

CAROLINE PLACE TEAM

Nathan Silveira
General Manager

Vonnie Phonthaphanh
Office Manager

Brooke Rioux
Director of Care

Nicole Bryans
Recreation Manager
Caroline Place
Retirement Residence
Robbie Elmer

Food Services Manager

Gary Montgomery
Environmental Services Manager

Erin Cassell & Natasha Stasiuk
Sales Managers



118 Market Street, Hamilton



905-548-7660

CAROLINE PLACE NEWSLETTER

June 2026

Caroline Place
Retirement Residence

UPCOMING SERVICES

Hairdresser— Every Thursday and Friday

Esthetician— Every other Tuesday

Chiropodist— The second Thursday of each month

LifeLabs - Visits every Thursday all lab requisitions must be submitted to the front desk by Tuesday each week

Hearing Clinic— Wednesday, June 3rd

Please sign up at the front desk

A FAREWELL

I would like to share that I will be leaving my role as Director of Care at Caroline Place, with my last day being June 5th.

I wanted to take this opportunity to thank all of our residents and families for allowing me to be part of your lives and this community over the past while. It has been a privilege getting to know so many of you and being part of your journey here at Caroline Place.

I am grateful for the support, kindness, and relationships built during my time here. I have appreciated the opportunity to work alongside residents, families, and staff and will take many positive memories with me.

Thank you again for your trust and support. I wish everyone all the best moving forward.

Brooke

MONTHLY OUTINGS

Sign up at the concierge desk for some fun outings this month.

June 1st - Shopping Trip to Giant Tiger (Seniors Discount- 10% off)

June 3rd - Refreshments at Harbour Grounds Cafe

June 5th - Lunch at District Kitchen Bar

June 8th - Shopping at Food Basics

June 10th - Spring Scenic Drive

June 15th - Shopping & Light Lunch at Denninger's

June 17th - Lunch at Just Cooking Rustic Italian

June 19th - Refreshments at Crown and Press -

A Julia Veenstra Gallery and Cafe

June 22nd - Shopping at Walmart

June 24th - Ice Cream at Scoops

June 29th -Lunch at Moxies Grill and Bar



ROOM RENTALS

Looking to host a gathering for friends or family? Caroline Place offers a welcoming space for your special event. You are welcome to bring in food of your choice for your event.

For more information or to book a room, please contact Nicole.

Fees & Services:

- Room Rental & Cleaning Fee: \$50
- Coffee & Tea Refreshment Service: \$10
- Food options available through Caroline Place: Fee available upon request
- All catered events through Caroline Place come with a free room rental

REFERRAL PROGRAM

Unlock the Power of Connection

Earn Rewards with Our New Referral Program

At Caroline Place Retirement Residence, we believe exceptional living is even better when shared.

Here's how it works: refer a friend, neighbour, or family member to join our welcoming community. When they move in, you'll **both receive a \$500 credit** as a thank you.

Share the experience.
Strengthen your community.
Get rewarded.



MONTHLY BIRTHDAYS

Robert A - June 3rd

Jim J - June 3rd

Zuzana J - June 11th

Helen M - June 21st

Margaret L - June 27th

Jim R - June 29th



Happy Birthday to everyone celebrating their birthday, please join us for a birthday celebration on June 26th at 2:00pm in the Café/Lounge.

A MESSAGE FROM THE GM

As we move into June, it finally feels like summer is here. The warmer weather, longer days, and busy calendar of activities bring a renewed energy throughout Caroline Place. This is a wonderful time of year to get outdoors, spend time with friends and family, and take part in the many events and celebrations planned for our community.

This month is especially exciting as Canada joins the world stage as one of the host nations for the FIFA World Cup. Soccer has a way of bringing people together across generations, cultures, and countries, and we look forward to celebrating throughout the tournament. Residents can expect game viewings, themed activities, friendly competitions, and plenty of opportunities to cheer on their favourite teams. Whether you're a passionate soccer fan or simply enjoy the excitement and sense of community that comes with a major international event, there will be something for everyone to enjoy.

June also brings some changes to our team. We would like to congratulate Nicole as she begins her maternity leave and wish her and her family all the very best during this exciting chapter. We would also like to thank Brooke for her contributions to Caroline Place and wish her continued success as she moves on to a new opportunity.

While it is always difficult to say goodbye to valued team members, we are equally excited to welcome two new managers to our leadership team. Their experience, enthusiasm, and fresh perspectives will help us continue building on the great work happening throughout the residence and support our commitment to making Caroline Place the home and heart of the city.

As always, thank you for being part of our Caroline Place family. It is a privilege to serve this community, and I look forward to sharing a fun-filled summer with all of you as we continue creating meaningful experiences, lasting friendships, and a place we are proud to call home.

Warm regards,
Nathan Silveira
General Manager

MONTHLY HIGHLIGHTS

June is Seniors Month

A time to recognize and celebrate the incredible contributions, wisdom, and experiences of older adults in our community. Throughout the month, we honour the seniors who continue to inspire us through their strength, kindness, resilience, and lifelong stories. Seniors Month is also an opportunity to promote connection, inclusion, and appreciation for the important role seniors play in enriching our lives each and every day. The theme this year is “Ontario Seniors – Let’s Get Moving” highlighting the importance of wellness, active living, social connection, and community engagement for older adults.



National Donut Day - June 5th

A fun food holiday that celebrates donuts. It was originally created in 1938 by The Salvation Army to honour the women who served donuts to soldiers during World War I.



National Iced Tea Day - June 10th

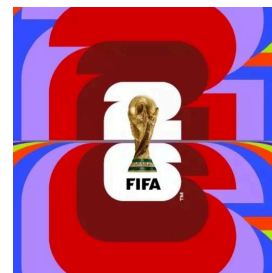
A day to enjoy and celebrate the refreshing beverage of iced tea, especially as the weather warms up in June.



MONTHLY HIGHLIGHTS

FIFA World Cup - June 11th - July 19th

The FIFA World Cup is the world’s largest international soccer tournament, bringing together countries from around the globe to compete for the championship title. Held every four years, the tournament celebrates athleticism, teamwork, culture, and national pride. The 2026 FIFA World Cup will be especially historic as it will be jointly hosted by Canada, the United States, and Mexico, and will feature an expanded format with 48 teams competing across North America.



National Root Beer Day - June 17th

A sweet, carbonated soft drink traditionally made with flavors from roots, herbs, bark, and spices such as sassafras and vanilla. Root beer has been a popular North American beverage for generations and is often associated with diners, drive-ins, and classic summertime treats. Brands such as A&W Root Beer, Mug Root Beer, and Barq's are some of the most well-known varieties enjoyed today.



Fathers Day - June 21st

A day to honour and celebrate fathers, father figures, and paternal bonds. It’s observed on the third Sunday of June in many countries.



First Day of Summer - June 21st

Marks the summer solstice in the Northern Hemisphere, the longest day of the year and the official start of summer.

