

| Sunday                                                                                                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                                                                  | Friday                                                                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                                                                                                                                |
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|                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                          | 10:00 Rise, Shine N Stretch (G) <b>1</b><br>10:30 It Happened in September Quiz (C)<br>11:00 Pump It Up (G)<br>2:00 Cribbage (L)<br>2:30 Play and Stay, Sandwich Ice Cream (C)<br>3:00 Aquafit Class (S)<br>3:30 Happy Hour (B)<br>6:40 Baseball Game Jays VS Guardians (B/FL)                                                                               | 9:30 Walking Club (H) <b>2</b><br>10:00 Fit N Fun Fitness (G)<br><b>10:45 Music with Virginia (CA)</b><br>11:00 Movement Matters (G)<br><b>1:30 Convair – Pearson Airport Scenic Drive (Outing)</b><br>2:30 RINGO Card Game (C)<br>3:45 Balloon Badminton (MH)<br>6:30 Euchre Night (L)                                                | <b>Hearing Clinic (10:00-2:00) 3</b><br>9:30 Walking Club (H)<br>10:00 Rise, Shine N Stretch (G)<br>10:30 Dot Doodles (CA)<br>11:00 Pump It Up (G)<br>11:00 Scattagories (L)<br>2:30 You Be he Judge (C)<br>3:30 Happy Hour (B)<br>5:00 SJA Pet Therapy with Beatriz and Maya (CA)                                                                        | <b>Footcare Clinic (10:00-3:00) 4</b><br>10:00 Endurance Exercise (G)<br>10:30 Spanish Words Used in English (C)<br>11:00 Cardiac Circuit (G)<br>11:00 Scrabble Club (C)<br>2:00 Hit or Miss Bowling Fun (CA)<br>3:00 Roasted Corn and Country Music Social (C)<br>4:00 Group Wordle Game (CA)<br>6:30 Movie Night: Run All Night (CA)           | Pick Up A Daily Chronicle <b>5</b><br>Front Desk<br>9:00 Pet Therapy: Laura & Leo (CA)<br>9:30 Walking Club (H/O)<br>10:30 Happy Coloring (C)<br>2:00 Billiard (MPR)<br>2:30 Reading Club (L)<br>3:00 Euchre (C)<br>3:30 Lotto 6/49 Game (C)<br>6:00 Baseball Game Jays VS Royals (B/FL)                                                                |
| 10:00 Live Sunday Mass (TV) FL <b>6</b><br>10:15 Walking Club (O/WB)<br>11:00 The Great Debate with Dario “Should College Be Tuition Free?” (C)<br>2:00 Dominoes (C)<br>2:00 Rummoli Cards Game (L)<br>3:00 Balloon Badminton (MH)                                                     | Happy Labour Day <b>7</b><br>10:30 Hangman (C)<br>2:00 Scriptures Sharing and Praying Time (L)<br>2:00 Men’s Billiard (MPR)<br>3:30 BINGO! (C)<br>5:30 Pet Therapy with Siv and Kaya (CA)<br>6:15 Knight Life Chess Club (C)<br>Labor Day                                                                                                                                                | 10:00 Rise, Shine N Stretch (G) <b>8</b><br>10:30 Ring Toss Game (S)<br>11:00 Cranium Crunches (C)<br>11:00 Pump It Up (G)<br>2:00 Cribbage (L)<br>2:30 Hand Massage (L)<br>3:00 Aquafit Class (P)<br>3:30 Happy Hour (B)<br>5:45 Scrabble Night (C)<br>6:40 Baseball Game Jays VS Athletics (B/FL)                                                          | 9:30 Walking Club (H) <b>9</b><br>10:00 Fit N Fun Fitness (G)<br><b>10:00 Port Credit Harbour (Outing)</b><br>10:30 Family Feud (C)<br>11:00 Movement Matters (G)<br>2:30 RINGO Card Game (C)<br><b>3:00 Drumming Ripple Rhythm (CA)</b><br>3:45 Balloon Badminton (MH)<br>6:30 Euchre Night (L)                                       | <b>Vendor Treasure Stand (9:30-3:00) 10</b><br>9:30 Walking Club (H)<br>10:00 Rise, Shine N Stretch (G)<br>10:30 Charades (C)<br>11:00 Pump It Up (G)<br>11:00 Scattagories (L)<br><b>2:00 Seminar on Financial Presentation by Edward Jones (MH)</b><br>3:00 Seated Zumba (CA)<br>3:30 Happy Hour (B)<br>5:00 SJA Pet Therapy with Beatriz and Maya (CA) | 10:00 Endurance Exercise (G) <b>11</b><br><b>10:15 SJF Catholic Church Service (L)</b><br>10:30 Suzie Q Sing Along (CA)<br>11:00 Cardiac Circuit (G)<br>11:00 Scrabble Club (C)<br>2:00 Seated Volleyball (CA)<br>3:00 Activity Planning Meeting (L)<br>4:00 Group Wordle Game (CA)<br>6:30 Movie Night: Courageous (CA)<br>Rosh Hashanah Begins | Pick Up A Daily Chronicle <b>12</b><br>Front Desk<br>9:00 Pet Therapy: Laura & Leo (CA)<br>9:30 Walking Club (H/O)<br>10:45 Fun Karaoke (L)<br>2:00 Billiard (MPR)<br>2:30 Fancy Fun Nail Painting (C)<br>3:00 Euchre (C)<br>3:30 Lotto 6/49 Game (C)<br>3:00 Baseball Game Jays VS Orioles (B/FL)                                                      |
| 10:00 Live Sunday Mass (TV)FL <b>13</b><br>10:15 Walking Club (O/WB)<br>11:00 Unscramble Word (C)<br>1:30 Baseball Game Jays VS Orioles (B/FL)<br>2:00 Dominoes (C)<br>2:00 Rummoli Cards Game (L)<br>2:30 The Grand Puzzle (C)<br>3:00 Add ‘Em Up! Dice Game (CA)<br>Grandparents Day | <b>Safari Themed Day 14</b><br>10:00 Fit N Fun Fitness (G)<br>10:30 Hangman (C)<br>11:00 Cardiac Circuit (G)<br><b>11:00 ZOO to You, Animals Visit (CA)</b><br>2:00 Scriptures Sharing and Praying Time (L)<br>2:00 Men’s Billiard (MPR)<br>2:30 BINGO! (C)<br><b>3:00 Safari Party w Zack Erickson (CA)</b><br>5:30 Pet Therapy with Siv & Kaya (CA)<br>6:15 Knight Life Chess Club (C) | 10:00 Rise, Shine N Stretch (G) <b>15</b><br>10:30 Aquafit Class (S)<br>11:00 Words That Starts with S Quiz (C)<br>11:00 Pump It Up (G)<br>2:00 Cribbage (L)<br>2:30 Java Club {L)<br>3:30 Happy Hour (B)<br>5:45 Scrabble Night (C)<br>7:00 Baseball Game Jays VS Tigers (B)                                                                                | 9:30 Walking Club (H) <b>16</b><br>10:00 Fit N Fun Fitness (G)<br><b>10:30 Alzheimer Peel Presents: Dementia Friendly Community (MH)</b><br>11:00 Movement Matters (G)<br>2:00 Mexican Word Search (C)<br>2:30 RINGO Card Game (C)<br>3:00 Baseball Game Jays VS Tigers (B/FL)<br>3:45 Balloon Badminton (MH)<br>6:30 Euchre Night (L) | 9:30 Walking Club (H) <b>17</b><br>10:00 Rise, Shine N Stretch (G)<br>10:30 Cornhole Game (CA)<br>11:00 Pump It Up (G)<br>11:00 Scattagories (L)<br><b>2:00 Seminar on Wils and Estate Planning by Simson Law</b><br>3:00 Seated Zumba (CA)<br>4:00 Happy Hour (B)<br>5:00 SJA Pet Therapy with Beatriz and Maya (CA)<br>6:00 Dance Party (CA)            | 10:00 Endurance Exercise (G) <b>18</b><br>10:30 What Am I? Guess The Mystery Thing! (C)<br>11:00 Cardiac Circuit (G)<br>11:00 Scrabble Club (C)<br>2:00 Hit or Miss Bowling Fun (CA)<br>3:00 Wine and Cheese Social (C)<br>4:00 Group Wordle Game (CA)<br>6:30 Movie Night: The Heat (CA)                                                        | Pick Up A Daily Chronicle <b>19</b><br>Front Desk<br>9:00 Pet Therapy: Laura & Leo (CA)<br>9:30 Walking Club (H/O)<br><b>9:30 Polish Festival – Toronto (Outing)</b><br>10:30 Happy Coloring (C)<br>2:00 Billiard (MPR)<br>2:30 Craft Corner: Pressed Dried Flowers – sign Up! (C)<br>3:00 Euchre (C)<br>3:30 Lotto 6/49 Game (C)<br>Oktoberfest Begins |
