

November 2024

Harmony Hill Activity Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Main Floor B- Bistro CY - Courtyard L- Library LB- Lobby P- Pool PDR- Private Dining Room	Second Floor of Orchard Building AR – Activity Room BL – Bar Lounge BR – Billiards Room DF – Dance Floor GH – Green House HSq – Around the staircase 2 nd floor TH – Chapel/Theatre PT – 2 nd Floor Patio
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1 9:30 Wal-Mart * 9:30 Active Fitness AR 10:30 Moderate Fitness AR 12:30 Lunch @ Greek Tycoon* 2:00 Bingo HSq 3:15 Beanbag Baseball DF 7:30 Social Time \$ BL

2 9:30 Fall Prevention Fitness AR 10:30 Fall Prevention Fitness AR 10:00 Harmony Hill LB Puzzle Package 11:00 Lunch @Teddy's & Big Band Show 2:00 Bingo HSq 3:30 Cedar Park Church TH 7:30 Movie: I Care a lot TH PG-13 Prime

3 Daylight Savings Clocks go back 1 Hour 10:00 Kingsview TH United Church 10:00 Euchre BL 2:00 Mini Putt DF 2:30 Rummoli GH 3:30 Chair Yoga AR

4 9:30 Active Fitness AR 10:30 Moderate Fitness AR 2:00 Catholic Mass TH 3:00 Art with Mary GH 3:15 Monday Music w/ Bill DF 3:30 Bingo HSq 3:30 Chair Yoga AR 7:00 Bridge BL

5 9:30 Fall Prevention Fitness AR 10:00 Harmony Hill Choir Members Rehearsal TH 10:30 Fall Prevention Fitness AR 1:00 Wellness Walks LB 2:00 Card Bingo AR 2:00 First Steps For Care Alzheimer's Workshop TH 2:00 Men's Club Planning Meeting Social \$ AR 2:30 Bible Study PDR 3:00 Social Time AR 7:30 Progressive Euchre BL Tournament *
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6 9:30 Active Fitness AR 10:30 Moderate Fitness AR 10:30 Sewing with Susan GH 11-3 Vendor: Traditions LB 12:00 Melanie Pringle's* 2-3 Oshawa In House Library LB 2:00 Bingo HSq 3:30 Wordle TH 4:00 Computer Help* AR 7:30 Rummoli BL
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7 9:30 Fall Prevention Fitness AR 10:00 Shoppers and Banks* 10:30 Fall Prevention Fitness AR 10:30 Sewing with Susan GH 1:00 Wellness Walks LB 2:00 Meeting: Garage sale update BL 2:00 Card Bingo AR 3:00 Social Time with Live music By: Janette D BL 7:30 Virtual Concert John Denver-Rocky Mountain High: Live in Japan TH
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8 9:30 Active Fitness AR 10:30 Moderate Fitness AR 2:00 Christmas Open house at Van Belle in Courtice* HSq 2:00 Bingo HSq 3:15 Ladder ball DF 6:00 Christmas Open house at Van Belle in Courtice* BL 7:30 Pub Night with Live music by: Daryl K \$
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9 9:30 Fall Prevention Fitness AR 10:30 Fall Prevention Fitness AR 2:00 Bingo HSq 3:30 Cedar Park Church TH 7:30 Movie: Christmas with the Darlings PG-13 – Hallmark Channel TH

10 10:00 Kingsview United Church TH 10:00 Euchre BL 2:00 Autumn Social* BL 2:30 Rummoli GH 3:30 Chair Yoga AR

11 Remembrance Day 10:00 Remembrance Day Service (Refreshments to follow) HSq 2:00 Bingo HSq 3:00 Watercolor with Vicky GH 3:00 New Resident* Orientation TH 3:30 Chair Yoga AR 7:00 Bridge BL
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12 9:30 Fall Prevention Fitness AR 10:00 Harmony Hill Choir Members Rehearsal TH 10:30 Fall Prevention Fitness AR 1:00 Wellness Walks LB 2:00 Card Bingo AR 2:00 First Steps For Care Alzheimer's Workshop TH 3:00 Social Time AR 7:30 7 Game Bingo HSq
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13 9:30 Active Fitness AR 10:30 Moderate Fitness AR 10:30 Sewing with Susan GH 10:30 Coffee and Cups: Bring your favourite mug BL 11-3 Vendor: Avon LB 2:00 Bingo HSq 3:30 Text Twist TH 7:30 Rummoli BL

14 9-12 Alzheimer's Info Table LB 9:30 Fall Prevention Fitness AR 10:30 Fall Prevention Fitness AR 10:30 Sewing with Susan GH 11-3 Vendor: EZ Fit LB 1:00 Wellness Walks LB 2:00 Card Bingo AR 2:00 Wal-Mart * 3:00 Social Time AR 4:00 Dinner at Foundry restaurant in Port Perry* 7:30 Documentary: I am Celine Dion TH

