

July 2024

Harmony Hill Activity Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Join us for Harmony Hill Olympics Games! Go Team go! See Recreation for details.</p>	 <p>CANADA DAY Wear your Canadian Colors</p> <p>10:00 Stretching in Mindfulness 1:00 Canadas Day Booklet 2:30-4:00 Canada Day Party with Rick Rene 7:30 Bridge 7:30 Mexican Train Dominos</p>	<p>9:30/10:30 Falls Prevention Fitness 11:00 Leisure walking 2:00 Men's Club Planning & Social Time 2:00 Mini Putt 3:00 Social Time & Euros 3:00 Alzheimer's* Workshop 3:30 Chair Yoga 4:00 Scattergories 7:30 7 Game Bingo</p>	<p>9:30/10:30 Fitness 10:30 Sewing with Susan 11-3 Bijoux 1-3 Oshawa Library 2:00 Bingo 2:00 Talize Shopping Outing* 3:00 Knit & Crochet Club 3:30 Sing Along with Joan & Shirl 4:00 Computer Help* 7:30 Rummoli</p>	<p>9:30/10:30 Falls Prevention Fitness 9:30 Walmart* 11:00 Leisure walking 10:30 Sewing with Susan 1:00 Whacky Wordies 2:00 Card Bingo 2:30 Butterfly Release* 3:00 Social Time \$ 7:30 Choose your movie</p>	<p>9:30/10:30 Fitness 10:30 Tea & Chats 1:00 Canada Bingo 2:00 Bingo 2:00 Bean Bag Baseball 3:30 You Be The Judge 4:00 Milestones Dinner* 7:30 Pub Night with Robert V</p>	<p>10:00 Harmony Hill Puzzle Package 10:30 Sit & Stretch 2:00 Hand Wax* 3:30 Cedar Park Church 7:30 Choose your Movie</p> 
<p>10:00 Kingsview United Church 2:00 Bean Bag Toss 3:30 Play Jeopardy 2:30 Rummoli</p> 	<p>9:30/10:30 Fitness 1:00 Hand Dexterity 2:00 Bingo 3:00 Art with Mary* 3:00 Documentary: Greatest Natural Wonders 3:30 Chair Yoga 7:00 Bridge 7:30 Mexican Train Dominos</p>	<p>9:30/10:30 Falls Prevention Fitness 2:00 Bill Plays the Piano 2:00 Seated Stretching & Mindfulness 3:00 Social Time Karaoke 3:00 Alzheimer's Workshop* 4:00 Floor Curling 7:30 Play Jeopardy</p>	<p>9:30/10:30 Fitness 10:30 Sewing with Susan 2:00 Bingo 3:00 Knit & Crochet Club 3:00 Euro Soccer Game 7:30 Rummoli</p> 	<p>9:30/10:30 Falls Prevention Fitness 10:30 Ball Drumming 9:30 Walmart* 10:30 Sewing with Susan 11:00 Leisure walking 12:00 Rolling Grape Vineyard* 1:00 Whacky Wordies 2:00 Card Bingo 2:00 New Resident* Orientation 3:00 Social Time w/ Joe \$ 7:30 Choose your movie</p>	<p>9:30/10:30 Fitness 10:30 Balloon Toss 11-3 Traditions 1:00 Word Games 2:00 Enniskillen General Store for Ice Cream* 2:00 Horse Racing \$ 2:00 Bingo 3:30 Fit Minds 7:30 Pub Night with Sean R</p>	<p>10:00 Harmony Hill Puzzle Package 10:00 Giant Tiger* 12:00 Primitive Designs/Lunch* 2:00 Euchre 3:00 Giant Crossword 3:30 Cedar Park Church 7:30 Choose your Movie</p>
<p>10:00 Kingsview United Church 2:00 Floor Curling 2:30 Rummoli 3:00 Euro Cup Finals 3:30 Scattergories</p> 	<p>9:30/10:30 Fitness 11-12:30 50/50 Tickets Sale: Supporting Garden Club 1:00 Word Games 2:00 Catholic Mass 3:00 Watercolor with Vicky* 3:30 Food Committee 3:30 Bingo 7:30 Bridge 7:30 Mexican Train Dominos</p>	<p>9:30/10:30 Falls Prevention Fitness 11-12:30 50/50 Tickets Sale: Supporting Garden Club 1:00 Hand Dexterity 2:00 Men's Club: Horseshoes* 2:00 Card Bingo 2:00 Karaoke with Peter 3:00 Social Time \$ 7:30 Progressive Euchre Tournament*</p>	<p>9:30/10:30 Fitness 10:30 Sewing with Susan 11-12:30 50/50 Tickets Sale: Supporting Garden Club 10:00 & 11:30 Ajax Casino* 2:00 Bingo 3:30 Sing Along with Joan and Shirl 3:30 Line Dancing 7:30 Rummoli</p>	<p>9:30/10:30 Falls Prevention Fitness 10:30 Ball Drumming 10:00 White Feather* 10:30 Sewing with Susan 11-12:30 50/50 Tickets Sale: Supporting Garden Club 2:00 Horses Race \$ 2:00 Walmart* 3:00 Social Time 3:00 Brain Games 4:00 Computer Help* 7:30 Choose your movie</p>	<p>9:30/10:30 Fitness 10:00 Bobcaygeon Shopping & Lunch* 10:30 Java Music 1:00 Mini Putt 2:00 Bingo 3:15 50/50 Draw Supporting Garden Club 3:30 Bean Bag Baseball 7:30 Pub Night with Brain G</p>	<p>10:00 Harmony Hill Puzzle Package 10:00 Sit & Stretch 2:00 Bingo 3:30 Cedar Park Church 7:30 Chose your Movie</p> 

