

# Bramalea Bulletin

Bramalea Retirement Residence | 30 Peel Centre Drive, Brampton ON | 905-790-7900 |



## FRIDAY NIGHT MOVIES

### **THE CALL OF THE WILD**

Friday August 2<sup>nd</sup> @7:00PM

During the gold rush of the 1890's, a courageous dog and a frontier traveler find adventure, friendship and purpose in the wilds of Alaskan Yukon.

**Cast: Harrison Ford, Dan Stevens, Omar Sy & More**

### **I AM: CELINE DION**

Friday August 9<sup>th</sup> @7:00PM

Serving as a love letter to her fans, Celine Dion highlights the music that has guided her life while also showcasing the resilience of the human spirit as she struggles with a life – altering illness.

### **CHARLIES ANGELS**

Friday August 16<sup>th</sup> @7:00PM

When Charles Townsend's agency expands abroad, two establishes angels team with a new recruit to fend off enemies from securing a revolutionary device.

**Cast: Kristen Stewart, Naomi Scott, Ella Balinska & More**

### **OCTOBER SKY**

Friday August 23<sup>rd</sup> @7:00PM

Inspired by Sputnik's launch into space, a gifted teenager (Jake Gyllenhaal) from a coal-mining town finds a future in rocket science.

**Cast: Jake Gyllenhaal, Chris Cooper, Laura Dern & More**

### **THE LITTLE MERMAID: LIVE ACTION**

Friday August 30<sup>th</sup> @7:00PM

Ariel, a curious mermaid who longs to experience life on land and, against her fathers wishes, visits the surface. Ariel finds herself on an unexpected journey of self-discovery as she encounters a prince, sea witch and an incredible new world.

## August Birthdays

*If you were born between August 1–22, you are a Leo, the Lion. Creative and ambitious with a magnetic personality, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends. Those born between August 23–31 are Virgos. Virgos are considered shy and sometimes naïve, private, and tidy. They are curious explorers who are incredibly loyal and well respected by their friends and colleagues.*

- Yoshio S – August 02**
- Robert W – August 03**
- Gian K – August 05**
- Betty G – August 06**
- Elizabeth D – August 07**
- Carmine P – August 07**
- Lloyd R – August 12**
- Maurice M – August 15**
- Wayne W – August 19**
- Deryk M – August 20**
- Ida D – August 26**
- Augustine G – August 27**
- Agnes W – August 27**

## STARZ WE KNOW - BIRTHDAYS

- Tony Bennett (singer) – August 3, 1926**
- Bob Cousy (athlete) – August 9, 1928**
- Buck Owens (singer) – August 12, 1929**
- Gary Larson (cartoonist) – August 14, 1950**
- Julia Child (chef) – August 15, 1912**
- Mae West (actress) – August 17, 1893**
- Robert Redford (actor) – August 18, 1936**
- Rita Dove (poet) – August 28, 1952**
- Nancy Wake (war hero) – August 30, 1912**



## Celebrating August

### National Beer Day

August 2

### Hymn Sing Along W/ Bob

Hamilton

August 2

### Canada Civic Holiday

August 5

### Walmart Outing

August 6

### Silver Suit Presentation

August 9

### Piano Man Martin Wall

Entertainment

August 12

### Caribbean Dance Party &

Entertainment

August 16

### Giant Tiger Outing

August 19

### Chinguacousy Park Outing

August 20

### Mandarin Buffet Outing

August 26

### Chef's Special Night (Sign-Up)

August 28

### August Birthday Party!

August 29



**Friday August 16, 2:00pm**  
**Steel Pan Drumming by Dereck Ayum**



**Taste of the Caribbean**  
**Island Tasters & Drinks!**



## The Language of Victory

Navajo Code Talkers Day, observed on August 14, commemorates the invaluable role played by Navajo servicemen during World War II. These brave individuals utilized their native language as an unbreakable code, significantly contributing to Allied victories in the Pacific Theater.



Code talking, the use of obscure languages to transmit secret messages, dates back to World War I. However, it wasn't until World War II that the concept

gained widespread recognition. The Navajo language, with its complex syntax and unique phonology, proved ideal for this purpose. Navajo Code Talkers developed a code based on their language, using common words, such as Navajo bird names, to represent military terms. This created an unbreakable cipher that may be the only code used by the American military that was never broken during the conflicts in which it was used.

The success of Navajo code talking can be attributed to several factors. The Navajo language itself was unwritten and spoken by only a small population, making it virtually impossible for the enemy to decipher. Additionally, Navajo Code Talkers underwent rigorous training to memorize the code and communicate effectively under pressure.

Navajo Code Talkers Day was created by President Reagan in 1982 as a holiday to honor the courage, ingenuity, and patriotism of these remarkable individuals. Their contributions helped turn the tide of war and secure victory for the Allied forces, leaving a lasting legacy of bravery and service. Their story continues to inspire generations, reminding us of the power of language, unity, and sacrifice in times of conflict.

