





APPLEWOOD RETIREMENT RESIDENCE

AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>what's blooming in august</p>			<p>1 9:00 - Noon Shuttle Bank Only</p> <p>10:00 Coffee Club</p> <p>11:00 & 11:30 Gentle Exercises</p> <p>2:00 GOOD NEWS FROM AROUND THE WORLD</p>	<p>2 11:00 & 11:30 Gentle Exercises</p> <p>2:00 CARD BINGO</p> <p>3:00 Afternoon Music With Darlene Theatre Room</p> <p>6:45 Progressive Euchre Tournament</p>	<p>3 10:00 Coffee Club Friendship Rm</p> <p>2:00 SATURDAY BINGO With Frank</p> <p>7:00 Sat Night at the Movies - Theatre Rm</p>
<p>4 11:00 Catholic Mass</p> <p>2:00 Salvation Army Church Service</p> <p>6:45 SUNDAY CARDS</p>	<p>5 CIVIC HOLIDAY</p> <p>10:00 Coffee/Tea Club</p> <p>2:00 SPIN & WIN BINGO In the Large Rm</p> <p>6:45 Evening Cards Friendship Rm</p>	<p>6 9:30 Knitting & Quilting</p> <p>11:00 FALLS Prevention-Exercises</p> <p>1:00-4:00 Shuttle Medical Appts Only</p> <p>2:00 Let's have a fun game of "Jeopardy" With Marilyn</p>	<p>7 10:00 Coffee/Tea</p> <p>11:00 & 11:30 Gentle Exercises</p> <p>2:00 Afternoon Sing a long with Jasmine</p> <p>6:45 Rummoli Night</p>	<p>8 9:00 - Noon SHUTTLE -Walmart</p> <p>10:00 Coffee Club Friendship Rm</p> <p>11:00 & 11:30 Gentle Exercises</p> <p>2:00 MEN'S GROUP</p> <p>2:30 A summer Surprise</p>	<p>9 11:00 & 11:30 Gentle Exercises</p> <p>2:00 CARD BINGO</p> <p>3:00 Afternoon Music With Gary B Theatre Room</p> <p>6:45 Progressive Euchre Tournament</p>	<p>10 10:00 Coffee Club Friendship Rm</p> <p>2:00 WHO, WHAT & WHERE with Marilyn</p> <p>7:00 Sat Night at the Movies - Theatre Rm</p>
<p>11 11:00 Catholic Mass</p> <p>2:00 CARD AFTERNOON</p> <p>6:45 MOVIE NIGHT</p>	<p>12 10:00 New Residents invited to a "Get to Know Us"</p> <p>2:00 SPIN & WIN BINGO In the Large Rm</p> <p>6:45 Evening Cards Friendship Rm</p>	<p>13 9:30 Knitting & Quilting</p> <p>11:00 Exercises</p> <p>1:00-4:00 Shuttle Medical Appts Only</p> <p>2:00 Music with Glen Caradus</p> <p>6:45 Info session with Jennifer</p>	<p>14 10:00 Coffee/Tea Club</p> <p>11:00 & 11:30 Gentle Exercises</p> <p>2:00 National Wine & Cheese Day</p> <p>6:45 Rummoli Night</p>	<p>15 9:30 Shuttle Lansdown Place</p> <p>11:00 & 11:30 Gentle Exercises</p> <p>2:00 Laurie's Music Program & Discussion Group In the Large Room</p>	<p>16 11:00 & 11:30 Gentle Exercises</p> <p>2:00 CARD BINGO</p> <p>3:00 Afternoon Music With Don VH Theatre Room</p> <p>6:45 Progressive Euchre Tournament</p>	<p>17 10:00 Coffee Club Friendship Rm</p> <p>2:00 OUTDOOR Music With Leigh K.</p> <p>7:00 Sat Night at the Movies - Theatre Rm</p> <p>TURN OVER THE PAGE →</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18 <u>11:00</u> <u>Catholic Mass</u></p> <p><u>2:00 Afternoon</u> <u>Music with</u> <u>Eileen H.