

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2024

		<p><b>National Coffee Day 1</b>          10:00 Spooky Stretch          11:00 Pumpkin Pump It Up  <b>11:00 Anglican Church Service W/ Father Stone</b>          11:00 Flavored Coffee Social          2:00 JAVA Music Club          4:00 Happy Hour</p>	<p>10:00 Frightful Fitness 2          11:00 Movement Matters          11:00 Word Search Battle  <b>2:00 Hymn Sing Along W/ Bob Hamilton</b>          4:00 RINGO Card Game &amp; Chips  <b>6:45 SJA Pet Therapy Visit W/ Lola!</b>  <small>Rosh Hashanah Begins</small></p>	<p>10:00 Spooky Stretch 3          11:00 Pumpkin Pump It Up          11:00 True OR False  <b>2:00 High Tea Social</b>          3:00 Fall Colouring Club          4:00 Happy Hour</p>	<p><b>National Smile Day! 4</b>          10:00 Endurance Exercise  <b>10:30 SJF Catholic Rosary &amp; Communion</b>          11:00 Cardiac Circuit          11:00 Fancy Fun Nails  <b>2:30 Coffee &amp; Smile Cookie Social</b>          4:00 Word Games          7:00 <i>Movie Night: Gifted</i></p>	<p><b>Pick Up A Daily Chronicle @ Front Desk 5</b></p>
<p>10:00 Live Sunday Mass (TV) – FL 6          11:45 Thanksgiving Brunch (sign-up)</p>	<p>10:00 Frightful Fitness 7          11:00 Cardiac Circuit          11:00 Tea &amp; Trivia Hour          2:00 Painting Pumpkins  <b>3:30 B.I.N.G.O.!</b></p>	<p>10:00 Spooky Stretch 8          11:00 Pumpkin Pump It Up          11:00 Ball Toss  <b>2:00 Leaf Printing Craft</b>  <b>3:00 Aquafit Class</b>          4:00 Happy Hour</p>	<p>10:00 Frightful Fitness 9  <b>10:15 Scenic Drive (Sign-Up)</b>          11:00 Movement Matters          11:00 Animal Trivia Hour  <b>2:00 Infection Control Presentation from York University Students</b>          4:00 RINGO Card Game &amp; Chips  <b>6:45 SJA Pet Therapy Visit W/ Lola!</b></p>	<p>10:00 Spooky Stretch 10          11:00 Pumpkin Pump It Up          11:00 Thankful Tree Activity  <b>2:30 Ripple Rhythm Drumming Session</b>          3:30 Scattegories Word Game          4:00 Happy Hour</p>	<p><b>Orange Shirt Day! 11</b>          10:00 Endurance Exercise          11:00 Cardiac Circuit          11:00 Bean Bag Toss  <b>2:30 Wine &amp; Cheese Social</b>  <b>2:30 Pet Therapy Visit W/ Happy Girl! (Dog)</b>  <b>4:00 Activity Meeting W/ Jessie</b>          7:00 <i>Movie Night: The Day After Tomorrow</i> Yom Kippur Begins</p>	<p><b>Pick Up A Daily Chronicle @ Front Desk 12</b></p>
<p>10:00 Live Sunday Mass (TV) – FL 13  <b>Generational Pathways</b>          2:00-4:30 BINGO!</p>	<p>14    <small>Thanksgiving Day (Canada)          Indigenous Peoples' Day          Columbus Day (US)</small></p>	<p>10:00 Spooky Stretch 15          11:00 Pumpkin Pump It Up  <b>11:00 B.I.N.G.O.!</b>  <b>2:00 Walmart Outing (Sign-Up)</b>          2:00 JAVA Music Club          3:00 Elvis Presley Bowling          4:00 Happy Hour</p>	<p>10:00 Frightful Fitness 16          11:00 Movement Matters          11:00 RINGO Card Game &amp; Chips  <b>2:00 TENA Presentation</b>  <b>4:00 Boomwhackers W/ Jessie</b>  <b>6:45 SJA Pet Therapy Visit W/ Lola!