

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026  Location Legend: AR = Activity Room FR = Friendship Room T = Theatre Room L = Library 				1 No Van Shuttle Today 9:00 Netflix Series “Is it Cake Halloween?”= T 2:30 “Bogart Life Comes in Flashes” Documentary=T	2 9:30 TV Series: “The Man on the Inside” = T 11:00 Exercise Video by Heather = T 2:00 Card Bingo = AR	3 2:00 Bingo = AR 6:45 Movie Night “9 to 5” = T
4 2:00 Movie Matinee “The Whisper Man”=T 6:45 Cards = FR	5 9:30 TV Series “The Man on the Inside” = T 11:00 Gentle Exercises=AR 1-2 Tuckshop=AR 2:00 Bingo = AR 3:30 Better Bones=AR	6 1-4pm Van Shuttle 9:00 Knit & Quilt = AR 11:00 Falls Prevention Class = AR 6:30 Happy Hour=AR 7:00 Entertainment with Jasmine Murray=AR	7 9:30 TV Series “The Man on the Inside” = T 11:00 Gentle Exercise=AR 2:30 Chair Dance=AR 3:30 Jeopardy=T 6:30 Movie Night “Enola Holmes 3” = T	8 9am-12pm Van Shuttle 9:00 Netflix Series “Is it Cake Halloween?”= T 3:00 Spenser Scurr Illusionist Show=AR	9 9:30 TV Series: “The Man on the Inside” = T 11:00 Gentle Exercise=AR 2:30 Thanksgiving Day Tea with Entertainmnet by Keith Kirkpatrick	10 11:00 Chair Yoga with Guided Meditation = T 2:00 Bingo = AR 6:45 Movie Night “It’s Complicated” = T
11 No Catholic Mass Today 2:00 Movie Matinee “A Beautiful Mind”=T 6:45 Cards = FR Update Sept 29, 2026	12 Happy Thanksgiving 9:30 TV Series “The Man on the Inside” = T 2:00 Bingo 	13 No Van Shuttle Today 9:00 Knit & Quilt = AR 11:00 Falls Prevention Class = AR 2:30 Christain Music/Story Teller by Trevor Baker=T 6:30 Happy Hour = AR	14 9:30 TV Series “The Perfect Couple” = T 11:00 Gentle Exercise = AR 2:00 Entertainment Vintage Brass-Knight Shift=T 6:45 Movie Night “The Intern” = T	15 9 am–12 pm Van Shuttle 9:00 Netflix Series “Is it Cake Halloween?” = T 1–2 pm Tuck Shop = AR 2:30 Entertainment with Rob Murray=T 3:00 Carding Making Class=AR- Sign Up is required at the front desk.	16 9:30 TV Series “The Perfect Couple” = T 11:00 Gentle Exercise=AR 2:00 Card Bingo 3:15 Entertainment with Mike & Darlene	17 2:00 Bingo = AR 6:45 Movie Night “The Long Game” = T

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 11:00 Catholic Mass = T 2:00 Movie Matinee "The Guernsey Literary & Potato Peel Pie Society" = T 7:15 Legion Trip to see "Elvis" perform 6:45 Cards = FR	19 9:30 TV Series "The Perfect Couple" = T 11:00 Gentle Exercises = AR 1-2pm Tuck Shop = AR 2:00 Bingo = AR 3:30 Better Balance=AR	20 1-4pm Van Shuttle 9:00 Knit & Quilt = AR 11:00 Falls Prevention Class = AR 2:00 St Luke's Church=T 6:30 Happy Hour = AR	21 9:30 TV Series "The Perfect Couple"=T 11:00 Gentle Exercise Video by Heather=T 2:30 Entertainment by Ron Lane=T 6:30 Movie Night "Night at the Museum" = T	22 9am-12pm Van Shuttle 10:30 Tena Information Session=T 1-2 pm Tuck Shop = AR 3:00 Carding Making Class=AR- Sign Up is required at the front desk.	23 9:30 TV Series: "The Perfect Couple" = T 11:00 Gentle Exercises = AR 1:30 Bus Trip to the Leahy Farm in Lakefield 2:00 Card Bingo = AR	24 11:00 Chair Yoga with Guided Meditation 2:00 Bingo = AR 6:45 Movie Night "Rumour Has It" = T
25 11:00 Catholic Mass = T 2:00 Movie Matinee "Wicked" = T 6:45 Cards = FR 6:45 Ferndale Church Service = T	26 Election Day for Peterborough Council 9:30 TV Series "The Perfect Couple" = T 11:00 Gentle Exercises = AR 1-2 pm Tuck Shop = AR 1-3pm Polling Station in Friendship Room 2:00 Bingo = AR	27 1-4 pm Van Shuttle 9:00 Knit & Quilt = AR 11:00 Falls Prevention Class = AR 2:00 Northminster United Church=T 6:30 Happy Hour = AR	28 9:30 TV Series "The Perfect Couple" = T 11:00 Gentle Exercises=AR 2:30 Birthday/New Resident Welcome Party with Ian Clement=AR 6:45 Movie Night The "The Deep End of the Ocean" = T	29 9am-12pm Van Shuttle 9:00 Netflix Series "Is it Cake Halloween?" = T 1-2 pm Tuck Shop = AR 2:00 Mapleridge Choir=T 3:00 Carding Making Class=AR- Sign Up is required at the front desk.	30 9:30 TV Series: "The Perfect Couple" = T 10:30 Pumpkin Carving=AR 2:00 Card Bingo = AR	31 2:00 Halloween Party with Randy Reid=AR 6:45 Movie Night "Death Becomes Her" = T 

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APPLEWOOD
RETIREMENT RESIDENCE