

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024



Cinco de Mayo

11:00 Mother's Day Brunch Event
2:00 Mother's Day Entertainment with LINDA & DENNIS
2:30 Shirley Temples
3:00-4:30 Generational Pathways Card Making

Mother's Day
National Skilled Nursing Care Week

				10:00 Fit N Fun Fitness 1 11:00 Movement Matters 2:30 RINGO Card Game & Chips -B 4:00 Riddle Me This- L	10:00 Rise, Shine N Stretch 2 11:00 Pump It Up 11:00 Canadian Trivia Hour - L 2:00 Walmart Outing (Sign - Up) 4:00 Happy Hour - Bar	10:00 Endurance Exercise 3 11:00 Cardiac Circuit 2:30 Donut Social 4:00 Cinco De Mayo Colouring Club	Pick Up A Daily Chronicle @ Front Desk 2:00 Resident & Family BINGO Game! <i>(Invite friends & family to join!!)</i>
5	Covid Booster Clinic 6 10:00 Fit N Fun Fitness 11:00 Cardiac Circuit 11:00 Daily Chronicle Reading -L 2:00 1940's Trivia Hour - L 3:30 BINGO! - B	10:00 Rise, Shine N Stretch 7 11:00 Pump It Up 11:00 Anglican Church Service W/ Father Stone - L 2:00 JAVA Music Club 3:00 Matinee Movie: Footloose -FL 4:00 Happy Hour - Bar	<small>May Day</small> 10:00 Fit N Fun Fitness 8 10:30 SJF Catholic Rosary & Communion Service 11:00 Movement Matters 2:30 RINGO Card Game & Chips -B 4:00 Who Am I? - AL	10:00 Rise, Shine N Stretch 9 11:00 Pump It Up 11:00 50's Bowling - AL 2:00 Painting Pots -B 4:00 Happy Hour - Bar	10:00 Endurance Exercise 10 11:00 Cardiac Circuit 11:00 Name That Tune! -L 2:00 Tea & Coffee Hymn Sing Along W/ Bob Hamilton -B 4:00 Bean Bag Toss	Pick Up A Daily Chronicle @ Front Desk 2:00 Tea & Coffee Hymn Sing Along W/ Bob Hamilton -B	
12	10:00 Fit N Fun Fitness 13 11:00 Cardiac Circuit 11:00 1950's Trivia Hour - L 2:00 Armchair Travel To: Mexico - B 3:30 BINGO! - B	10:00 Rise, Shine N Stretch 14 11:00 Pump It Up 11:00 Fancy Fun Nail Manicures - B 3:00 Matinee Movie: Peter Rabbit -FL 4:00 Happy Hour - Bar	10:00 Fit N Fun Fitness 15 11:00 Movement Matters 11:00 Walking Club 2:30 Food Talk W/ Chef Rhady 4:00 Riddle Me This- L	10:00 Rise, Shine N Stretch 16 11:00 Pump It Up 11:00 70's Bowling 2:00 BINGO! 4:00 Happy Hour - Bar	10:00 Endurance Exercise 17 11:00 Cardiac Circuit 11:00 Word Search Battle -L 2:30 Tea & Cookie Social - B 4:00 Colouring Club	Pick Up A Daily Chronicle @ Front Desk 3:00 Chair Yoga	
19	Pick Up A Daily Chronicle @ Front Desk 2:00 AFV Funny Videos - FL	10:00 Rise, Shine N Stretch 21 11:00 Pump It Up 11:00 50's Bowling - B 3:00 Elevated Happy Hour: Tequila Sunrise	10:00 Fit N Fun Fitness 22 10:30 SJF Catholic Rosary & Communion Service 11:00 Movement Matters 2:00 Dairy Queen Outing (Sign-Up) 2:30 RINGO Card Game & Chips -B	10:00 Rise, Shine N Stretch 23 11:00 Pump It Up 11:00 Tattoo Stand! 2:00 Lemonade & Gardening on the Patio 4:00 Happy Hour - Bar	10:00 Endurance Exercise 24 11:00 Cardiac Circuit 2:00 - 4:00 Residents & Friends High Tea Party & Entertainment	Pick Up A Daily Chronicle @ Front Desk 3:00 Chair Yoga	
26	10:00 Fit N Fun Fitness 27 11:00 Cardiac Circuit 11:00 Tea & Animals Trivia 2:30 Martin Wall Piano Musical May Birthday Party!	10:00 Rise, Shine N Stretch 28 11:00 Pump It Up 11:00 Scrabble Hour -B 2:00 JAVA Music Club 3:00 Matinee Movie: Forest Gump -FL 4:00 Happy Hour - Bar	10:00 Fit N Fun Fitness 29 11:00 Movement Matters 2:30 RINGO Card Game & Chips -B 4:00 Riddle Me This- L	10:00 Rise, Shine N Stretch 30 11:00 Pump It Up 11:00 Fancy Fun Nail Manicures -B 2:00 Giant Tiger (Sign-Up) 4:00 Happy Hour - Bar	10:00 Endurance Exercise 31 11:00 Cardiac Circuit 11:00 Name That Tune -L 2:30 Strawberry Milkshakes on The Patio 4:00 Bean Bag Toss		

Victoria Day (Canada)

Memorial Day

Armed Forces Day

FL - Fireplace Lounge B- Bistro L - Library AL - Atrium Lounge BAR