</b>  <small>Sukkot Begins</small></p>	<p><b>9:30 Fire Drill 17</b>          10:00 Spooky Stretch          11:00 Pumpkin Pump It Up          11:00 Scattegories Game  <b>2:00 Ray Lawson Dentistry Oral Hygiene Session</b>          3:00 Board Games Social          4:00 Happy Hour</p>	<p>10:00 Endurance Exercise 18  <b>10:15 SJF Catholic Mass</b>          11:00 Cardiac Circuit          11:00 News &amp; Views  <b>2:30 Hot Apple Cider &amp; Scone Social</b>          4:00 Show &amp; Tell Photos          7:00 <i>Movie Night: Zombieland</i></p>	<p>19  <b>12:00-4:00 OPEN HOUSE SOUP-A-LICIOUS</b>  <b>2:00-3:30 ROCK N ROLL PARTY</b></p>
<p>10:00 Live Sunday Mass (TV) – FL 20</p>	<p>10:00 Frightful Fitness 21          11:00 Cardiac Circuit          11:00 Origami Boats  <b>11:30 Red Lobster Lunch Outing (Sign-Up)</b>          2:00 Boat Race – Pool  <b>3:30 B.I.N.G.O.!</b></p>	<p><b>9:00 Flu &amp; Covid Clinic 22</b>          10:00 Spooky Stretch          11:00 Pumpkin Pump It Up          11:00 Ball Toss          2:00 Who Wants To Be A Millionaire? * New Game*  <b>3:00 Aquafit Class</b>          4:00 Happy Hour</p>	<p>10:00 Frightful Fitness 23          11:00 Movement Matters          11:00 50's Name That Tune!          2:00 RINGO Card Game &amp; Chips          4:00 Whiteboard Hang-Man  <b>6:45 SJA Pet Therapy Visit W/ Lola!</b></p>	<p>10:00 Spooky Stretch 24          11:00 Pumpkin Pump It Up          11:00 Scrabble Hour          2:00 Lotto 6/49 Game          3:00 Colouring Club          4:00 Happy Hour  <small>Simchat Torah Begins</small></p>	<p>10:00 Endurance Exercise 25          11:00 Cardiac Circuit          11:00 Fancy Fun Nails  <b>2:30 Coffee &amp; Baked Cookie Social</b>          4:00 Guess Who?          7:00 <i>Movie Night: Uglies</i></p>	<p><b>Pick Up A Daily Chronicle @ Front Desk 26</b></p>
<p>10:00 Live Sunday Mass (TV) – FL 27  <b>Generational Pathways</b>          2:00-4:30 Halloween Crafts</p>	<p>10:00 Frightful Fitness 28          11:00 Cardiac Circuit          11:00 Tea &amp; Trivia Hour          2:00 Name The Monster Quiz  <b>3:30 B.I.N.G.O.!</b></p>	<p>10:00 Spooky Stretch 29          11:00 Pumpkin Pump It Up          11:00 Halloween Word Searches          2:00 JAVA Music Club          3:00 Spooky Halloween Poems          4:00 Happy Hour</p>	<p>10:00 Frightful Fitness 30          11:00 Movement Matters          11:00 Word Search Battle          2:00 RINGO Card Game &amp; Chips  <b>2:30 Town Hall Meeting</b>          3:30 Diwali Diya Painting  <b>6:45 SJA Pet Therapy Visit W/ Lola!</b></p>	<p>10:00 Spooky Stretch 31          11:00 Pumpkin Pump It Up          2:00 Lotto 6/49 Game          3:30 Halloween Word Scramble  <b>7:00 Monster Mash Halloween Birthday Party!</b>  <small>Halloween</small></p>	<p>  <b>Bramalea Retirement Residence</b>          30 Peel Centre Drive          Brampton ON L6T 4G8          For activity information please contact Jessie.          905-790-7900 ext.105          Email: <a href="mailto:jlemens@levliving.com">jlemens@levliving.com</a></p>	