

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1	2	3	4	5	6
<p>Celebrating SENIORS MONTH</p>	<p>9:30 Active Fitness 10:30 Moderate Fitness 10:00-12:00 Care Partners Workshop* (full) 11:30-1:00 Raffle Ticket Sale 2:00 Bingo \$ 2:00 Hand Wax* 2:30 Book Club 3:00 Art with Mary* 7:00/7:30 Bridge 7:30 Mexican Train Dominos</p>	<p>10:00 Seated Strength Exercises 10:30 QUALICARE Presentation: Active Living 10:30 Healthy Smoothies* 11:30-1:00 Raffle Ticket Sale 2:30 Bible Study 2:00 Hands & Hearts Exercises for hand mobility 2:00 Card Bingo 3:00 Social Time 7:30 7 Game Bingo \$</p>	<p>9:30 Active Fitness 10:00 Aquafit* 10:30 Trading Post* 10:30 Moderate Fitness 11:30-1:00 Raffle Ticket Sale 11-2 Vendor: Fifth Avenue Jewelry 2-4 Library Visits 2:00 Bingo \$ 3:30 Coffee & Colouring 7:00/7:30 Rummoli \$</p>	<p>9:30 – Pool Tournament* 10:00 Seated Strength Exercises 11:30-1:00 Raffle Ticket Sale 11:30 Pet visits with Franky 1:15 Hand Dexterity 2:00 Walmart* 2:00 Seniors Month: Strawberry Ice Cream Afternoon (wear your pink/red) 3:00 Social Time \$</p>	<p>9:30 Active Fitness 10:30 Moderate Fitness 11:30-1:00 Raffle Ticket Sale 10:30 Hands and Hearts Exercises for hand mobility 10:30 Backgammon 11-2 Vendor: Foldable Carts 2:00 Bingo \$ 2:30 The Villa* 3:30 Computer Help* 7:30 Karaoke Social \$</p>	<p>10:00 Ball Drumming 11:00 HomeSense* 2:00 Card Bingo \$ 3:15 SENIORS MONTH DANCE FIT CLASS 3:30 Cedar Park Church 7:30 Movie: The Last Rifleman. Prime</p>
<p>10:00 Kingsview United Church Virtual 10:00 Balloon Badminton 11:00 Iced Tea Social 2:00 Bocce Ball (Subject to weather conditions) 2:00/2:30 Rummoli 3:30 Jeopardy</p>	<p>9:30 This or That 9:30 Active Fitness 10:30 Moderate Fitness 10:00-12:00 Care Partners Workshop* (full) 11:30-1:00 Raffle Ticket Sale 1:30 Hand Dexterity 2:00 Bingo \$ 3:00 Watercolor with Vicky: All seasons' cards* 3:30 Beanbag Baseball 7:00/7:30 Bridge 7:30 Mexican Train Dominos</p>	<p>10:00 Seated Strength Exercises 10:30 Ball Drumming 11:00 Seniors Month Puppy Visits 11:30-1:00 Raffle Ticket Sale 1:30 The Rosary Prayer 2:00 Catholic Mass with Confession held afterward 2:00 Card Bingo \$ 3:00 Social Time 7:30 Progressive Euchre Tournament \$ *</p>	<p>Floral Bloom Scavenger Hunt 10:30</p> <p>9:30 Active Fitness 