



## In the Heart of Bramalea

Just steps from the Bramalea City Centre Mall, our unique location offers a resort-like experience.

“ At Bramalea Retirement we have an enthusiasm for creating an environment where you can enjoy life, your way. ”

Welcome to **Bramalea Retirement Residence**, formerly known as the Holiday Inn! Our community is ideal for individuals who enjoy all the activities Bramalea City Centre has to offer, all within easy walking distance. We are the perfect place for a vibrant and fulfilling lifestyle.

I am proud to be leading an exceptional team who are dedicated and passionate about caring for seniors. Our mission is to:

*“Treat residents as we would like to be treated ourselves by providing accommodations and delivering services that exceed expectations. At Bramalea Retirement we have an enthusiasm for creating an environment where you can enjoy your life, your way.”*

We have discovered that everyone has a special Holiday Inn story, what will be your Bramalea Retirement story?



### QUESTIONS?

✉ [askbramalea@levliving.com](mailto:askbramalea@levliving.com)



Discover Fun and Friendship at Bramalea Retirement Residence

905.790.7900 | 30 Peel Centre Drive, Brampton, ON L6T 4G3 | [BramaleaRR.com](http://BramaleaRR.com)



## An Active Lifestyle Awaits

Our goal is to enrich your life through social and physical experiences that keep you moving and your brain active.

“ Think what life would be like if you had a variety of opportunities each day to stay active! ”

At Bramalea Retirement Residence, activities for seniors not only contribute to a healthy lifestyle, they also lead to enriching friendships and increased happiness. Our activity programs are designed to focus on the health of residents' body, mind and spirit. You could join in the aqua fit classes in our Indoor Heated Pool or participate in an energetic class in our Fitness Centre.

### Enjoy our amenities such as:

- Fitness Center
- Indoor Heated Pool
- Library
- Fire Side Lounge
- Billiards
- Bistro

Enjoy the various entertainers who bring their many talents to our home or entertain your friends and family in our charming Bistro. As well as in-house activities, our residents are just steps away from fabulous shopping, eateries, public transportation and medical offices.

Our monthly Activity Calendar is designed to keep you involved and immersed in fun and friendship. As a member of our Bramalea family, you will be encouraged to share your thoughts and ideas on which activities you would like to see added to our current program.



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## Delicious Meals Served Daily

With meals prepared fresh every day, you'll enjoy a variety that caters to every taste, served right to your table.

“ You will never have to eat alone, you can dine with your friends everyday. ”

At **Bramalea Retirement Residence**, our residents enjoy a varied menu in a casual friendly atmosphere where everybody knows your name.

Our chef prepares wonderful entrées, hearty soups, fresh salads and vegetables, and luscious treats to make each day's dining a pleasure.

Healthy meals for seniors are always our main concern. Our dining service includes:

- Nutritious, well-balanced meals prepared daily
- Continental Breakfast served in the Bistro
- Special diets accommodated
- Choice of entrées at lunch and dinner to suit various tastes and dietary requirements
- Complimentary snacks, coffee, tea and fruit available every day in our 24 hour Bistro for residents and guests



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At **Bramalea Retirement Residence** you can be as active and independent as you like, and you can relax in comfort knowing our team is available 24 hours should you ever need us.

### Independent Living Services includes the following:

- Assistance with a Shower Weekly
- Enriching Activity Program
- Complimentary Snacks
- Phone, Cable, Wifi
- Weekly Housekeeping
- All meals provided

### For a nominal fee, we can provide the following additional services:

- Assistance with activities of daily living
- Medication Administration
- Enhanced Medication Management
- Laundering of Personal Clothing
- Additional Housekeeping or Maintenance Services
- Foot Care

We're here to help with your every need, so you can relax and live life to the fullest at **Bramalea Retirement Residence**.



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## When You Need a Short-term Solution

Whether you want to see what we offer during a trial stay or need help in recovery, we have the perfect short-term solution.

“ We’re here 24 hours to assist you and ensure a full and speedy recovery. ”

Not ready to commit or if you need short term care for recovery or respite – even on short notice – consider this:

### Short Term Trial Stays

Interested in enjoying all the amenities our community has to offer, but you’re not just sure if it’s the right decision for you?

Come try us out for a Trial Stay. You’ll enjoy our full range of services, amenities, and dining, and experience first hand living at **Bramalea Retirement Residence**.

### Respite Stays

Bramalea offers respite stays to assist in your recovery after surgery, or to provide rehab services. We have built a trusting relationship with Brampton Civic Hospital, and our focus is to help with your transition. We’ll come to you for assessment in your home or hospital. We can have you moved in as quick as same day. And to help in your recovery, during the week we offer 2 hours a day of free group physiotherapy classes.

Come see for yourself all the wonderful things our community has to offer, book a tour today!

We also invite you to join us for lunch and experience **Bramalea Retirement Residence** firsthand.

Convalescent or Respite Stays starting at \$110 per day.



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