



Color Coded Legend
 Evening program
 Outing
 Resident Led Program
 Special Program
 Vendor/New Program

Main Floor
 B- Bistro
 CY - Courtyard
 L- Library
 LB- Lobby
 P- Pool
 PDR- Private Dining Room

Locations of Programs:

Second Floor of Orchard Building
 AR – Activity Room
 BL – Bar Lounge
 BR – Billiards Room
 DF – Dance Floor
 GH – Green House
 HSq – Around the staircase 2nd floor
 TH – Chapel/Theatre



February is Black History Month!



February is **Recreation Therapy** Month! Join us from the 2nd – 6th as we celebrate!

1	2	3	4	5	6	7
<p>Recreation Therapy Celebration Week!</p> <p>10:00 Tai Chi AR 10:00 Word Games BL 10:00 Kingsview United Church TH 11:00 Coloring & Mocktails BL 2:00 Ladder Ball DF 2:30 Rummoli \$ GH 3:30 Triominos BL 3:30 Jeopardy TH 3:30 Card Game: Kings in the Corner AR</p>	<p>Groundhog Day</p> <p>Grab a Rec Therapy quiz at concierge. Complete and hand it in by Friday at 10:00 am for your chance to win a prize!</p> <p>9:30 Active Fitness AR 10:30 Moderate Fitness AR 10:30 Trivia with Betty BL 1:15 Hand Dexterity GH 2:00 Bingo \$ HSq 2:30 Book Club PDR 3:30 Floor Curling TH 7:00/7:30 Bridge BL 7:30 Mexican Train Dominos GH</p>	<p>9:30/10:30 Falls Prevention Fitness AR 10:30 Ball Drumming TH 2:00 Card Bingo \$ BL 2:00 Men's Club \$* Pool Game PR 2:30 Bible Study PDR 3:00 Social Time \$ Recreation Week Celebration with Donuts! BL 7:30 Progressive Euchre Tournament \$* BL</p>	<p>9:30 Active Fitness AR 10:30 Moderate Fitness AR 10-1 Sewing with Susan "Charity Challenge" GH 2 – 4 Library Visits LB 2:00 Bingo \$ HSq 3:15 Cooking Demo with Chef Nelson: Crepes* AR 7:30 Rummoli \$ GH</p>	<p>Where's Waldo Walk Throughout the Day</p> <p>9:30/10:30 Falls Prevention Fitness AR 10:30 Valentine Heart Knitting Circle* LB 2:00 Card Bingo AR 2:00 Walmart* GH 3:00 Social Time \$ Recreation Week Celebration with Apple Pie ala mode BL 6:45 Urgent Care Clinic Information Session TH</p>	<p>Milano Cortina 2026 Winter Olympic Games Begins!</p> <p>9:30 Active Fitness AR 10:30 Moderate Fitness AR 12:30 Jack & Frieda's Kitchen* GH 2:00 Bingo \$ HSq 3:00 Art with Mary and Guests* GH 7:30 Pub Night with Brian G \$ HSq</p>	<p>10:00 Coffee and Board Games BL 10:30 Ball Drumming TH 11:15 Giant Tiger* BL 2:00 Card Bingo \$ BL 3:15 Word Games BL 3:30 Cedar Park Church TH 7:30 Documentary: The Light We Carry Michelle Obama & Oprah Winfrey. Netflix TH</p>
8	9	10	11	12	13	14
<p>Superbowl Sunday</p> <p>10:00 Tai Chi AR 10:00 Who Am I? BL 10:00 Kingsview United Church TH 11:00 Craft Corner With Amanda* GH 2:00 Ladder Ball DF 2:30 Rummoli \$ GH 3:30 Triominos BL 3:30 Jeopardy TH 6:30 Superbowl Game TH</p>	<p>9:30 Active Fitness AR 10:30 Moderate Fitness AR 10:30 Decorating for Valentine's Day BL 1:15 Hand Dexterity GH 2:00 Bingo \$ HSq 3:30 New Resident Orientation (Invite Only) BL 3:30 Documentary Series "Live to 100" Episode 1: The Journey Begins. TH 7:00/7:30 Bridge BL 7:30 Mexican Train Dominos GH</p>	<p>9:30/10:30 Falls Prevention Fitness AR 10:30 Ball Drumming TH 3:00 Elvis Impersonator Social Time \$* HSq 7:30 7 Game Bingo \$ HSq</p>	<p>9:30 Active Fitness AR 10:30 Moderate Fitness AR 10-1 Sewing with Susan "Charity Challenge" GH 10:30 Oshawa Centre* 1:30 State & Main* GH 2:00 Bingo \$ HSq 3:00 – Resident Satisfaction Survey Info Session HSq 7:30 Rummoli \$ GH</p>	<p>Where's Waldo Walk Throughout the Day</p> <p>9:30/10:30 Falls Prevention Fitness AR 10:00 Walmart* GH 10:30 Friendship Bracelet Creations* BL 11-3 Vendor: Traditions LB 2:00 Card Bingo \$ AR 2:30 Food Committee Meeting TH 3:00 Social Time \$ BL</p>	<p>9:30 Active Fitness AR 10:30 Moderate Fitness AR 2:30 – 4:00 Sweetheart Social with Mike McConnel HSq 7:30 Valentines Day Dance Social with Music by LU \$ HSq</p>	<p>Happy Valentine's Day</p> <p>10:00 Coffee and Board Games BL 10:30 Ball Drumming TH 10:30 Valentine's Music Trivia Open Mic BL 2:00 Valentine's Day Bingo \$ HSq 3:30 Cedar Park Church TH 3:30 Scattergories BL 7:30 Movie: Valentine's Day. Prime TH</p>

