

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend:</p> <p>(DR)-Dining Room (CL)-Café/ Lounge (C)- Cottage (FL)- Front Lobby (L)- Library (SG)- Secret Garden</p> <p>1</p>	 <p>2</p> <p>9:30-10:30(C) Tai Chi with Harvey 2:00(C) Movie: Your Pick!</p>	<p>3</p> <p>Esthetician Today 10:15(SG) Garden Care 10:30(C) Brain Joggers 1:20(C) Funny Animal Videos 2:00(C) Bingo 3:15(FL) Outdoor Stroll 7:00(C) Toast Masters</p>	<p>4</p> <p>Hairdresser Today Shuttle Today 9:30(SG) Garden Care 10:00 TRIP *Sign up* Walmart 1:30(C) Technology Help 2:00(C) DRUMBALL 3:00(C) Outdoor Stroll</p>	<p>5</p> <p>10:00(L) Exploring Scriptures 10:15(SG) Garden Care 11:00(C) Seated Dance Class 2:00(C) Painting Class 3:30(C) Documentary: Our Universe</p>	<p>6</p> <p>Hairdresser Today 10:00(SG) Garden Care 10:15(C) JAVA Music Club 2:00(CL) Happy Hour with Dave Tabone</p>	<p>7</p> <p>1:00(C)(N) Movie: The Other Women 2:00(CL) Cribbage 3:30(C) NEW: Sing a longs with Songs for Strength 7:00(C)(N) Movie: The Long Game</p>
 <p>8</p> <p>2:00(CL) Entertainment with Brad Boland</p>	<p>9</p> <p>Hairdresser Today Shuttle Today 10:15(SG) Garden Care 10:30 TRIP *Sign up* Red Lobster 10:00(C) Church Service 2:00(C) DRUMBALL 3:00(FL) Outdoor Stroll</p>	<p>10</p> <p>Esthetician Today Mobile Optometrist Service 10:15(SG) Garden Care 10:30(C) Brain Joggers 1:20(C) Funny Animal Videos 2:00(C) Bingo 3:15(FL) Outdoor Stroll 7:00(C) Toast Masters</p>	<p>11</p> <p>Hairdresser Today Shuttle Today 9:30(SG) Garden Care 10:00 Trip *Sign up* Animal Farm in Ancaster 1:30(C) Technology Help 2:00(C) Jeopardy 3:00(C) Documentary: The Secret Lives of Orangutangs</p>	<p>12</p> <p>10:15(SG) Garden Care 11:00(C) Seated Dance Class 2:00-3:00(CL) Sparkling Pear Punch Social 3:30(C) Documentary: Mountain Queen the Summit of Lhakpa Sherpa</p>	<p>13</p> <p>10:00(SG) Garden Care 10:15(C) JAVA Music Club 2:00(CL) Happy Hour with Kim Atkins</p>	<p>14</p> <p>2:00(C)(N) Movie: Dragonfly 2:00(CL) Cribbage 7:00(C)(N) Movie: Holiday in the Wild</p>
<p>10:30(C)(yt) Hymn Sing 2:00(C)(N) Movie: Aloha 2:00(N) Movie: Madeline</p> <p>15</p>	<p>16</p> <p>Hairdresser Today Shuttle Today 10:00 TRIP *Sign up* Dollar Tree 10:00(C) Church Service 10:15(SG) Garden Care 2:00-4:00(C) Poker with Desi</p>	<p>17</p> <p>Esthetician Today 10:15(SG) Garden Care 10:30(C) Brain Joggers 1:20(C) Funny Animal Videos 2:00(C) Bingo 3:00(C) DRUMBALL 7:00(C) Toast Masters</p>	<p>18</p> <p>Hairdresser Today Shuttle Today 1:00-4:00 Animal Care Service 10:30(SG) Garden Care 10:00 Trip *Sign up* Museum & Archives In Dundas 2:00(C) Crafts 3:30(FL) Music Appreciation</p>	<p>19</p> <p>10:00(L) Exploring Scriptures 11:00(C) Seated Dance 11:30(SG) Garden Care 4:00(DR) 14th Year Anniversary for Caroline Place Residence</p>	<p>20</p> <p>Hairdresser Today Shuttle Today 10:00(SG) Garden Care 10:15(C) JAVA Music Club 10:30 TRIP *Sign up* Grieg and Sibelius Talk & Tea 12:30-3:30 Open House Event 2:00(CL) Happy Hour with Brad James</p>	<p>21</p> <p>2:00(C)(N) Movie: The Irish Wish 2:00(CL) Cribbage 7:00(C)(N) Movie: Monk <u>World Alzheimer's Day!</u></p>
<p>10:30(C)(yt) Hymn Sing 2:00(C)(N) Movie: The Secret Dare to Dream</p> <p>22</p> <p><u>First Day of Fall!</u></p>	<p>23</p> <p>Hairdresser Today Shuttle Today 10:00 TRIP *Sign up* Giant Tiger 10:00(C) Church Service 10:15(SG) Garden Care 2:00(C) DRUMBALL 3:00(C) Music Appreciation</p>	<p>24</p> <p>Esthetician Today 10:15(SG) Garden Care 10:30-11:30(C) Book Club 1:20(C) Funny Animal Videos 2:00(C) Bingo 7:00(C) Toast Masters</p>	<p>25</p> <p>Hairdresser Today Shuttle Today 10:00 TRIP *Sign up* Picard's 1:30(C) Technology Help 2:00(C) Dancing with Parkinsons 3:00(C) Documentary: The Island of the Sea Wolves</p>	<p>26</p> <p>10:15(SG) Garden Care 11:00(C) Seated Dance Class 2:00(C) Townhall Meeting 3:00(C) Food Meeting</p>	<p>27</p> <p>10:00(SG) Garden Care 10:15(C) JAVA Music Club 2:00(CL) Happy Hour with Paula French</p>	<p>28</p> <p>2:00(C)(N) Movie: My Hero's Were Cowboys 2:00(CL) Cribbage 7:00(C)(N) Movie: Gifted Hands the Ben Carson Story</p>
<p>10:30(C)(yt) Hymn Sing 2:00(C)(N) Movie: Fatherhood</p> <p>29</p>	<p>30</p> <p>Hairdresser Today Shuttle Today 10:00 TRIP *Sign up* Shoppers 10:00(C) Church Service 2:00(C) Falls Prevention Presentation 3:00(C) Video on National Truth & Reconciliation Day! <u>Wear Orange!</u></p>					