15 9:30 Active Fitness AR 10:30 Moderate Fitness AR 11:00 Archibald Winery & Lunch @ Copperworks* HSq 2:00 Bingo HSq 3:15 Beanbag Baseball DF 7:30 Pub Night with Live music by: Robert Y \$ BL
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16 9:30 Fall Prevention Fitness AR 10:30 Fall Prevention Fitness AR 10:30 Giant Tiger* HSq 2:00 Bingo HSq 3:30 Cedar Park Church TH 7:30 Movie: The Holiday Calendar PG-13 - Netflix TH
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00 Kingsview United Church TH 10:00 Euchre BL 2:00 Floor Curling DF 2:30 Rummoli GH 3:30 Jeopardy TH	18 9:30 Active Fitness AR 10:30 Moderate Fitness AR 2:00 Bingo HSq 2:30 Christmas Decorating Begins! HSq 3:30 Chair Yoga AR 3:30 Food Committee Meeting TH 7:00 Bridge BL	19 International Men's Day 9:30 Fall Prevention Fitness AR 10:00 Harmony Hill Choir Members Rehearsal TH 10:30 Fall Prevention Fitness AR 11-2 Vendor: Bling it On LB 1:00 Wellness Walks LB 2:00 Card Bingo AR 2:00 First Steps For Care Alzheimer's Workshop TH 2:30 Bible Study PDR 3:00 Social Time AR 7:30 Men's Mingle BL	20 9:30 Active Fitness AR 10:00 & 11:30 Ajax Casino * 10-3 Vendor ZABS LB 10:30 Moderate Fitness AR 10:30 Sewing with Susan GH 2:00 Bingo HSq 3:30 Rummikub AR 4:00 Computer Help AR 7:30 Rummoli BL	21 9:30 Fall Prevention Fitness AR 10:30 Fall Prevention Fitness AR 10:30 Sewing with Susan GH 1:00 Wellness Walks LB 2:30 Birthday Party with Music by: Rick R HSq 3:00 Social Time AR 5:00 Abba Christmas Concert Dinner & Show (FULL) 7:30 Virtual Concert: The Everly Brothers Reunion Concert TH	22 December Calendar available At Concierge/Forest 9:30 Active Fitness AR 9:30 Walmart* 10:30 Moderate Fitness AR 2:00 White Feather* 2:00 Bingo HSq 3:15 Ladderball DF 7:30 Pub Night with Live Music by: Joe Time \$ BL	23 9:30 Fall Prevention Fitness AR 10:30 Fall Prevention Fitness AR 2:00 Bingo HSq 3:30 Cedar Park Church TH 7:30 Movie: The best of Me- PG 13 - Prime TH
24 10:00 Kingsview United Church TH 10:00 Euchre BL 2:30 Rummoli GH 3:30 Scattergories AR	25 9:30 Active Fitness AR 10:30 Moderate Fitness AR 2:00 Bingo HSq 3:00 Watercolor with Vicky GH 3:30 Chair Yoga AR 7:00 Bridge BL	26 9:30 Fall Prevention Fitness AR 10:00 Harmony Hill Choir Members Rehearsal TH 10:30 Fall Prevention Fitness AR 11-2 Vendor: Fifth Avenue LB 1:00 Wellness Walks LB 2:00 Card Bingo AR 2:00 First Steps For Care Alzheimer's Workshop TH 7:30 Progressive Euchre Tourhanment * BL	27 9:30 Active Fitness AR 10:30 Moderate Fitness AR 10:30 Sewing with Susan GH 12:00 Men's Club Lunch outing @ Portly Piper * 2:00 Bingo HSq 2-3 Oshawa In House Library LB 3:30 Wordle TH 7:30 Rummoli BL	28 9:30-4:00 Sign up December Programs Outside AR 9:30 Fall Prevention Fitness AR 10:00 Wal-Mart* 10:30 Fall Prevention Fitness AR 10:30 Sewing with Susan GH 11-3 Vendor: Bijoux LB 1:00 Wellness Walks LB 2:00 Card Bingo AR 3:00 Social Time AR 7:30 Documentary: The Beatles in the life TH	29 9:30 Active Fitness AR 10:00 Markville Mall * 10:30 Moderate Fitness AR 2:00 Bingo HSq 3:15 Beanbag Baseball DF 7:30 Pub Night with Live Music by: Sean R \$ BL	30 9:30 Fall Prevention Fitness AR 10:00 Homesense & Marshalls* 10:30 Fall Prevention Fitness AR 2:00 Bingo HSq 3:30 Cedar Park Church TH 7:30 Movie: Operation Christmas Drop PG-13 TH Netflix

NEW: Color Coded Legend to identify programs quickly

Evening program

New Program

Outing

Resident Led Program

Special Program

Vendor

Please be reminded there is a \$10 cancellation policy if you do cancel 48 hours in advance. Please call #564 and leave a voicemail if we do not answer. This does not apply to external ticketed events. Once you have signed up you are responsible for the cost of the ticket.

* (asterisk) – There is a sign-up sheet for this program. Please sign up in the AR

Harmony Hill Store on the main level is open:

Monday-Friday 2:00pm-3:30pm.
Closed statutory Holidays

Please note: The programs are subject to change based on availability of the staff, entertainers, supplies, and weather conditions. Thank you for your continued support & understanding.