| 10:00 Live Sunday Mass (TV)FL <b>20</b><br>10:15 Walking Club (O/WB)<br>11:00 Unscramble Word (C)<br>2:00 Dominoes (C)<br>2:00 Rummoli Cards Game (L)<br>2:30 Charades Game (C)<br>3:00 Balloon Badminton (CA)<br>Yom Kippur Begins                                                    | World Gratitude Day <b>21</b><br>10:00 Fit N Fun Fitness (G)<br>10:30 Hangman (C)<br>11:00 Cardiac Circuit (G)<br>11:00 IT Support (L)<br>2:00 Scriptures Sharing and Praying Time (L)<br>2:00 Men’s Billiard (MPR)<br>2:30 Price is Right (C)<br>3:30 BINGO! (C)<br>5:30 Pet Therapy with Siv and Kaya (CA)<br>6:15 Knight Life Chess Club (C)                                          | 10:00 Rise, Shine N Stretch (G) <b>22</b><br>10:30 Ring Toss Game (S)<br><b>11:00 Anglican Church Service with Father Stone (L)</b><br>11:00 Pump It Up (G)<br>2:00 Cribbage (L)<br>2:30 Add Em Up! Dice Game (CA)<br>3:00 Aquafit Class (P)<br>3:30 Happy Hour (B)<br>5:45 Scrabble Night (C)<br>6:30 Baseball Game Jays VS Orioles (B/FL)<br>Autumn Begins | 9:30 Walking Club (H) <b>23</b><br>10:00 Fit N Fun Fitness (G)<br><b>10:00 Walmart (Outing)</b><br>10:30 English Words with German Origin (C)<br>11:00 Movement Matters (G)<br>2:00 Baking Demo with Maria (C)<br>2:45 RINGO Card Game (C)<br><b>3:30 FIRE DRILL</b><br>4:00 Balloon Badminton (MH)<br>6:30 Euchre Night (L)           | 9:30 Walking Club (H) <b>24</b><br>10:00 Rise, Shine N Stretch (G)<br>10:30 Cornhole Game (CA)<br>11:00 Pump It Up (G)<br>11:00 Scattagories (L)<br><b>2:00 Seminar on Register Disability Credit by CSR Wealth Management (MH)</b><br>3:00 Seated Zumba (CA)<br>4:00 Happy Hour (B)<br>5:00 SJA Pet Therapy with Beatriz and Maya (CA)                   | 10:00 Endurance Exercise (G) <b>25</b><br><b>10:15 SJF Catholic Church Service (L)</b><br>10:30 Junk Drawer Detective (C)<br>11:00 Cardiac Circuit (G)<br>11:00 Scrabble Club (C)<br>2:00 Town Hall Meeting (MH)<br>3:00 Seated Volleyball (CA)<br>4:00 Group Wordle Game (CA)<br>6:30 Movie Night: Sully (CA)<br>Sukkot Begins                  | Pick Up A Daily Chronicle <b>26</b><br>Front Desk<br>9:00 Pet Therapy: Laura & Leo (CA)<br>9:30 Walking Club (H/O)<br>10:45 Fun Karaoke (L)<br>2:00 Billiard (MPR)<br>2:30 Fancy Fun Nail Painting (C)<br>3:00 Euchre (C)<br>3:00 Baseball Game Jays VS Reds (B/FL)<br>3:30 Lotto 6/49 Game (C)                                                         |
| 10:00 Live Sunday Mass (TV)FL <b>27</b><br>10:15 Walking Club (O/WB)<br>11:00 Unscramble Word (C)<br>2:00 Dominoes (C)<br>2:00 Rummoli Cards Game (L)<br>3:00 Add ‘Em Up! Dice Game (CA)<br>3:00 Baseball Game Jays VS Reds (B/FL)                                                     | 10:00 Fit N Fun Fitness (G) <b>28</b><br>10:30 Hangman (C)<br>11:00 Cardiac Circuit (G)<br>11:00 Name That Tune (L)<br>2:00 Scriptures Sharing and Praying Time (L)<br>2:00 Men’s Billiard (MPR)<br>2:30 Group Sudoku Game (C)<br>3:30 BINGO! (C)<br>5:30 Pet Therapy with Siv and Kaya (CA)<br>6:15 Knight Life Chess Club (C)                                                          | 10:00 Rise, Shine N Stretch (G) <b>29</b><br>10:30 Aquafit Class (S)<br>11:00 September in History Presentation (C)<br>11:00 Pump It Up (G)<br><b>11:45 Red Lobster (Outing)</b><br>2:00 Cribbage (L)<br><b>3:00 Birthday Party with Mark Kersey (CA)</b><br>4:00 Happy Hour (B)<br>5:45 Scrabble Night (C)                                                  | 9:30 Walking Club (H) <b>30</b><br>10:00 Fit N Fun Fitness (G)<br>10:30 German Jeopardy Trivia (C)<br>11:00 Movement Matters (G)<br>2:00 Jewelry Making (C)<br>2:30 RINGO Card Game (C)<br>4:00 Balloon Badminton (MH)<br>6:30 Euchre Night (L)                                                                                        | <div>  </div>                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                         |



# Out and About at BRR

