Tea 3:30 pm Online Trivia- Lobby 4 pm Resident Directed Trivia 6:40 Bridge Club</p>	<p>9:30 am Falls Prevention Exercise 4 10:30 am Arts & Crafts Neurographic Painting 11 am Catholic Communion 2 PM Movie RIPLEY 2 pm Mahjong in honor of MK 3 pm Social Tea/3pm Euchre 4 pm Resident Directed Trivia 6:40 Bridge Club</p>	<p>10.30 Stay Sharp Fit Minds AR Pass the ball & Beanbag toss 2 pm ZAK ERICKSON PERFORMS 3 pm Resident Social Tea 3 pm Euchre SS 4 pm Resident Directed Trivia 6:40 pm Bridge Club</p>	<p>9:30 am High Level Exercise 6 10:30 am Hand Therapy 11 am SJA Therapy Dog Visit 11:30- Meditation 12:30 SEATED YOGA 2 pm BINGO 3 PM SOCIAL TEA 6:40 PM BRIDGE CLUB</p>	
<p>2 PM Sunday Matinee AR Resident's Choice 3 pm Social Tea/4pm Trivia 6:40 Bridge Club 7 PM YouTube & You: Men's Edition Lobby TV The Complete History Of How Man Conquered The Ocean Setting Sail All Out History</p>	<p>9:30 Fall prevention Exercise 8 10:30 am Arts & Crafts 1:45 WOODSIDE SQ 2 PM Movie Megan Leavey 3 pm Euchre SS 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6: 40 Bridge Club HAPPY BIRTHDAY IRINE G</p>	<p>9:30 am High Level Exercise 9 10:30 Hand Wax Therapy 11 am Anglican Service - Chap 11:30 Individual Exercise 1.45 Mahjong in honor of MK 2 pm Sing Along with Patrick 3 pm Social Tea/3 pm Euchre 4 pm Trivia/ 6:40 Bridge</p>	<p>9:30 am High Level Exercise 10 10:30 am – Meditation 11:30 am Seated Yoga 2 PM BINGO 3 pm Euchre 3 pm NEW Resident Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR</p>	<p>9:30 am Falls Prevention Exercise 11 10: 30 Arts & Crafts Butterflies 11 am Catholic Communion LB 2 PM Movie Midsummer Night 2 pm Mahjong in honor of MK 3M Euchre/ Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR 7 pm His Story Her Story</p>	<p>10.30 AM Stay Sharp Fit Minds 2 pm Laughter Yoga w Jenni 3 pm Resident Social Tea Classical Music on YouTube 3 pm Euchre SS 4 pm Resident Trivia 6:40 pm Bridge Club HAPPY BIRTHDAY PHYLLIS H</p>	<p>10:45 am –3 pm NELLY'S COMFORT SHOES SALE 9:30 am High Level Exercise 10:30 am Hand Therapy 11 am SJA Therapy Dog Visit 11:30- Meditation /12:30 YOGA 2 pm BINGO 3 PM SOCIAL TEA 6:40 PM BRIDGE CLUB</p>	
<p>2 PM Sunday Matinee AR Resident's Choice 3 pm Social Tea/4pm Trivia 6:40 Bridge Club AR 7 PM You Tube Men's Edition LOBBY TV Sea Vessels - Sea Travel - Ships Evolution (5000 BC - 2022)</p>	<p>9:30 Fall prevention Exercise 15 10: 30 Arts & Crafts 1:45 CLIFFCREST PLAZA 2 PM MOVIE The age of Adeline 3 pm Euchre 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6: 40 Bridge Club</p>	<p>9:30 am High Level Exercise 16 10:30 Hand Wax Therapy 11:30 Individual Exercise 1.45 Mahjong in honor of MK 2 pm Sing Along with Patrick 3 pm Resident Social Tea 3 pm Euchre 4 pm Resident Directed Trivia 6:40 Bridge Club</p>	<p>9:30 am High Level Exercise 17 10:30 am – Meditation 11:30 am Seated Yoga 2 PM BINGO AR 3:30 pm Online Trivia- Lobby 3 pm Euchre SS 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR</p>	<p>9:30 am Falls Prevention Exercise 18 10: 30 Arts & Crafts Flowers 11 am Catholic Communion LB 11 AM Service w Rev. David 