EXERCISE SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:30AM-10:30AM	GENERAL EXERCISE (CAFE)	GENERAL EXERCISES (CAFE)	SEATED TAI CHI (COTTAGE)	GENERAL EXERCISE (CAFE)	
10:30AM-11:30AM	RACKET BALLOON (CAFE)	ADVANCED EXERCISES (CAFE)		ADVANCED EXERCISE (CAFE)	
10:45AM-11:45AM			GENERAL EXERCISE (CAFE) VON-Cedric		GENERAL EXERCISE (CAFE) VON-Rushabh
1:00PM-2:00PM	ADVANCED EXERCISE (CAFE) VON- Emily				



What to Look Out for This Month!

- ❖ Tai Chi with Harvey on Labor Day
- ❖ Mobile Optometrist Service
- ❖ Sparkling Pear Punch Social
 - ❖ Poker with Desi
- ❖ In Person Animal Care Service
- ❖ 14th Year Anniversary for Caroline Place
 - ❖ Open House Event
 - ❖ Falls Prevention Presentation
- ❖ National Truth & Reconciliation Day: Wear Orange
- ❖ Entertainment with Brad Boland on Grandparents Day
 - ❖ **NEW: Sing a longs Program**
 - ❖ Trips:
 - ❖ Walmart
 - ❖ Giant Tiger
 - ❖ Hamilton Philharmonic
 - ❖ Animal Farm in Ancaster
 - ❖ Dollar Tree
 - ❖ Dundas Museum
 - ❖ Red Lobster for Lunch
 - ❖ Picard's
 - ❖ Trip to Shoppers

S G I V I S G W O R C E R A C S
 C O L L A H S C A E I T H R E W
 P U M P K I N O K S D E R O R O
 T R L U N S R A L L E R D C O R
 H D E M L B O N F I R E I H N A
 A C A R L O C A R A E L C E E N
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 T R L P H A G O U E R I F Y A E
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 H O O R H E D I R Y A H S E V U
 E R F R E N E Y O U R F N O B P
 E N E N A E H S C R O W O L L E

WORD BANK

ACORNS
 APPLES
 BONFIRE
 CIDER
 CORN
 FOOTBALL
 GOURD
 HALLOWEEN
 HARVEST
 HAYRIDE
 LEAVES
 PUMPKIN
 ORANGE
 RED
 SCARECROW
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