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<p>21</p> <p>10:00 Kingsview United Church</p> <p>2:00 Card Bingo</p> <p>2:00 Bill Plays the Piano</p> <p>2:30 Rummoli</p> <p>3:00 Colouring & Cocktails</p> <p>3:30 Triominos</p> 	<p>22</p> <p>9:30/10:30 Fitness</p> <p>11-12:30 50/50 Tickets</p> <p>Sale: Supporting Garden Club</p> <p>1:00 Bean Bag Toss</p> <p>2:00 Bingo</p> <p>3:00 Documentary: Big Bend: In the Heart of Texas</p> <p>3:30 Chair Yoga</p> <p>7:30 Bridge</p> <p>7:30 Mexican Train Dominos</p>	<p>23</p> <p>9:30/10:30 Falls Prevention Fitness</p> <p>11-12:30 50/50 Tickets</p> <p>Sale: Supporting Garden Club</p> <p>2:00 Card Bingo</p> <p>3:00 Social Time \$</p> <p>3:00 Alzheimer's * Workshop</p> <p>4:00 Manicures*</p> <p>7:30 Jeopardy</p>	<p>24</p> <p>9:30/10:30 Fitness</p> <p>10:30 Sewing with Susan</p> <p>11-12:30 50/50 Tickets</p> <p>Sale: Supporting Garden Club</p> <p>11 – 2 Fifth Avenue</p> <p>1:00 Word Games</p> <p>2:00 Bingo</p> <p>3:00 Knit & Crochet Club</p> <p>3:00 Frutti Ice Cream Social*</p> <p>4:00 Computer Help*</p> <p>7:30 Rummoli</p>	<p>25</p> <p>9:30/10:30 Falls Prevention Fitness</p> <p>10:30 Shoppers & Banks *</p> <p>10:30 Tea & Chats</p> <p>10:30 Sewing with Susan</p> <p>11-12:30 50/50 Tickets</p> <p>Sale: Supporting Garden Club</p> <p>11-3 Adrien's Clothing</p> <p>2:30 Birthday Party with Ed S.</p> <p>7:30 Choose your movie</p> 	<p>26</p> <p>August Calendar available at concierge/Forest</p> <p>9:30/10:30 Fitness</p> <p>10:00 Oshawa Centre Farmer's Market*</p> <p>10:30 Word Games</p> <p>1:00 Floor Curling</p> <p>12:00 Mexico Lindo*</p> <p>2:00 Bingo</p> <p>3:15 50/50 Draw</p> <p>Supporting Garden Club</p> <p>3:30 Inspirational Talk/Videos With Robert</p> <p>7:30 Social Time</p>	<p>27</p> <p>10:00 Harmony Hill Activity Package</p> <p>11:00 The Full Monty Show & Lunch SOLD OUT</p> <p>2:00 Euchre</p> <p>3:30 You Be The Judge</p> <p>3:30 Cedar Park Church of Christ Devotional Service</p> <p>7:30 Choose your movie</p>
<p>28</p> <p>10:00 Kingsview United Church</p> <p>2:00 Card Bingo</p> <p>2:30 Rummoli</p> <p>3:00 Scattergories</p> <p>3:30 Triominos</p> 	<p>Wear your favorite Country colors!</p> <p>9:30/10:30 Fitness</p> <p>1:30 Olympics Opening Ceremony</p> <p>2:00 Bingo</p> <p>3:30 Watercolor with Vicky*</p> <p>3:30 Harmony Olympics Games</p> <p>7:30 Bridge</p> <p>7:30 Dominos</p> 	<p>29</p> <p>9:30/10:30 Falls Prevention Fitness</p> <p>11-3 Gemini Jewelry</p> <p>12:00 Food Truck Alley*</p> <p>1:00 Word Games</p> <p>2:00 Card Bingo</p> <p>3:00 Harmony Olympics Game & Social Time</p> <p>3:00 Alzheimer's Workshop*</p> <p>7:30 Progressive Euchre Tournament*</p> 	<p>30</p> <p>9:30-4 Sign up August programs outside AR</p> <p>9:30/10:30 Fitness</p> <p>11:30 Pickering Town Centre*</p> <p>10:30 Sewing with Susan</p> <p>11:00 Leisure walking</p> <p>1:00 Canada Trivia</p> <p>2:00 Oshawa Public Library</p> <p>2:00 Bingo</p> <p>3:30 Harmony Olympics Games</p> <p>7:30 Rummoli</p> 	<p>31</p> <p>Main Floor B- Bistro CY - Courtyard L- Library LB- Lobby P- Pool Other SPL – South Parking Lot.</p>  <p>The asterisk * besides a program means YOU MUST SIGN UP FOR THE PROGRAMS & OUTINGS.</p>	<p>Second Floor of Orchard Building AR – Activity Room BL – Bar Lounge BR – Billiards Room DF – Dance Floor GH – Green House HSq – Around the staircase 2nd floor TH – Chapel/Theatre PT – 2nd Floor Patio</p> 	

Please be reminded there is a \$10 cancellation policy if you do not cancel 48 hours in advance. Please call #564 and leave a voicemail if we do not answer. This does not apply to external ticketed events. Once you have signed up you are responsible for the cost of the ticket.

Please note: The programs are subject to change based on availability of the staff, entertainers, supplies, and weather conditions. Thank you for your continued support & understanding.



If you have any questions about the Calendar, Please call Recreation Team at #555 & 564

Harmony Hill Store on the main level is open Monday-Friday 2-3:30 pm Closed Statutory Holidays