

Sunday

Monday

Tuesday




Wednesday

Thursday

Friday

Saturday

November 2024

					<p>Foot Care Clinic 1</p> <p>10:00 Endurance Exercise 11:00 Cardiac Circuit 11:00 News & Views 1-3 Henna Tattoos 3:30 ArmChair Travel: India <i>7:00 Movie Night: Bullet Train</i> <small>Diwali (Hindu)</small></p>	<p>2</p> <p>Pick Up A Daily Chronicle @ Front Desk</p> <p>2:00 BINGO w/ Jessie</p> 
<p>3</p> <p>10:00 Live Sunday Mass (TV) – FL</p> <p>Fall Back! Clocks Change **</p> <p><small>Daylight Saving Time Ends</small></p>	<p>4</p> <p>10:00 Fit N Fun Fitness 11:00 Cardiac Circuit 11:00 Tea & Trivia Hour 2:00 Colouring Poppies 2:00 Shoppers Drug Mart Outing (Sign-Up) 3:30 B.I.N.G.O.! 8:30 Devils Vs Oilers Hockey Game -FL</p>	<p>5</p> <p>10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 Father Stone Anglican Church Service 2:30 Diwali Party 3:00 Aquafit Class 4:00 Happy Hour </p>	<p>6</p> <p>10:00 Fit N Fun Fitness 11:00 Movement Matters 11:00 Word Search Battle 2:00 RINGO Card Game & Chips 4:00 Boomwhackers W/ Jessie 6:45 SJA Pet Therapy Visit W/ Lola!</p>	<p>7</p> <p>10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 True OR False 2:00 High Tea Social 3:00 Board Games Social 4:00 Happy Hour</p>	<p>8</p> <p>10:00 Endurance Exercise 10:30 SJF Catholic Rosary & Communion 11:00 Cardiac Circuit 11:00 Fancy Fun Nails 4:00 Photobooth 5:00 Formal Dinner Night Featuring Live Cello Player!</p>	<p>9</p> <p>Pick Up A Daily Chronicle @ Front Desk</p> <p>Vendor Sale 9:00am – 12:00pm Girl Guides Cookies</p>
<p>10</p> <p>10:00 Live Sunday Mass (TV) – FL</p> <p>Generational Pathways 2:00-4:00 Painting Session</p>	<p>11</p> <p>10:00 Fit N Fun Fitness 11:00 Cardiac Circuit 11:00 Moment of Silence 2:00 Trivia Hour 3:00 Remembrance Day Service w/ The Legion 4:00 B.I.N.G.O! 8:30 Kings Vs. Flames -FL  <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12</p> <p>10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 Scrabble 2:30 Ripple Rhythm Drumming 4:00 Happy Hour</p>	<p>13</p> <p>10:00 Fit N Fun Fitness 11:00 Movement Matters 11:00 Word Search Battle 2:00 Walker Tune Ups 2:00 RINGO Card Game & Chips 4:00 Whiteboard Hang-Man 6:45 SJA Pet Therapy Visit W/ Lola!</p>	<p>14</p> <p>10:00 Rise, Shine N Stretch 10:00 Woodbine Casino Outing (Sign-Up) 11:00 Pump It Up 11:00 Name That Tune! 2:00 Lotto 6/49 3:00 Colouring Club</p>	<p>15</p> <p>Green Shirt Day! 10:00 Endurance Exercise 11:00 Cardiac Circuit 11:00 Bean Bag Toss 2:30 Apple Cider & Cookie Social 4:00 Scattegories <i>7:00 Movie Night: Uncharted</i></p>	<p>16</p> <p>Pick Up A Daily Chronicle @ Front Desk</p> <p><i>2:00 All or Nothing: Toronto Maple Leafs Documentary</i></p> 
<p>17</p> <p>10:00 Live Sunday Mass (TV) – FL</p>	<p>18</p> <p>10:00 Fit N Fun Fitness 11:00 Cardiac Circuit 11:00 Hot Chocolate & Trivia Social 2:00 Cancer Awareness Presentation 2:00 Walmart Outing (Sign-Up) 3:30 B.I.N.G.O.! 7:30 Habs Vs. Oilers Hockey - FL</p>	<p>19</p> <p>International Men's Day 10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 Billiards Game 11:30 IHOP Brunch Outing (Sign-Up) 2:00 JAVA Music Club 3:00 Aquafit Class 4:00 Happy Hour</p>	<p>20</p> <p>9:30-11:30 Hearing Clinic/ Wax Removal 10:00 Fit N Fun Fitness 11:00 Movement Matters 11:00 Word Search Battle 2:00 RINGO Card Game & Chips 4:00 Boomwhackers W/ Jessie 6:45 SJA Pet Therapy Visit W/ Lola!</p>	<p>21</p> <p>10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 Bean Bag Toss 2:00 New Resident Wine & Cheese Social 3:30 Billiards Game 4:00 Happy Hour</p>	<p>22</p> <p>Maria Jewelry Vendor Sale 10:00 Endurance Exercise 10:15 SJF Catholic Mass 11:00 Cardiac Circuit 11:00 Fancy Fun Nails 2:30 Birthday Party W/ Zack Erikson  4:00 Photos Of Us <i>7:00 Movie Night: Julie & Julia</i></p>	<p>23</p> <p>Pick Up A Daily Chronicle @ Front Desk</p>
<p>24</p> <p>10:00 Live Sunday Mass (TV) – FL</p> <p>Generational Pathways 2:00- 4:00 BINGO!</p>	<p>25</p> <p>10:00 Fit N Fun Fitness 11:00 Cardiac Circuit 11:00 Hot Chocolate & Trivia Social 2:00 Book Club: Short Stories 3:30 B.I.N.G.O.! 7:30 Flames Vs. Senators Hockey- FL</p>	<p>26</p> <p>10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 Scrabble 2:00 Lets Get Crafty: Feather Collage 4:00 HangMan</p>	<p>27</p> <p>10:00 Fit N Fun Fitness 11:00 Movement Matters 11:00 Word Search Battle 2:00 RINGO Card Game & Chips 4:00 Word Games 6:45 SJA Pet Therapy Visit W/ Lola!</p>	<p>28</p> <p>10:00 Rise, Shine N Stretch 11:00 Pump It Up 11:00 Name That Tune! 2:00 Tea Time 2:30 Hymn Sing Along W/ Bob Hamilton 4:00 HangMan</p> <p><small>Thanksgiving Day</small></p>	<p>29</p> <p>10:00 Endurance Exercise 11:00 Cardiac Circuit 11:00 Bean Bag Toss 2:30 Ice Cream Social 4:00 Scattegories <i>7:00 Movie Night: A Boy Called Christmas</i></p>	<p>30</p> <p>Pick Up A Daily Chronicle @ Front Desk</p>

* PLEASE NOTE PROGRAMS ARE SUBJECT TO CHANGE. *

* GROUP OUTINGS ARE LIMITED – SIGN UP REQUIRED*