Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Day Light Savings Time Ends** 11:00 Catholic Mass = T 2:00 Salvation Army=T 6:45 Cards = FR	**2** 9:30 Netflix Series "The Queen's Gambit"=T 11:00 Exercises Video by Heather=T 1-2pm Tuckshop=AR 2:00 Bingo = AR	**3** **Flu Shot Clinic Today=T** **No Van Shuttle Today** 9:00 Knit & Quilt = AR 11:00 Falls Prevention Class = AR **6:30 Happy Hour=AR** **7:00 Entertainment with Jasmine Murray=AR**	**4** 9:30 Netflix Series "The Queen's Gambit"=T 11:00 Gentle Exercise=AR **2:00 Get the Most out of your Health App Presentation= T** 3:00 Better Balance=AR 6:30 Movie Night "Coal Miners Daughter"	**5** 9am-12pm Van Shuttle **10am-3pm Roselynn Clothing Sale=T** 1-2pm Tuck Shop=AR 3:00 Card Making=AR	**6** 9:30 Netflix Series "The Queen's Gambit"=T 11:00 Exercise Video by Heather = T 2:00 Card Bingo = AR	**7** 2:00 Bingo = AR 6:45 Movie Night "The House with a Clock in it's Walls" = T
8 11:00 Catholic Mass = T **11-2 Vendor Sale "One of kind, journals, notebooks, cards, bookmarks"- Cher Edwards=FR** 2:00 Movie Matinee "Shirley"=T 6:45 Cards = FR 6:45 Ferndale Church Service = T	**9** 9:30 Netflix Series "The Queen's Gambit"=T 11:00 Gentle Exercises=AR 1-2pm Tuckshop=AR 2:00 Bingo = AR **3:15 Entertainment Clarintella =T**	**10** 1-4pm Van Shuttle **11-3 Gemini Jewlery Sale=FR** 9:00 Knit & Quilt = AR 11:00 Falls Prevention Class = AR **6:30 Happy Hour=AR** **7:00 Entertainment with Don Van Halteren**	**11** **Remembrance Day** **10:30 Remembrance Day Service from Ottawa=T** 1:30 Van Shuttle to Peterborough Slots 2:30 Beginner Acrylic Poppy Art=AR 6:30 Movie Night "1917"=T	**12** 9am-12pm Van Shuttle **10am-2pm Carol Gift Basket Sale=FR** 1-2pm Tuck Shop=AR **2:00 Resident Council Meeting=T**	**13** **Covid Shot Clinic Today=T** 11:00 Gentle Exercise with Josee=AR 2:00 Card Bingo=AR	**14** 11:00 Chair Yoga with Guided Meditation = T 2:00 Bingo = AR 6:45 Movie Night "Smokey & the Bandit" = T

November 2026

Location Legend:
AR = Activity Room
FR = Friendship Room
T = Theatre Room
L = Library

APPLEWOOD RETIREMENT RESIDENCE

Update Oct 29, 2026





November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 11:00 Catholic Mass = T 2:00 Movie Matinee "Agatha Christie's Seven Dials"= T 6:45 Cards = FR	**16** 9:30 Netflix Series "The Queen's Gambit" = T 11:00 Gentle Exercises = AR 1-2pm Tuck Shop = AR 2:00 Bingo = AR 3:15 Entertainment by the "Flute Gang"=T	**17** 1–4pm Van Shuttle 9:00 Knit & Quilt = AR **10am-2pm Mary Kaye Vendor Sale=FR** 11:00 Falls Prevention Class = AR 2:00 St Luke's Church=T 6:30 Happy Hour = AR	**18** **11:30 Bus Trip to the Peterborough Airport for lunch (Sign up at the front desk)** 6:30 Movie Documentary "Sinatra All or Nothing" Part 1 = T	**19** Heather on Vacation **No Van Shuttle Today** 11:00 Youtube 50's Sing-a-long with Lyrics=T 2:00 Movie Documentary "Sinatra All or Nothing" Part 2=T	**20** Heather on Vacation 9:30 Netflix Series"The Qeens Gambit" = T 11:00 Exercises Video by Heather = T 2:00 Card Bingo = AR **3:15 Entertainment by Rob Murray=T**	**21** 2:00 Bingo = AR 6:45 Movie Night "Going in Style" = T
22 11:00 Catholic Mass = T 2:00 Movie Matinee "The Highwaymen" = T 6:45 Cards = FR 6:45 Ferndale Church Service = T	**23** Heather on Vacation 9:30 Netflix Series "The Queen's Gambit" = T 11:00 Exercises Video by Heather = T 2:00 Bingo = AR	**24** 1–4 pm Van Shuttle 9:00 Knit & Quilt = AR 1:00 Falls Prevention Class = AR 2:00 Northminster United Church=T **6:30 Happy Hour= AR** **7:00 Entertainment by Katie Bath=AR**	**25** 9:30 Netflix Series "The Queen's Gambit" = T 11:00 Gentle Exercises=AR **2:30 Birthday/New Resident Welcome Party with "Fiddle Group Treble Makers"=AR** 6:45 Movie Night The "Maverick" = T	**26** 9am–12pm Van Shuttle 1–2 pm Tuck Shop = AR **2:30 Entertainment by the Buckhorn Singers=T**	**27** 9:30 Netflix Series: "Queen's Gambit" = T 11:00 Gentle Exercises=AR 2:00 Card Bingo = AR **3:15 Entertainment with Bill Dickinson=T**	**28** 11:00 Chair Yoga with Guided Meditation 2:00 Bingo=AR 6:45 Movie Night "I am Sam" = T
29 11:00 Catholic Mass = T **11am-2pm Lions Club Christmas Cake Sales=FR** 2:00 Movie Matinee "The Ballad of Buster Scruggs" = T 6:45 Cards = FR	**30** 9:30 TV Series = T 11:00 Gentle Exercises = AR 1-2pm Tuck Shop = AR 2:00 Bingo = AR 3:30 Better Balance=AR					

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