

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Fit N Fun Fitness 1 11:00 Cardiac Circuit 11:00 Daily Chronicle Reading -L <b>2:00 Armchair Travel To: Japan - B</b> 3:30 BINGO! – B  <small>All Fools' Day</small>	10:00 Rise, Shine N Stretch 2 11:00 Pump It Up <b>11:00 Anglican Church Service W/ Father Stone -L</b> <b>2:00 Peanut Butter &amp; Jelly High Tea Social</b> <b>3:00 Matinee Movie: Stuart Little &amp; Popcorn - FL</b> 4:00 Happy Hour - Bar	10:00 Fit N Fun Fitness 3 11:00 Movement Matters 2:00 RINGO Card Game-B <b>3:30 Heartfulness Chair Yoga Session- B</b> <b>5:00 Steak Night (Sign-Up) - B</b>	10:00 Rise, Shine N Stretch 4 11:00 Pump It Up 11:00 Word Search Battle -L <b>2:00 Oral Hygiene information Session</b> 4:00 Happy Hour -Bar	<b>10:00 Foot Care Clinic-5 L</b> 10:00 Endurance Exercise 11:00 Cardiac Circuit 11:00 Jeopardy Game -L <b>2:30 Donut Social</b> 4:00 Bean Bag Toss	<b>6</b> <b>Pick Up A Daily Chronicle @ Front Desk</b>
2:00 How to use YouTube W/Manjot 7	10:00 Fit N Fun Fitness 8 11:00 Cardiac Circuit 11:00 Tea & Trivia -L <b>11:45 Heritage Fish N Chips Outing (Sign-Up)</b> 2:00 BINGO! - B 3:19 SOLAR ECLIPSE	10:00 Rise, Shine N Stretch 9 11:00 Pump It Up 11:00 Name That Tune! <b>2:15 Healthy Leg Day W/ Jennifer Webster</b> <b>3:00 Matinee Movie: Are We There Yet? - FL</b> 4:00 Happy Hour - Bar	10:00 Fit N Fun Fitness 10 <b>10:30 SJF Catholic Rosary &amp; Communion Service</b> 11:00 Movement Matters 2:00 RINGO Card Game & Chips -B <b>3:30 Heartfulness Chair Yoga Session- B</b>	10:00 Rise, Shine N Stretch 11 11:00 Pump It Up 11:00 Classic Films Hangman -L <b>2:00 Walmart Outing (Sign-Up)</b> <b>2:30 Java Music Club -L</b> 4:00 Happy Hour – Bar	10:00 Endurance Exercise 12 11:00 Cardiac Circuit 11:00 Lotto 6/49 Game <b>2:00 Tea &amp; Coffee Hymn Sing Along W/ Bob Hamilton -B</b> 4:00 Colouring Club	<b>13</b> <b>Pick Up A Daily Chronicle @ Front Desk</b>
<b>14</b>	10:00 Fit N Fun Fitness 15 11:00 Cardiac Circuit <b>2:00 Java Music Club -L</b> 3:30 BINGO! – B	10:00 Rise, Shine N Stretch 16 11:00 Pump It Up 11:00 Scrabble Hour <b>3:00 Matinee Movie: The Greatest Showman- FL</b> 4:00 Happy Hour – Bar	10:00 Fit N Fun Fitness 17 11:00 Movement Matters 2:30 RINGO Card Game & Chips -B 4:00 Riddle Me This- L <b>5:00 Steak Night (Sign-Up)</b> <b>7:00 CARP Meeting</b>	10:00 Rise, Shine N Stretch 18 11:00 Pump It Up 11:00 Gardening Club – 2 <sup>nd</sup> Floor <b>2:00 Giant Tiger Outing (Sign-Up) -L</b> 4:00 Happy Hour – Bar	10:00 Endurance Exercise 19 11:00 Cardiac Circuit 11:00 Jeopardy Game -L <b>2:30 Ice cream Social</b> 4:00 AFV Funny Videos – FL	<b>20</b> <b>Pick Up A Daily Chronicle @ Front Desk</b>
<b>21</b>	10:00 Fit N Fun Fitness 22 11:00 Cardiac Circuit  <small>Passover Begins Earth Day</small>	10:00 Rise, Shine N Stretch 23 11:00 Pump It Up 11:00 Name That Tune! <b>3:00 Elevated Happy Hour: Mimosa's W/ Special Entertainment by: David Burton</b>	10:00 Fit N Fun Fitness 24 <b>10:30 SJF Catholic Rosary &amp; Communion Service</b> 11:00 Movement Matters <b>2:30 Resident Townhall Meeting -B</b> 4:00 Colouring Club -B <small>Administrative Professionals Day</small>	10:00 Rise, Shine N Stretch 25 11:00 Pump It Up 11:00 Word Search Battle- L <b>2:30 April Birthday Party W/Greg! - B</b> 4:00 Happy Hour - Bar	10:00 Endurance Exercise 26 11:00 Cardiac Circuit 2:30 Chocolate Milkshake Social <b>5:00-7:00 Pub Night!</b>  <small>Arbor Day</small>	<b>27</b> <b>Pick Up A Daily Chronicle @ Front Desk</b>
<b>28</b>	10:00 Fit N Fun Fitness 29 11:00 Cardiac Circuit 11:00 Scrabble Hour -L <b>2:00 Java Music Club - B</b> 3:30 BINGO! – B	10:00 Rise, Shine N Stretch 30 11:00 Pump It Up 2:00 Rock Painting in the Garden <b>3:00 Matinee Movie: Dr. Dolittle</b> 4:00 Happy Hour	<h1>April 2024</h1> <p>April Showers Brings May Flowers</p>			

B – Bistro    L – Library –    FL - Fire Place Lounge    Bar