

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Thank YOU MOM

Locations of Programs

Second Floor of Orchard Building

- AR – Activity Room
- BL – Bar Lounge
- BR – Billiards Room
- DF – Dance Floor
- GH – Green House
- HSq – Around the staircase 2nd floor
- TH – Chapel/Theatre

Main Floor

- B – Bistro
- CY – Courtyard
- L – Library
- LB – Lobby
- P – Pool
- PDR – Private Dining Room



Color Coded Legend

- Evening program
- Outing
- Resident Led Program
- Special Program
- Vendor/New Program

*(asterisk) – There is a sign-up sheet for this program. Please sign up in the AR
 \$ (dollar sign) – Program requires payment

1	10:00 Ball Drumming TH
2	11:00 Giant Tiger* BL
3	2:00 Card Bingo \$ BL
4	3:15 Friendly Euchre* BL
5	3:30 Cedar Park Church TH
6	7:30 Movie: My Old Lady. TH
7	Prime TH



3	10:00 Tai Chi AR
4	10:00 Kingsview United Church Virtual TH
5	10:00 Smile Cookie Social* BL
6	11:00 Trivia and Treats BL
7	2:00 Music Bingo BL
8	2:00/2:30 Rummoli \$ GH
9	3:30 Jeopardy TH

3	9:30 Active Fitness AR
4	10:30 Moderate Fitness TH
5	2:00 Bingo \$ BL
6	2:30 Book Club BL
7	3:00 Art with Mary* BL
8	3:30 Backgammon GH
9	3:30 Six & Twelve Game TH
10	An easy math game TH
11	7:00/7:30 Bridge BL
12	7:30 Mexican Train GH
13	Dominos GH

4	10:00 Seated Strength AR
5	Exercises AR
6	10:30 Ball Drumming HSq
7	1:30 Outdoor Walking with Ayan PDR
8	2:00 Card Bingo \$ B
9	2:30 Bible Study BL
10	3:00 Cinco de Mayo \$ Social Time BL
11	7:30 7 Game Bingo \$ GH

5	9:30 Active Fitness AR
6	10:00 Aquafit* TH
7	10:00 Walmart TH
8	10:30 Moderate Fitness LB
9	1 - 3 Sewing with Susan AR
10	2-4 Library Visits AR
11	2:00 Bingo \$ PDR
12	3:30 Coffee & Colouring BL
13	3:30 Baking with Ayan BL
14	7:00/7:30 Rummoli \$ HSq

6	10:00 Seated Strength AR
7	Exercises AR
8	10:30 Coffee Hour with Butter Tarts P
9	11:30 Pet visits with Franky AR
10	12:30 Melanie Pringle's* GH
11	1:15 Hand Dexterity LB
12	1:30 Outdoor Walking HSq
13	1:30 The Rosary Prayer BL
14	2:00 Catholic Church Mass AR
15	2:00 NAME THAT TUNE GH
16	3:00 Social Time \$ BL

7	9:30 Active Fitness AR
8	10:30 Moderate Fitness AR
9	10:30 Backgammon B
10	10:30 Hands and Hearts* GH
11	Exercises to relieve tightness & pain in our hands GH
12	2:00 Mothers Day* LB
13	High Tea TH
14	7:30 Mother's Day Pub \$ with Emilio AR
15	BL

8	Photo Booth for Mother's Day in the Lobby!
9	10:00 Ball Drumming TH
10	11:00 Sunshine Circle LB
11	In the park* (weather permitting) GH
12	2:00 Bingo \$ HSq
13	3:30 Cedar Park Church TH
14	3:30 Scattergories BL
15	7:30 Movie: Knives Out. TH
16	Prime TH

10	Photo booth for Mother's Day in the Lobby
11	10:00 Kingsview United Church Virtual TH
12	10:00 Outdoor Sunday Stroll and Stretch LB
13	(Subject to weather conditions) TH
14	11:00 Mother's Day* Mocktails & Memories Social BL
15	2:00 Trivia and Treats BL
16	2:00/2:30 Rummoli \$ GH
17	3:30 Jeopardy TH

10	9:30 Active Fitness AR
11	10:30 Moderate Fitness AR
12	10:30 Trivia with Betty BL
13	1:15 Hand Dexterity GH
14	2:00 Bingo \$ HSq
15	3:00 Watercolor with Vicky: All seasons' cards* GH
16	3:15 Music with Bill DF
17	3:30 Backgammon B
18	7:00/7:30 Bridge BL
19	7:30 Mexican Train GH
20	GH Dominos GH

