

# Bramalea Bulletin

Bramalea Retirement Residence | 30 Peel Centre Drive | 905-790-7900 |



## April Movies

### Stuart Little

Tuesday April 2<sup>nd</sup> @ 3:00PM

When his parents adopt a mouse instead of a little boy, George realizes brothers come in all shapes and sizes. But Snowbell the cat is not so welcoming.

**Cast: Micheal J Fox, Jonathon Lipnicki, Gina Davis & More**

### Are We There Yet?

Tuesday April 9<sup>th</sup> @ 3:00PM

To impress a single mom, a determined suitor offers to take her kids on a road trip and is then forced to endure their wildly mischievous antics.

**Cast: Ice Cube, Nia Long, Aliesha Allen & More**

### The Greatest Showman

Tuesday April 16<sup>th</sup> @ 3:00PM

A bold and original musical celebrating the birth of show business and dreams coming to life. Starring Hugh Jackman was a visionary who rose from nothing to create the "Greatest Show On Earth"

**Cast: Hugh Jackman, Zac Efron, Michelle Williams, Zendaya & More**

### Dr. Dolittle

Tuesday April 30<sup>th</sup> @ 3:00PM

Successful physician and devoted family man John Dolittle seems to have the world by the tail, until a long-suppressed talent he possessed as a child – the ability to communicate with animals has suddenly returned!

**Cast: Eddie Murphy, Ossie Davis, Oliver Platt & More**

## April Birthdays

If you were born between April 1–19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward themselves for a job well done.

### HAPPY BIRTHDAY

Yolande S – April 03

Vera M – April 04

Gilbert B – April 05

Blanche S – April 06

Eileen G – April 09

Jacob F – April 10

Gina Maria C – April 14

Domenico F – April 29

Diana H – April 29

June N – April 30

## RESIDENT REMINDERS

- ✓ Sign up sheets for outings & events are at front desk
- ✓ Invite friends and family to our Steak Night & Pub Night!
- ✓ Resident Townhall Meeting on Wednesday April 24<sup>th</sup> – All are invited to attend!

## Celebrating April

Oral Hygiene Information Session

April 4

Foot Doctor Clinic

April 5

Heritage Fish N Chips (Lunch Outing)

April 8

Healthy Leg Day Session W/ Jeniffer Webster

April 9

Walmart Outing (Sign – Up)

April 11

Hymn Sing Along W/ Bob Hamilton

April 12

CARP Meeting

April 17

Giant Tiger Outing

April 18

Elevated Happy Hour W/ David Burton

April 23

Resident Townhall Meeting

April 24

April Birthday Party!

April 25

Pub Night

April 26

## BRAMALEA STEAK NIGHT



# BRR Steak Night

EVERY OTHER WEDNESDAY

**FAMILY & FRIENDS - \$25**

SIGN UP AT FRONT DESK

Location: BRR Bar

Made with PosterMyWall.com

## The Rise of Robots



From April 6–14, science and technology geeks will gather for RoboWeek 2024 to explore the future of robots and their place in society. Robots have long fascinated humans. Leonardo da Vinci may have been the first to envision a humanlike robot. The original Renaissance man, da Vinci was a painter, sculptor, inventor, and engineer. He

sketched his idea of a “mechanical knight” and engineered a suit of armor that could be moved by a system of pulleys and levers. When does a simple machine become a robot? Robots often possess computers that enable them to sense the environment and react accordingly. Also, they are able to move, either by themselves or via remote control. In these ways, robots are truly intelligent machines. From R2-D2 and C-3PO of *Star Wars* to Rosie the robot maid in *The Jetsons*, robots have become an integral part of our vision of the future.

The word *robot* first appeared in 1920, when the Czech writer Karel Čapek wrote a play about a factory that makes humanlike android workers. The word *robot* in Czech means “serf labor,” “drudgery,” and “hard work.”