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

<p>15</p>  <p>10:00 Tai Chi 10:00 Word Games 10:00 Kingsview United Church 11:00 Music & Manicures* 2:00 Ladder Ball 2:30 Rummoli \$ 3:30 Triominos 3:30 Jeopardy 3:30 Card Game: Kings in the Corner</p>	<p>16</p> <p>Fundraiser for Heart & Stroke Raffle tickets on sale all week 11:00-1:00 PM</p> <p>11:00 Taste of Home* Enjoy homemade food, Peru's Style. 2:00 Bingo \$ 3:30 Watch the movie* "The Last Word" Pop & Popcorn 7:00/7:30 Bridge 7:30 Mexican Train Dominos</p>	<p>17</p> <p>Happy Chinese Year</p>  <p>9:30/10:30 Falls Prevention Fitness 10:30 Ball Drumming 10:00-12:30 Alzheimer's Society Table 11:00-3:00 Vendor: EZ Fit Shoes 2:00 Men's Club - Darts* 2:00 Line Dancing 2:30 Bible Study 3:00 Social Time Fortune Cookies \$ 7:30 Progressive Euchre Tournament \$*</p>	<p>18</p> <p>9:30 Active Fitness 10:30 Moderate Fitness 2:00 Bingo \$ 3:15 Pen Pal Writing (previously signed up residents only) 3:30 Sing Along with Joan and Shirli 7:30 Rummoli \$</p> 	<p>19</p> <p>Where's Waldo Walk Throughout the Day</p>  <p>9:30/10:30 Falls Prevention Fitness 10:30 Coffee Hour and Assorted treats* 1:30 The Rosary Prayer 2:00 Catholic Church Mass 2:00 Walmart* 2:00 Line Dancing 3:00 Wine Trivia Social Time \$</p>	<p>20</p> <p>9:30 Active Fitness 10:30 Moderate Fitness 10 - 2 Adrien's Fashion 12:30 Mandarin* 2:00 Bingo \$ 3:15 Heart & Stroke Fundraiser Draw 3:15 Men vs Women Bean Bag Baseball* 3:45 Computer Help* 7:30 Pub Night with Joyce \$</p>	<p>21</p> <p>10:00 Coffee and Board Games 10:30 Ball Drumming 11:15 Banks & Dollarama* 2:00 Card Bingo \$ 3:30 Word Games 3:30 Cedar Park Church 7:30 Movie: Shirley. Based on a true story. Netflix</p>
<p>22</p> <p>10:00 Tai Chi 10:00 Who Am I? 10:00 Kingsview United Church 11:00 Coloring & Mocktails 2:00 Ladder Ball 2:30 Rummoli 3:30 Triominos 3:30 Jeopardy</p>	<p>23</p> <p>9:30 Active Fitness 10:30 Moderate Fitness 1:15 Hand Dexterity 2:00 Bingo \$ 3:15 Music with Bill 3:30 Documentary Series "Live to 100" Episode 2: An Unexpected Discovery. Netflix 7:00/7:30 Bridge 7:30 Mexican Train Dominos</p>	<p>24</p> <p>March Calendar available at Concierge</p> <p>9:30/10:30 Falls Prevention Fitness 10:30 Ball Drumming 2:00 String-a-Longs 3:00 Social Time \$ 7:30 7 Game Bingo \$</p> 	<p>25</p> <p>9:30 Active Fitness 10:30 Moderate Fitness 10-1 Sewing with Susan "Charity Challenge" 10:00 & 11:30 Blue Heron Casino* 1:30-3:30 Alzheimer's Table 2:00 Bingo \$ 3:30 You Be The Judge 7:30 Rummoli \$</p>	<p>26</p> <p>Where's Waldo Walk Throughout the Day</p>  <p>9:30/10:30 Falls Prevention Fitness 10:30 Walmart* 12:00 Men's Lunch* Hardy John's 2:30 February Birthday Party with Rick 3:00 Social Time \$</p>	<p>27</p> <p>Sign up for March Programs 10:00 In the Activity Room</p> <p>9:30 Active Fitness 10:30 Moderate Fitness 2:00 Bingo \$ 3:00 Mexico Lindo* 3:15 Beanbag Baseball 3:45 Computer Help* 7:30 Dance Music Social \$</p>	<p>28</p> <p>10:00 Coffee and Board Games 10:30 Ball Drumming 11:15 Horse Races \$ 2:00 Bingo \$ 3:30 Scattergories 3:30 Cedar Park Church 7:30 Movie: Harriet. Based on a true story. Netflix</p>

Harmony Hill Store on the main level is open:
Monday-FridSaturdays 9:30am-11:30am
ay 2:00pm-3:30pm.
Closed statutory Holidays

Please be reminded there is a \$10 cancellation policy if you do cancel 48 hours in advance. Please call #564 or #555 and leave a voicemail if we do not answer. This does not apply to external ticketed events. Once you have signed up you are responsible for the cost of the ticket.

Please note: The programs are subject to change based on availability of the staff, entertainers, supplies, and weather conditions. Thank you for your continued support & understanding.



February Flower: Violet