

HARMONY HAPPENINGS

The Red & Green Christmas Party with The Beez was fantastic! Santa (Aka Lawrence) popped in to say a few Hohoho's!



You did an amazing job decorating your walkers, canes and yourself!
Parkwood at Christmas was lovely!



It was so wonderful seeing your children, grand and great grandchildren visit for Story time with Santa...aka Lawrence!



In November you raised \$311.50 for the Prostate Foundation Canada, \$520.00 for the Legion and in December you raised \$505 for Hearth Place (cancer support) and \$956.25 for Simcoe Settlement House in Oshawa.



We had a very nice ladies Christmas Tea. The ladies shared their favourite Christmas memories and Chef Nelson made scrumptious treats!



We enjoyed lots of music this month from our Harmony Hill Choir led by Peter, carols with Ivan & Joan, The Whitby Community Band, The Mood Swing Band and a Children's Choir from Redemption Church Durham.



The present game was a hit but it got a bit intense when people started stealing gifts especially the wine bottle! We had a parade of Christmas cheer and made gingerbread houses!



Bob S. shared about hiking The Grand Canyon! Our puzzle makers are hard at work. Julia led our bridge refresher sessions. Men's Club had a fantastic dinner by Chef Nelson and speaker PC Kevin Dunlop and his police dog Taz!





Happy Birthday to all our December Birthday babies!!
Everyone is welcome to attend our monthly birthday parties and celebrate with us.





Hoofers Dance Group will be coming on Sunday, January 14th at 3:15pm. Please join us for a great presentation from a group of young people.

I had a few residents mention the idea of **Open Bar Bingo** so we are trying it on Thursday, January 4th. The bar will be open to get a drink from 7:00-7:15pm. Bingo ticket sales will start after and Bingo will start at 7:45pm.



Alzheimer Society

The Alzheimer's Society will be doing a workshop called "**First Steps for Care Partners or Dementia 101**" starting in February. It will be 4 weeks long, 2 hours each session. The dates are: February 8th, 15th, 22nd, 29th. The sessions build upon each other so please come to all four if you can.

A description of the workshop

Explore an overview of the dementia journey in an interactive and supportive atmosphere. Topics include: What is Dementia?, Adapting to Brain Changes, Planning Ahead, and Building a Circle of Support.

Please call #555 if you are interested in this workshop. Your family can also come to the workshops.

New Program: Readers Theatre



Do you like acting or improv? Would you like to participate in a casual reading of a skit called "Hip Check"? There is no pressure to be an "actor", it's casual, everyone reads their script. We will have props and dress like our characters which will be easy because the characters are seniors. We will perform for other residents who wish to come watch.



Chef Nelson is doing a cooking demo of how to make great pies! Sign up for Wednesday January 3rd at 3pm. P.S. there are always taste test!

Its Elvis's birthday on January the 8th so come for an Elvis Karaoke social time at 3:30pm.



We had a suggestion from a resident to host more discussion type programs so in January we've added "**Round Table - coffee & topical discussion group**". Please come and lets get some ideas going for topics. The program is highlighted in blue on the calendar the 10th and 24th at 3:30pm.



We are looking for more volunteers for our store. If you are interested in helping once in a while or being casual please call Mary G. 163. There is no handling of money or using a computer. You can help by pricing, stocking shelves and taking orders.

Bus, Sign up process and cancellation policy

Please read through these important notes. The **bus** now can accommodate 9 residents on any outing.

If you need to **cancel a program** or outing you must do it 48 hours ahead of time or you may be charged \$10 cancellation fee. **See full cancellation policy for details. Recreation or Concierge can give you a copy.**

For **ticketed events** once you sign up we purchase all the tickets upfront. Therefore, you are responsible for this ticket price whether you attend or not. If you wish to exchange with someone and they pay you for the ticket please let us know who is taking your spot.

To avoid confusion with **sign-up sheets** we will be removing the signup sheets that are full a week after the sign up day and putting them in our office. If you have a question about signing up for an event or wish to cancel please leave us a message at #564 or #555. If we do not answer, please let the phone ring until it goes to voicemail and leave us a message. If you have tried to leave a message for us and cannot please call concierge.

Welcome to all our new residents!

Len and Marg G, John V, Lynda D, Bill & Helen J, Karl & Lola

We are very honoured and thankful that you have chosen Harmony Hill as your new home. We can't wait to get to know you more!

We will have a **New Resident Orientation Tea** in February. Watch for details in February's calendar!

New Years Eve Party!

*We are celebrating **New Years Eve with the Beez on December 31st**. The party with entertainment officially runs from 8-10pm. (We've found in the past that most of you can't stay up much later! LOL) If you want to party longer we will be putting on the celebrations in the Theatre to watch on T.V. Please RSVP by signing up in the Activity Room.*

Please consider wearing a mask at the party unless eating or drinking. We also ask that if you can please get a rapid test 1 or 2 days before the event. See wellness.



Notes from Kristen

I would like to take this opportunity to share warm wishes to all of our residents, families and staff as we enter into the holiday season. There are a lot of troublesome events happening in the world today that no doubt impact many people we know. My wish for everyone is to spend some quality time with those you love and reconnect with others who you may not see as often as you wish. All the best for a successful and healthy 2024. ~ Kristen

We are pleased to announce that Tammy Pilon will be transitioning to a new role. Tammy has been our Resident Experience Manager for the last 2 years and has positively impacted our home in many ways. As we evaluated the needs to the leadership team at Harmony, we have decided to re-implement the Assistant Executive Director role. Tammy will move into this role effective January 1. Tammy will continue to do many of the same things she has been doing such as coordinating move ins, helping residents to settle into our home and troubleshooting issues as they arise. In addition to this, Tammy will also support initiatives in our housekeeping and recreation departments in collaboration with the managers in those areas. Tammy will work closely with Kristen to ensure our quality assurance initiatives move forward and resident / staff satisfaction are maximized. Please help me welcome Tammy into her new role!

Over the holidays we are going to close the pool so we can fix a number of tiles that are broken and do a full scrub of all tiles. Pool will be closed Dec 23-Jan 1. If work is completed before deadline we will open early.

The Medication Administration times at Wellness will be adjusted slightly starting January 1. Please ensure you come during the following times to get your medications. The PSW's may not be in the office to provide medications at other times.

7:15-9:15am | 11:00-12:15pm | 4:00-4:45pm | 5:15-5:45pm | 7:00-9:00pm