

CAROLINE PLACE TEAM

Nathan Silveira
General Manager

Vonnie Phonthaphanh
Office Manager

Natalie Sankar
Director of Care

Terri Ryckman
Recreation Manager

Robbie Elmer
Food Services Manager

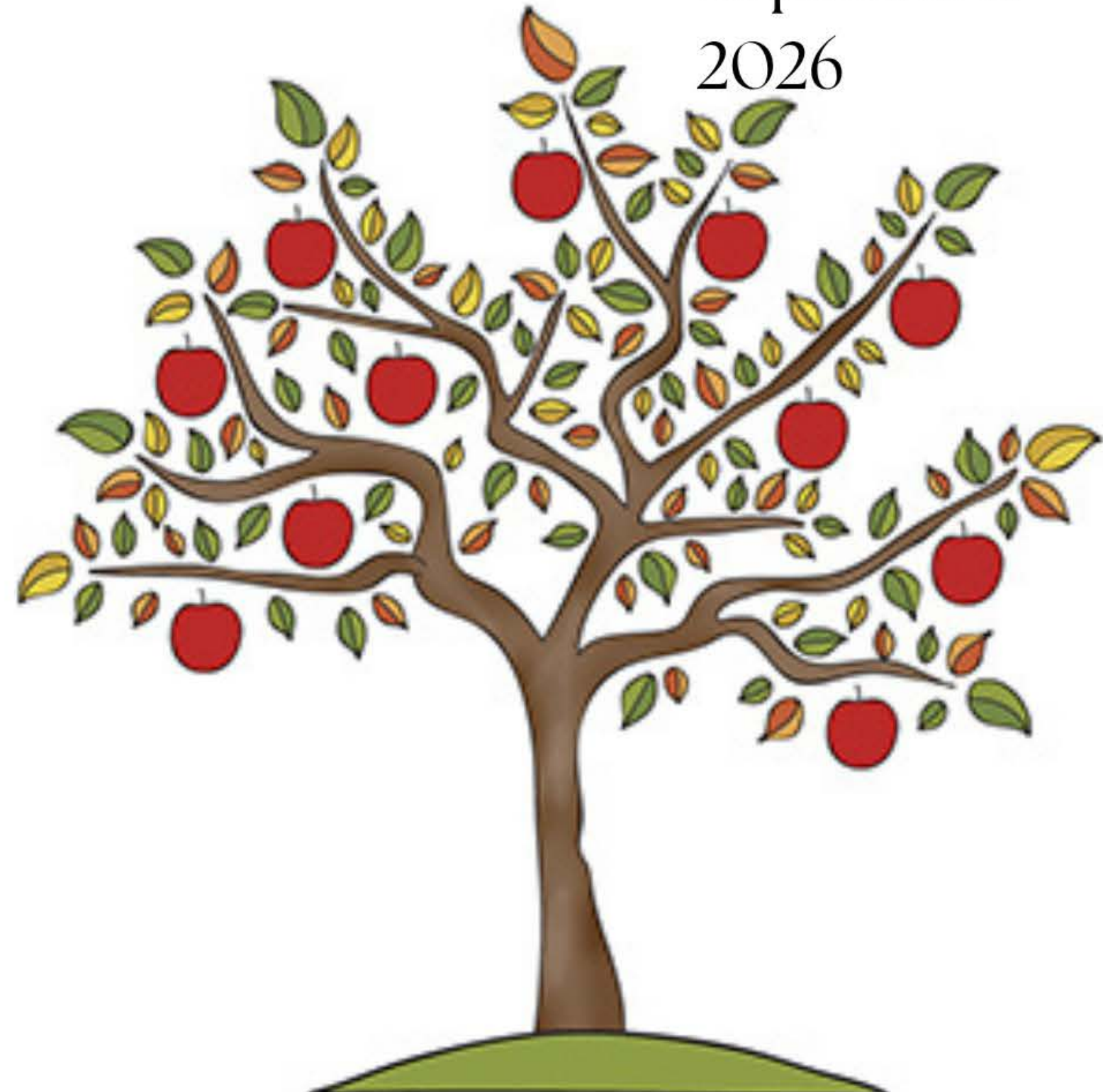
Gary Montgomery
Environmental Services Manager

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Sales Managers

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CAROLINE PLACE NEWSLETTER

September
2026



Resident Satisfaction Survey

Thank You for Sharing Your Voice!