10:00 Aquafit* 10:30 Moderate Fitness 11:30-1:00 Raffle Ticket Sale 2:00 Bingo \$ 3:30 Documentary: Rick Steves' Europe: Portugal's Heartland. YouTube 7:00/7:30 Rummoli \$</p>	<p>10:00 Seated Strength Exercises 10:00 Haught Goat Farm Trip \$* 10:30 Chair Zumba 11 – 2 Vendor: Nelly's Shoes 11:30 Pet visits with Franky 11:30-1:00 Raffle Ticket Sale 1:15 Hand Dexterity 2:00 Card Bingo 3:00 Social Time: Fairwell to Ayan our Recreation Student</p>	<p>9:30 Active Fitness 10:30 Moderate Fitness 10:00 Walmart* 11:30-1:00 Raffle Ticket Sale 1:00 Dental Clinic* 2:00 Algoma Orchard Store* 2:00 Bingo \$ 3:00 FIFA WORLD CUP CANADA VS BOSNIA 3:00 Computer Help* 7:30 Pub Night \$ with Joyce</p>	<p>Carnival for a Cause Join us for Vendors, Food, Games and Fun in the Orchard Building!</p> <p>4:30 ABBAMANIA/NIGHT FEVER (Full) 7:30 Movie: Song Sung Blue. Prime</p>
<p>10:00 Kingsview United Church Virtual 10:00 Outdoor Sunday Stroll and Stretch (Subject to weather conditions) 11:00 Seniors Month Golden Memories' Social 2:00 Ladder Ball (Subject to weather conditions) 2:00/2:30 Rummoli \$ 3:30 Jeopardy</p>	<p>9:30 Active Fitness 10:30 Moderate Fitness 10:00-12:00 Care Partners Workshop* (full) 2:00 Bingo \$ 3:00 New Resident Orientation (by invite only) 3:15 Music with Bill 7:00 Barbershop Singers 7:30 Mexican Train Dominos</p>	<p>10:00 Seated Strength Exercises 10:30 Ball Drumming 1:30 Checkers 2:00 Line Dancing Video Follow Along 2:30 Bible Study 3:00 Cooking Demo with Chef Nelson* 3:00 Social Time \$ 7:30 7 Game Bingo \$</p>	<p>9:30 Active Fitness 10:00 Aquafit* 10:00 Walmart* 10:30 Moderate Fitness 1-3 Sewing with Susan Making Backpacks 2:00 Bingo \$ 3:30 Sing Along with Joan 7:00/7:30 Rummoli \$</p>	<p>10:00 Seated Strength Exercises 10:00 Peterborough Casino* 10:30 Chair Zumba 11:30 Pet Visits with Franky 1:15 Hand Dexterity 2:00 Resident Spotlight: Paper Tole with Ken and Pam 2:30 Food Committee 3:00 Social Time \$ 6:00 FIFA WORLD CUP CANADA VS QATAR</p>	<p>9:30 Active Fitness 10:30 Moderate Fitness 2:00 Father's Day Celebration – Beer and Wings* 3:30 Scaddabush* 7:30 Father's Day Pub \$ with Joe Time</p>	<p>First Day of Summer 10:00 Ball Drumming 2:00 Bingo \$ 3:30 Cedar Park Church 3:30 Scattergories 7:30 Movie: A Man Called Ove. Netflix</p>