11	10:00 Seated Strength AR
12	Exercises AR
13	10:30 Ball Drumming TH
14	11 - 2 Vendor: Lindas Natural Solutions LB
15	1:30 Outdoor Walking with Ayan LB
16	2:00 Card Bingo \$ BL
17	3:00 Cooking Demo with Chef Nelson* AR
18	3:00 Social Time \$ BL
19	7:30 Progressive Euchre Tournament \$ * BL

12	9:30 Active Fitness AR
13	10:00 Aquafit* AR
14	10:30 Moderate Fitness TH
15	2:00 Bingo \$ LB
16	3:30 Taste of Home* Italy: "Salsa Italiana" with Loretta & Peter LB
17	7:00/7:30 Rummoli \$ GH



13	10:00 Seated Strength AR
14	Exercises AR
15	10:30 Famous People Players* (Full) AR
16	10:30 Chair Zumba GH
17	11:30 Pet Visits with Franky LB
18	1:15 Hand Dexterity GH
19	1:30 Outdoor Walking LB
20	2:00 Resident Spotlight: Poetry with BJ AR
21	2:30 Food Committee TH
22	3:00 Pina Colada Social \$ Time BL

14	9:30 Active Fitness AR
15	10:30 Moderate Fitness AR
16	10:30 Backgammon B
17	11:00 Port Perry Shopping & Lunch* DF
18	2:00 Super Bingo \$ LB
19	3:30 Computer Help* GH
20	3:30 Documentary: Rick Steves' Europe: Season 8. AR
21	Western Turkey. Prime TH
22	7:30 Pub Night \$ With Rick BL

15	Grab a word puzzle package from concierge!
16	11:00 Card Game: Kings in the Corner BL
17	3:30 Cedar Park Church TH
18	7:30 Movie: Steve Martin and Martin Short: An Evening You Will Forget for the Rest of Your Life Netflix TH