</u></p> <p>6:45 MOVIE NIGHT</p>	<p>19 <u>9:30</u> <u>Table Shuffle Brd</u></p> <p>2:00 <u>SPIN & WIN BINGO</u> In the Large Rm</p> <p>6:45 <i>Evening Cards</i> <i>Friendship Rm</i></p>	<p>20 <u>9:30</u> <u>Knitting & Quilting</u> <u>11:00 Preventing</u> <u>Falls - Exercises</u> 1:00-4:00 Shuttle Medical Appts Only</p> <p><u>2:00 SPELLING BEE</u> <u>In the Large Room</u></p>	<p>21 10:00 Coffee/Tea <u>11:00 & 11:30</u> <u>Gentle Exercises</u></p> <p><u>1:30 Outing to The</u> <u>Ptbo Art Gallery</u></p> <p>6:45 <u>Rummoli Night</u></p>	<p>22 9:00 - Noon Shuttle to Westend</p> <p><u>11:00 & 11:30</u> <u>Exercises</u></p> <p><u>2:00 Outing to</u> <u>Ptbo Casino</u> <u>First group at 1:30</u> <u>Second group - 2:00</u></p>	<p>23 <u>11:00 & 11:30</u> <u>Gentle Exercises</u></p> <p><u>2:00 CARD BINGO</u> <u>3:00</u> <u>Afternoon Music</u> <u>With Keith K</u> <u>Theatre Room</u></p> <p>6:45 Regular Euchre Night</p>	<p>24 <u>11:00 – 11:45</u> <u>Lucy is back w her 2</u> <u>boys and some</u> <u>friends – on the piano</u></p> <p><u>2:00 SATURDAY</u> <u>BINGO</u></p> <p>7:00 Sat Night at the Movies - Theatre Rm</p>
<p>25</p> <p><u>11:00</u> <u>Catholic Mass</u></p> <p><u>2:30 DAN THE</u> <u>PIANO MAN</u></p>	<p>26 10:00 Coffee/Tea Club</p> <p>2:00 <u>SPIN & WIN BINGO</u> In the Large Rm</p> <p>6:45 <i>Evening Cards</i> <i>Friendship Rm</i></p>	<p>27 <u>9:30</u> <u>Knitting & Quilting</u> <u>11:00- Preventing</u> <u>Falls - Exercises</u> 1:00-4:00 Shuttle Medical Appts Only</p> <p><u>2:00</u> <u>Expose Travel</u> <u>TO:</u> <u>SWITZERLAND</u> <u>3:30 CHAIR YOGA</u></p>	<p>28 10:00 Coffee/Tea <u>11:00 & 11:30</u> <u>Gentle Exercises</u></p> <p><u>2:00</u> <u>Extra Shopping trip</u> <u>To the UK Shoppe</u> <u>In Ptbo</u></p> <p>6:45 <u>Rummoli Night</u></p>	<p>29 9:00 - Noon Shuttle to Westend</p> <p><u>11:00 & 11:30</u> <u>Exercises</u></p> <p><u>2:00 PLAYING</u> <u>FLYSWATTER</u> <u>VOLLEYBALL</u></p>	<p>30 <u>No Exercises</u></p> <p><u>2:00 CARD BINGO</u> <u>3:00</u> <u>Afternoon Music</u> <u>With Craig B.</u> <u>Theatre Room</u></p> <p>6:45 Regular Euchre Night</p>	<p>31 <u>10:00 Coffee Club</u> <u>Friendship Rm</u></p> <p><u>2:00 SATURDAY</u> <u>CARDS</u></p> <p>7:00 Sat Night at the Movies - Theatre Rm</p>

AUGUST REMINDERS:

AUG 6 – PLAY JEOPARDY WITH MARILYN at 2:00

AUG 13 – GLEN CARADUS IS BACK WITH HISTORY AND MUSIC at 2:00

AUG 13 – JOIN JENNIFER WITH ANOTHER INFO SESSION ABOUT CARE – PLEASE INVITE A FAMILY MEMBER 6:45

AUG 14 – NATIONAL WINE AND CHEESE DAY at 2:00

AUG 17 – OUR FRIEND LEIGH WILL PLAY OUTSIDE FOR US at 2:00

AUG 21 – OUTING TO THE PTBO ART GALLERY Leaving at 1:30