Sunday

Monday

Tuesday

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Thursday

Friday

Saturday

<p>HAPPY FATHER'S DAY</p> <p>21</p> <p>10:00 Kingsview United Church <i>Virtual</i></p> <p>11:00 Father's Day Root *</p> <p>Beer Float Social</p> <p>2:00 Horseshoes <i>(Subject to weather conditions)</i></p> <p>2:00/2:30 Rummoli \$</p>	<p>22</p> <p>9:30 Dice Game</p> <p>9:30 Active Fitness</p> <p>10:30 Moderate Fitness</p> <p>1:30 Hand Dexterity</p> <p>2:00 Bingo \$</p> <p>3:00 Watercolor with* Vicky: All seasons' cards</p> <p>3:30 Beanbag Baseball</p> <p>7:00/7:30 Bridge</p> <p>7:30 Mexican Train</p> <p>GH Dominos</p>	<p>JULY CALENDAR AVAILABLE AT CONCIERGE</p> <p>23</p> <p>10:00 Seated Strength Exercises</p> <p>10:30 Ball Drumming</p> <p>11:00 Seniors Month Puppy Visits</p> <p>11 – 2 Vendor: Gemini Jewelry</p> <p>1:30 Ring Toss</p> <p>2:00 String a longs</p> <p>3:00 Social Time \$</p> <p>7:30 Progressive Euchre Tournament \$ *</p>	<p>24</p> <p>9:30 Active Fitness</p> <p>10:00 Aquafit*</p> <p>10:30 Moderate Fitness</p> <p>2:00 Bingo \$</p> <p>3:00 FIFA WORLD CUP CANADA VS SWITZERLAND</p> <p>3:30 Love in Bloom – Weddings throughout the years</p> <p>7:00/7:30 Rummoli \$</p>	<p>25</p> <p>SIGN UP FOR JULY PROGRAMS 10:00 IN THE ACTIVITY ROOM</p> <p>10:00 Seated Strength</p> <p>10:00 Walmart*</p> <p>11:30 Pet Visits with Franky</p> <p>2:30 June Birthday Party with Art</p> <p>3:30 Social Time \$</p> <p>HAPPY BIRTHDAY</p>	<p>26</p> <p>9:30 Active Fitness</p> <p>11:00 Rolling Grape Vineyard*</p> <p>10:30 Moderate Fitness</p> <p>10:30 Decorating for Canada Day</p> <p>11-2 Vendor: Bijoux Treasures</p> <p>2:00 Bingo \$</p> <p>3:30 Computer Help*</p> <p>7:30 Social Time \$</p>	<p>27</p> <p>10:00 Ball Drumming</p> <p>11:00 Giant Tiger*</p> <p>2:00 Card Bingo \$</p> <p>3:15 Friendly Euchre*</p> <p>3:30 Cedar Park Church</p> <p>7:30 Movie: The Holdovers</p> <p>Netflix</p>
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<p>28</p> <p>10:00 Kingsview United Church <i>Virtual</i></p> <p>10:00 Outdoor Sunday Stroll and Stretch <i>(Subject to weather conditions)</i></p> <p>11:00 Summer Sip Social <i>(Subject to weather conditions)</i></p> <p>2:00 Tailgate Cornhole <i>(Subject to weather conditions)</i></p> <p>2:00/2:30 Rummoli</p> <p>3:30 Jeopardy</p>	<p>29</p> <p>9:30 Active Fitness</p> <p>10:30 Moderate Fitness</p> <p>2:00 Bingo \$</p> <p>2:00 Hand Wax*</p> <p>3:00 Documentary: Being Canadian (Prime)</p> <p>7:00/7:30 Bridge</p> <p>7:30 Mexican Train</p> <p>Dominos</p>	<p>30</p> <p>10:00 Seated Strength Exercises</p> <p>10:30 Ball Drumming</p> <p>1:30 Checkers</p> <p>1:30 Rosary for Peace & Teacup Bird Feeders*</p> <p>2:00 Card Bingo</p> <p>3:00 Summer Hat Social Time \$</p> <p>7:30 7 Game Bingo \$</p>
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Locations of Programs

Second Floor of Orchard Building

AR – Activity Room

BL – Bar Lounge

BR – Billiards Room

DF – Dance Floor

GH – Green House

HSq – Around the staircase 2nd floor

TH – Chapel/Theatre

Main Floor

B – Bistro

CY – Courtyard

L – Library

LB – Lobby

P – Pool

PDR – Private Dining Room

Color Coded Legend

Evening program

Outing

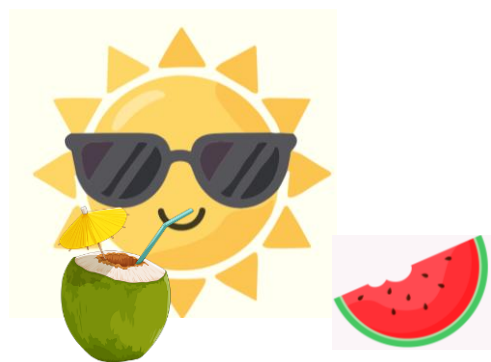
Resident Led Program

Special Program

Vendor/New Program

***(asterisk)** – There is a sign-up sheet for this program. Please sign up in the AR

\$ (dollar sign) – Program requires payment



Harmony Hill Store Hours:

Monday-Friday 2:00pm-3:30pm.
Saturdays 9:30am-11:30am
Closed Statutory Holidays



Please note: Programs are subject to change. Check the daily schedule for the most up to date activities.

A \$10 cancellation policy will apply if you do not notify us 48 hours in advance. Please call #564 or #555 and leave a voicemail if we do not answer. This does not apply to external ticketed events. Once you have signed up you are responsible for the cost of the ticket.