2 pm Firefox Pharmacy Meds Presentation w Melissa 2 pm Mahjong in honor of MK 3 pm Euchre/ Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR</p>	<p>10.30 AM Stay Sharp Fit Minds 2 PM JOE THISTLE PERFORMS 3 pm Resident Social Tea 3 pm Euchre SS 4 pm Resident Directed Trivia 6:40 pm Bridge Club</p>	<p>9:30 am High Level Exercise 20 10:30 am - Hand Therapy 11:30 am Meditation 12:30 pm SEATED YOGA 11 am SJA Therapy Dog Visit 2 pm Bingo 3 pm Resident Social Tea 6:40 pm BRIDGE CLUB</p>	
<p>2 PM Sunday Matinee AR 3 pm Resident Social Tea 4 pm Res. Directed Trivia 6:40 Bridge Club AR 7 PM You Tube Men's Edition LOBBY TV The Incredible Story of the Magellan-Elcano Circumnavigation 1519-</p>	<p>9:30 am Fall prevention Exercise 22 10: 30 Arts & Crafts 1:45 WALMART 2 PM MOVIE: Just Like Heaven 3 pm Euchre 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6: 40 Bridge Club</p>	<p>9:30 am High Level Exercise 23 10:30 am Hand Wax Therapy 11:30 Individual Exercise 2 pm Sing Along with Patrick 1.45 Mahjong in honor of MK 3 pm Euchre 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR</p>	<p>9:30 am High Level Exercise 24 10:30 am – Meditation 11:30 am Seated Yoga 3 pm Town Hall Meeting Food for Thought W Chef Ian 3 pm Euchre SS 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR <small>Administrative Professionals Day</small></p>	<p>9:30 am Falls Prevention Exercise 25 10:30 Arts & Crafts 11-4 pm Tripple 8 Clothing Sale 11 am Catholic Communion LIB 2 PM BINGO AR/3 pm Euchre 3 pm Resident Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club AR</p>	<p>9:30 am Falls Prevention Exercise 26 10: 30 Arts & Crafts 2 PM APRIL BABIES BIRTHDAY PARTY WITH TONY 2 pm Mahjong in honor of MK 3 pm Social Tea/3 pm Euchre 4 pm Resident Directed Trivia 6:40 Bridge Club AR HAPPY BIRTHDAY BOB ROY <small>Arbor Day</small></p>	<p>9:30 am High Level Exercise 27 10:30 am - Hand Therapy 11:30 am Meditation CH 12:30 am SEATED YOGA CH 11 AM SJA Therapy Dog Visit 2 PM BINGO AR 3 pm Resident Social Tea 6:4 PM BRIDGE CLUB</p>	
<p>2 PM Sunday Matinee AR Resident's Choice 3 pm Resident Social Tea 4 pm Res. Directed Trivia 6:40 Bridge Club AR 7 PM You Tube Men's Edition LOBBY TV Thomas Cochrane: Craziest Sea Captain in History</p>	<p>9:30 Fall prevention Exercise 29 10: 30 Arts & Crafts 1:45 GIANT TIGER 2 PM Documentary: Hack Your Health: The Secrets of Your Gut Documentary on the digestive system. 3 pm Euchre/ Res. Social Tea 4 pm Resident Directed Trivia 6:4 pm Bridge Club</p>	<p>9:30 am High Level Exercise 30 10:30 am Hand Wax Therapy 11:30 Individual Exercise 1.45 Mahjong in honor of MK 2 pm Sing Along with Patrick 3 pm Euchre/3 pm Social Tea 4 pm Resident Directed Trivia 6:40 Bridge Club HAPPY BIRTHDAY GERTRUDE K</p>	<p>APRIL 8 – CATCH THE ECLIPSE ON LOBBY TV Legend: LB. -Lobby SS Sit and Sit Café AR- Activity Room LIB - Library</p>			<p>APRIL 30TH KIDNEY CLOTHES CLOSET CLEANUP PICK UP DAY</p>	
<p style="text-align: center;">APRIL 2024</p> <p style="text-align: center;">LIONS CLUB USED EYEGLASSES COLLECTION BOX WILL BE IN THE LOBBY APRIL 1 TO 30TH</p>							