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Saturday

<p>17</p> <p>10:00 Tai Chi</p> <p>10:00 Kingsview United Church <i>Virtual</i></p> <p>10:00 Iced Coffee Social</p> <p>11:00 Trivia and Treats</p> <p>2:00 Music Bingo</p> <p>2:00/2:30 Rummoli \$</p> <p>3:30 Jeopardy</p> 	<p>18</p> <p>Victoria Day</p> <p>10:30 Tea & Lemon Loaf * Social</p> <p>2:00 Movie: The Young Victoria. Prime</p> <p>Popcorn & pop will be served</p> <p>3:00 Word Games</p> <p>4:00 Computer Help*</p> <p>7:00/7:30 Bridge</p> <p>7:30 Mexican Train Dominos</p>	<p>19</p> <p>10:00 Seated Strength Exercises</p> <p>10:30 Ball Drumming</p> <p>11-2 Vendor EZ Fit Shoes</p> <p>1:30 Outdoor Walking with Ayan</p> <p>2:00 Line Dancing Video Follow-Along</p> <p>2:30 Bible Study</p> <p>3:00 Social Time \$</p> <p>7:30 7 Game Bingo \$</p>	<p>20</p> <p>9:30 Active Fitness</p> <p>10:00 Aquafit*</p> <p>10:00 White Feather*</p> <p>10:30 Moderate Fitness</p> <p>11-3 Vendor: Traditions</p> <p>1 - 3 Sewing with Susan</p> <p>2:00 Walmart*</p> <p>2:00 Bingo \$</p> <p>3:30 Sing Along with Joan and Shirl</p> <p>7:00/7:30 Rummoli \$</p>	<p>21</p> <p>10:00 Seated Strength Exercises</p> <p>10:00 & 11:30 Ajax Casino*</p> <p>10:30 Chair Zumba</p> <p>11:30 Pet Visits with Franky</p> <p>12 - 2 Vendor: Black Dress Approved</p> <p>1:30 Outdoor Walking With Ayan</p> <p>7:00 Durham Police Service Choir</p>	<p>22</p> <p>9:30 Active Fitness</p> <p>10:30 Moderate Fitness</p> <p>10:30 Hands and Hearts* Exercises to relieve tightness & pain in our hands</p> <p>2:00 Bingo \$</p> <p>2:30 The Villa*</p> <p>3:30 Computer Help*</p> <p>3:30 Documentary: Rick Steves' Europe: Season 8. Central Turkey. Prime</p> <p>7:30 Pub Night \$ with Sean R</p>	<p>23</p>  <p>10:00 Ball Drumming</p> <p>11:00 Sunshine Circle In the Park* (weather permitting)</p> <p>2:00 Bingo \$</p> <p>3:30 Cedar Park Church</p> <p>3:30 Scattergories</p> <p>7:30 Movie: This Is Where I Leave You. Netflix</p>
<p>24</p> <p>10:00 Tai Chi</p> <p>10:00 Kingsview United Church <i>Virtual</i></p> <p>10:00 Craft Corner with* Amanda: Pebble Stone Painting</p> <p>11:00 Trivia and Treats</p> <p>2:00 Music Bingo</p> <p>2:00/2:30 Rummoli \$</p> <p>3:30 Jeopardy</p> 	<p>25</p> <p>9:30 Active Fitness</p> <p>10:30 Moderate Fitness</p> <p>1:15 Hand Dexterity</p> <p>2:00 Bingo \$</p> <p>3:00 Watercolor with* Vicky: All seasons' cards</p> <p>3:30 Men vs Women Beanbag Baseball</p> <p>7:00/7:30 Bridge</p> <p>7:30 Mexican Train Dominos</p>	<p>26</p> <p>June Calendar available at Concierge</p> <p>10:00 Seated Strength Exercises</p> <p>10:30 Ball Drumming</p> <p>2:00 Outdoor Walking</p> <p>2:00 String a longs</p> <p>3:00 Social Time \$</p> <p>7:30 Progressive Euchre Tournament \$ *</p> 	<p>27</p> <p>9:30 Active Fitness</p> <p>10:00 Aquafit*</p> <p>10:30 Moderate Fitness</p> <p>10:00-1:00 Vendor: Cavery Clothing</p> <p>2:00 Bingo \$</p> <p>3:30 Town Hall Meeting</p> <p>7:00/7:30 Rummoli \$</p> 	<p>28</p> <p>Sign up for June Programs 10:00 a.m. in the AR</p> <p>10:00 Seated Strength Exercises</p> <p>10:00 Walmart*</p> <p>10:30 Coffee Hour with Shortbread</p> <p>11 - 2 Alzheimer's Society Table</p> <p>11:30 Pet Visits with Franky</p> <p>12:30 Men's Club Lunch* One Eyed Jacks</p> <p>2:30 April Birthday Party with Art</p> <p>3:30 Social Time \$</p>	<p>29</p> <p>11:00 Dollarama & Banks*</p> <p>9:30 Active Fitness</p> <p>10:30 Moderate Fitness</p> <p>1:00 Mexico Lindo*</p> <p>2:00 Super Bingo \$</p> <p>3:30 Computer Help*</p> <p>3:30 Documentary: Rick Steves' Europe: Season 8. France's Loire: Château Country Prime</p> <p>7:30 Dance Music \$ Social</p>	<p>30</p>  <p>10:00-12:00 WALK AROUND THE BLOCK FOR ALZHEIMERS! Family and friends invited Starting point outside at the Orchard roundabout!</p> <p>2:00 Card Bingo</p> <p>3:15 Friendly Euchre*</p> <p>3:30 Cedar Park Church</p> <p>7:30 Movie: A Dog's Way Home</p>

<p>31</p>  <p>10:00 Kingsview United Church <i>Virtual</i></p> <p>10:00 Outdoor Sunday Stroll and Stretch</p> <p>11:00 Strawberry Mocktail Social</p> <p>2:00 Fiesta Day with* Salsa Dancers & Salsa Lessons</p> <p>2:00/2:30 Rummoli \$</p> <p>3:30 Jeopardy</p>
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Please note: Programs are subject to change. Check the daily schedule for the most up to date activities.



Harmony Hill Store Hours:
Monday-Friday 2:00pm-3:30pm.
Saturdays 9:30am-11:30am
Closed Statutory Holidays



A \$10 cancellation policy will apply if you do not notify us 48 hours in advance. Please call #564 or #555 and leave a voicemail if we do not answer. This does not apply to external ticketed events. Once you have signed up you are responsible for the cost of the ticket.