A sincere thank you to everyone who participated in our Annual Resident Satisfaction Survey. We appreciate the time you took to share your feedback, ideas, and experiences. Your input plays an important role in helping us understand what we're doing well and where we can improve.

The survey is now closed, and Greenhouse Marketing, our independent third-party survey provider, is compiling and analyzing the results. All responses remain confidential. We're excited to review your feedback and use it to help shape future improvements at Caroline Place. Survey results and our action plan will be shared with residents in November.

Thank you again for your participation and ongoing support. Together, we continue to make Caroline Place a great place to call home.

Stay tuned for results and our action plan coming in November!

From the General Manager

As we welcome September, I want to start by extending a sincere thank you to everyone who took the time to complete our recent surveys. Your feedback is incredibly valuable and helps us understand what we are doing well, where we can improve, and how we can continue making Caroline Place a community we are all proud to call home.

September is always a special month as we begin the transition into the fall season. While cooler days and changing leaves are just around the corner, there is still plenty of summer left to enjoy! I encourage everyone to make the most of the sunshine, our outdoor spaces, and the activities and events planned throughout the month.

We continue to welcome new residents and families into our community, and I am excited about the energy and opportunities that the coming months will bring.

Thank you for your continued participation, feedback, and for being such an important part of our community.

Warmly,
Nathan Silveira
General Manager



September Outings

2nd - Scenic Drive & Stop at Devils Punch Bowl

7th - Scenic Country Drive

9th - Boat Ride in Oakville with Charter Ability

11th - Lunch at Swiss Chalet

14th - Shopping at Giant Tiger

16th - Carluke Apple Orchard & Store Front

18th Lunch Walk to A&W

21st - Shopping at Walmart

23rd - Grandads Donuts

25th - Shopping at Dollar Tree

28th - Lunch at The Beach House Port Dover

30th - Walking Through Gage Park

**Please sign up at the front desk.
Note that trips may be cancelled due to
weather conditions.**

September Birthdays

Allen J. 1st

Daniel R. 3rd

Delores B. 3rd

William G. 13th

Rendyl G. 13th

Joseph I. 16th

Elaine M. 27th

Anthony R. 29th

**Happy Birthday to everyone celebrating their
birthday, please join us for our birthday celebration
on September 18th at 2:00 pm in the Café/Lounge.**

Activities At A Glance

Our Recreation Department offers a variety of programs designed to support physical wellness, creative expression, cognitive stimulation, and social engagement. These activities provide opportunities for residents to connect with others, learn new skills, stay active, and have fun in a welcoming and supportive environment.

Writers' Circle & Poetry Club

A welcoming group for residents who enjoy writing, reading, and sharing poetry. Participants can bring their own poems, listen to others' work, exchange ideas, and enjoy meaningful discussions about creative writing.

Java Music Club

Java Music Club is a friendly social group where residents enjoy listening to music, sharing musical memories, and discussing different topics. The program promotes social interaction, reminiscence, and enjoyment through music.

Music & Memories Karaoke

A fun and interactive sing-along event where residents come together to enjoy favorite songs, share memories, and participate in karaoke. This program promotes social connection, laughter, and enjoyment through music.

Name That Tune Social

A lively social activity where residents listen to short clips of songs and try to guess the song title or artist. This engaging game encourages friendly competition, stimulates memory, and sparks conversations about favorite musical eras.

All activities & programs are listed on the monthly calendar.

Come Join the FUN!!!

Exercises Classes

It's a new day! Move at your own pace, because small steps today lead to stronger steps tomorrow.

Stay active and moving with our seated exercise classes! Designed to be performed safely from a chair, these low-impact exercises build strength, increase flexibility, and support overall wellness while providing a fun and social activity.

Crossword Connections

Residents work together as a team to solve a large crossword puzzle. This activity promotes problem-solving, teamwork, memory recall, and lively discussion as participants share ideas and clues.