Today, companies are beginning to manufacture intelligent machines that perform many laborious household tasks. For example, the Roomba is a floor-cleaning robot about the size and shape of a round cake that moves independently around the room sucking up dirt. Sure, it may get stuck under the couch or miss some dirt in the corner, but it could make vacuums obsolete. A similar lawn-mowing robot, the Automower, cuts lawns by itself. Sensors keep it from running into lawn furniture, flowers, or pets. There are even robots with arms that can feed people with disabilities, and soft pillows with robot arms inside that can be remotely directed to contract, hugging whoever is holding the pillow.

## Honesty and Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo “Always tell the truth.” But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

## Unraveling the Art of Tatting



While a handkerchief, table runner, doily, or collar made of intricate knotted lace appears nearly impossible to construct, the art of tatting is easy to learn. All you need to start tatting is thread, a shuttle (a small device that helps guide a silk thread through loops into knots), and your two hands. Give it a try on April 1, International Tatting Day.

This decorative art form may have grown from the netting and ropework handmade by sailors and fishermen of olden times. Tatting became fashionable in the 1800s and enjoyed a surge in popularity during the 1950s and 1960s. Technology has usurped the handiwork required to make tatted lace, which means that handmade tatting is more precious than ever.

## Savoring Art

April 13 is Slow Art Day. No, this doesn't mean you should draw pictures of turtles or molasses. It's just a day to spend some quality time with art, pondering the composition and closely contemplating the work.



For some, staring at a piece of art for 10 minutes or more may present a challenge. But Phil Terry, the founder of the slow art concept, discovered something highly rewarding when he spent hours studying two paintings in a New York City art museum one afternoon. He realized he did not have to be a professional art critic to understand and appreciate art.

How does looking slowly at a piece of art heighten the experience? In the good old days, the expert craftsmanship of products was appreciated. Modern culture places an emphasis on mass production, often at the hands of unskilled craftspeople or in mechanized factories. One of the major benefits of slow art is appreciating the amazing expert craftsmanship it takes to make a work of art. Taking the time to really look at art allows us to appreciate each brushstroke, the choice of materials, and the step-by-step process of creating a work of art. With this heightened awareness of craftsmanship comes a deeper emotional connection to the artwork.

Museums around the world have embraced the slow art movement, and on April 13, many will offer tours that visit only a few works of art. These tours end with lunch, where visitors can discuss what they saw and how the art affected them. But Terry is quick to point out that Slow Art Day isn't confined to just museums. Taking the time to appreciate art can happen anywhere, from sculpture gardens to city parks to historic houses. In essence, Terry is simply repeating the old maxim “Stop and smell the roses.” These roses just happen to be in a museum.

## Mobile Milestone

On April 3, 1973, Motorola employee Martin Cooper stood on a New York City street corner and made the first cellular phone call to a colleague at Bell Labs in New Jersey. Unlike the first telegraph message (“What hath God wrought?”) or the first telephone conversation (“Watson, come here. I want to see you.”), Cooper's words have been forgotten. His device, however, is now everywhere, thanks to a purchase price far below the original price tag of \$3,995.

## Let the Good Times Roll



All April long, opponents will be throwing their knuckles down. Don't worry, this isn't anything sinister. “Knuckles down” is the position you assume before shooting in a classic game of marbles. So, this April, Knuckles Down Month, you too can play for keeps.

The classic game of marbles is called ringer. Two parallel lines, lag lines, are drawn 10 feet away from each other. A large 10-foot circle is drawn between the lag lines. In the middle of the circle is a cross made of 13 target marbles, or mibs. To determine who plays first, each player lags from one lag line to the other; that is, they toss their shooter marble to the opposite line. The player whose shooter lands closest to the lag line goes first.

Play starts by knuckling down along the edge of the ring and using your thumb to cast your shooter at the mibs inside. The object is to knock a mib outside the circle while keeping your shooter inside. You next knuckle down inside the ring where your shooter landed. If you fail to knock out a mib, then it is your opponent's turn. The first player to knock out a majority of marbles wins, and it's up to you to determine whether to play for fair (return all marbles to their original owners) or play for keeps (the winner keeps all the marbles).