## Angel for a Day

The clouds may part and a radiant light shine down on someone you know on August 22, Be an Angel Day. The word *angel* comes from the Greek word *anglos*, which means "messenger." Many people believe that angels do exist, acting as messengers of God, and the Catholic Church has documented over 490,000 specific angels of nine different types: seraphim, cherubim, thrones, dominions, virtues, powers, principalities, archangels, and angels. Angels also figure prominently in Judaism and Islam.

How can we emulate angels here on terra firma? Perhaps we, too, can be messengers of truth, justice, and love. Another way is to be a guardian angel, a selfless defender of those who cannot defend themselves, a guide and protector of those who have lost their way. A more modern twist is to become an angel investor. These investors offer money or capital for a promising business venture. While it may be impossible to embody the characteristics of a heavenly angel, Be an Angel Day can still inspire us to be better people.

## To Buzz or Not to Buzz



World Mosquito Day may fall on August 20, but what reason do we have to celebrate this annoying pest of an insect? Researchers are beginning to ask that very question. What would a world without mosquitoes look like? Would anyone miss them? Would ecosystems suffer? Mosquitoes, after all, have lived on Earth for hundreds of millions of years. Many animals rely on mosquitoes as a source of food. However, many scientists believe that any ecological disaster produced by their eradication would be worthwhile. The world would learn to live without the mosquito, and humans would suffer fewer diseases... although we'd have one less holiday to celebrate.

## Ireland's Mountain Monarch



For 400 years, residents of Killorglin, Ireland, have been celebrating their famous Puck Fair from August 10–12. The "Puck" of the fair is actually a *poc*, which is the Irish term for a male goat. Every year, a group climbs into the mountains and returns with a goat that is crowned King Puck, and a local schoolgirl is pronounced the Queen of Puck Fair.

The most beloved legend surrounding this fair's origins begins with Oliver Cromwell, the English military leader who led his armies into Ireland in the 17th century. Cromwell was leading his army across the Irish countryside when the soldiers scared a herd of grazing goats. The *poc*, or he-goat, broke away from the rest and fled to the village of Killorglin. When the goat arrived, exhausted from his flight, the locals discovered that danger was coming. They armed themselves in defense against Cromwell's army. Every year since then, the people of Killorglin have honored a he-goat by making him king for the three days of the fair. While no one is certain of the fair's true origins or the date it was first celebrated, there is a written record from King James I that mentions it being celebrated in Killorglin in the year 1613.

August 10 is known as Gathering Day. The town conducts a traditional horse fair, and King Puck is paraded through town to the village square, where he is crowned by the queen. The Queen of Puck Fair is chosen based on her submission of an essay related to the Puck Fair. August 11 is Fair Day, when vendors sell their wares and entertainers provide amusement for the thousands of fair visitors. On August 12, Scattering Day, the king and queen are paraded one last time through town, and King Puck is released back into the mountains. Of course, the revelry continues into the wee hours.

The Puck Fair is a testament to the tenacity and good character of the residents of Killorglin, who look forward to this special time each year when "the cares of everyday living are put on hold."

## The Mane Event

August 10 is World Lion Day, a day to marvel at the majesty of the king of the jungle. Ironically, most lions do not roam the jungle but rather live on the dry plains of Africa. These expert predators grow to be four to six feet long and can weigh as much as 400 pounds. The females are the hunters, working together to feed the entire family of lions, called a pride. The male lions, with their shaggy manes, have the job of defending the pride against attack.

There is one small population of lions that does live in the jungle. Deep within the Gir Forest Reserve of India, alongside the Bengal tiger and the Indian rhino, lives the Asiatic lion. Smaller than their African cousins, Asiatic lions once roamed from Asia to the Middle East. Fewer than 600 of these lions exist today.

## A Slice of Heaven



Braham, Minnesota, is the Homemade Pie Capital of Minnesota, and they aim to earn that reputation on the first Friday of August. There are plenty of pies to

eat, either at your leisure or competitively during the pie-eating contest. There are pies for sale and pies to bid on in the pie auction. There are pie-baking lessons and contests. There is even a Pie Art Show with art in two categories: 2D (drawings or paintings of pies) and 3D (pie sculptures).

While Braham was declared the Pie Capital in 1990, the city first became famous for its pie in the 1930s and 1940s, when travelers would take a "shortcut" through Braham on the way to Duluth and stop at the Park Cafe for its famous pie. You'll still find a huge variety of pies on the menu today. Dutch apple, banana cream, blueberry cream, strawberry, and coconut cream are local favorites. Which one is the best? There's only one way to find out—visit Braham on an empty stomach!