Drum Circle

An interactive fitness and music program that combines movement and rhythm. Residents use drumsticks to follow along with the beat of the music, providing a fun cardiovascular workout while improving coordination and encouraging participation.

The Book Club

The Book Club is a friendly gathering where residents come together to discuss books, share thoughts and opinions, and enjoy meaningful conversation. The club promotes social connection, lifelong learning, and a love of reading in a welcoming and relaxed atmosphere.

Word in a Word Wednesday

A brain-stimulating word game where participants create as many words as possible from a single word. This activity challenges vocabulary skills, promotes friendly competition, and encourages group participation.

What's New

New Programs this Month

National Grand Parents Day

National Grandparents Day is a time to celebrate and appreciate the love, wisdom, and support that grandparents bring to our families and communities. Join us for our Tea Social in the Cafe/Lounge.

National Day of Truth and Reconciliation

Wear your Orange T-shirts for National Day for Truth and Reconciliation to honor survivors of residential schools, remember the children who never returned home, and reflect on the ongoing journey toward healing and reconciliation in Canada.

Treasures & Tales

Show and Tell for adults is a fun opportunity to share a meaningful item, hobby, collection, or story with others. It's a great way to spark conversation, learn something new, and connect through personal experiences.

Harmony & Hearts Singing Club

Come raise your voice and spread some holiday cheer! Join fellow residents for weekly singing sessions as we prepare for festive holiday performances. All skill levels are welcome.

Check your Calendar for all Program Dates & Times

What's New

The WOW Board

(Words of Appreciation Wall)

The WOW Board is a special recognition board created to give residents an opportunity to express their appreciation for our dedicated staff. Residents are encouraged to write notes, letters, or messages of thanks and post them on the board to recognize staff members who have made a positive difference in their day.

Our staff work tirelessly to provide compassionate care, support, kindness, and encouragement each and every day. The WOW Board serves as a meaningful way for residents to acknowledge these efforts and let staff know how much they are valued.

Whether it's a simple thank you, a kind word, or a heartfelt message, every note helps celebrate the caring relationships that make our community feel like home. Through the WOW Board, we can show our staff just how much we truly appreciate all that they do for us day in and day out.

"A few kind words can make a big difference. Let's celebrate our amazing staff, one WOW at a time!" 

Simply drop off your note at the front desk and they will make sure it is posted for everyone to see.

What's New

Caroline Place Tuck Shop

TUCK SHOP

GOODIES & ESSENTIALS Galore!

Join us for our
TUCK SHOP!

• MONDAY MORNINGS •

9:30 AM

We're selling:

- POP & CHIPS
- WATER
- CANDIES
- CHOCOLATE BARS
- TOILET PAPER
- TOOTHPASTE
- LAUNDRY SOAP
- ESSENTIAL NEEDS
- AND OTHER LITTLE GOODIES!

Something for everyone!

**COME ON DOWN AND
Treat Yourself!**

THE LITTLE THINGS THAT MAKE A BIG DIFFERENCE!

CASH ONLY

New Items Added Weekly - Please let Terri know if there is an item you would like to see added to the list!

TUCK SHOP

PRICE LIST

Thank you for supporting our Retirement Home!

Your purchases make a difference!

PERSONAL HYGIENE

Kleenex	\$1.50
Cotton Swabs	\$1.50
Nail File	\$2.00
Nail Clippers	\$2.50
Mouth Wash	\$3.50
Tooth Paste	\$2.00
Tooth Brush	\$1.50
Toilet Paper	\$3.00
Bar Soap	\$2.00
Men Body Wash	\$3.00
Women Body Wash	\$3.00
Men Deodorant	\$3.50
Women Deodorant	\$3.50

HOUSEHOLD ITEMS

Dish Soap	\$2.00
Tea Towels	\$3.00
Laundry Detergent	\$5.00
Paper Towel	\$2.50

SNACKS & DRINKS

Hard Candy	\$2.50
Chocolate Bars	\$1.25
Cookie Tin	\$2.50
Chips	\$1.25
Pop	\$1.25
Water	\$1.00

OTHER ITEMS

Puzzle Books	\$2.00
Greeting Cards	\$2.00

Thank you for your support!

Enjoy your day!

We Appreciate You!