








APPLEWOOD RETIREMENT RESIDENCE

APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>7 11:00 <u>Catholic Mass</u></p> <p>2:00 Salvation Army Church Service</p> <p>6:45 SUNDAY CARDS</p>	<p>1 April Fool's Day 10:00 Coffee & Conversation 2:00 SPIN & WIN BINGO In the Large Rm 6:45 Evening Card Friendship Rm</p>	<p>2 9:30 Knitting & Quilting 11:00 Preventing Falls - Exercises 1:00-4:00 Shuttle Medical Appts Only 2:00 Spelling Bee 4-5 Therapy Dog Visit</p>	<p>3 10:00 Coffee/Tea Club 11:00 & 11:30 Gentle Exercises 2:00 Good News from around the world 6:45 Evening Cards</p>	<p>4 9:00 - Noon SHUTTLE -BANK ONLY 10:00 Coffee Club Friendship Rm 11:00 & 11:30 Gentle Exercises 2:00 History of Ptbo thru pictures & music With Glenn Cardus</p>	<p>5 11:00 & 11:30 Gentle Exercises 2:00 CARD BINGO 3:00 Afternoon Music With Keith K Theatre Room 6:45 Progressive Euchre Tournament</p>	<p>6 10:00 Coffee Club Friendship Rm 2:00 SATURDAY BINGO 7:00 Sat Night at the Movies - Theatre Rm</p>
<p>7 11:00 <u>Catholic Mass</u></p> <p>2:00 Salvation Army Church Service</p> <p>6:45 SUNDAY CARDS</p>	<p>8 9:30 Table Shuffle Brd 10:00 SEAMSTRESS 1:30 - 2:15 SPIN & WIN BINGO In the Large Rm 2:15 Solar Eclipse Info Join us in the Theatre Room 6:45 Evening Cards</p>	<p>9 9:30 Knitting & Quilting 11:00 Preventing Falls - Exercises 1:00-4:00 Shuttle Medical Appts Only 2:00 LET'S PLAY YAHTZEE 4-5 Therapy Dog Visit</p>	<p>10 10:00 Coffee/Tea Club 11:00 & 11:30 Gentle Exercises 2:00 Afternoon Music with Barb & John 6:45 Evening Cards</p>	<p>11 9:00 - Noon SHUTTLE -Walmart 10:00 Coffee Club Friendship Rm 11:00 & 11:30 Gentle Exercises 2:00 MEN'S GROUP Topic: History of Baseball</p>	<p>12 11:00 & 11:30 Gentle Exercises 2:00 CARD BINGO 3:00 Afternoon Music With Don VH Theatre Room 6:45 Progressive Euchre Tournament</p>	<p>13 10:00 Coffee Club Friendship Rm 11:00 Chair Yoga With Michelle 2:00 WHO, WHAT & WHERE with Marilyn 7:00 Sat Night at the Movies - Theatre Rm</p>
<p>14 11:00 <u>Catholic Mass</u></p> <p>2:30 Afternoon Music Dan the Piano Man</p> <p>6:45 Ferndale Evening Church Service</p>	<p>15 10:00 Coffee/Tea Club 2:00 SPIN & WIN BINGO In the Large Rm 6:45 Evening Cards Friendship Rm</p>	<p>16 9:30 Knitting & Quilting 11:00 Preventing Falls - Exercises 1:00-4:00 Shuttle Medical Appts Only 2:00 St. Luke's Church Service 4-5 Therapy Dog Visit</p>	<p>17 10:00 Coffee/Tea Club 11:00 & 11:30 Gentle Exercises 2:00 FLYSWATTER VOLLEY BALL 6:45 Evening Cards</p>	<p>18 9:30 - Noon Shuttle to Lansdowne Place 10:00 Coffee Club Friendship Rm 11:00 & 11:30 Gentle Exercises 2:00 Maintenance for wheelchairs and Walkers-Living Well</p>	<p>19 11:00 & 11:30 Gentle Exercises 2:00 CARD BINGO 3:00 Afternoon Music With Mike & Darlene Theatre Room 6:45 Regular Euchre Night</p>	<p>20 10:00 Coffee Club Friendship Rm 2:00 NEW ENTERTAINER "Myles Klingbeil" 7:00 Sat Night at the Movies - Theatre Rm</p>

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<p>21 11:00 Catholic Mass</p> <p>2:00 Church Service With Beth from St. Luke's Church</p> <p>6:45 SUNDAY CARDS</p>	<p>22 10:00 Coffee/Tea Club</p> <p>2:00 SPIN & WIN BINGO In the Large Rm</p> <p>3:45 – 4:15 ZUMBA EXERCISE CLASS With Jasmine</p> <p>6:45 Evening Cards Friendship Rm</p>	<p>23 9:30 Knitting & Quilting</p> <p>11:00 Preventing Falls - Exercises</p> <p>1:00-4:00 Shuttle Medical Appts Only</p> <p>2:00 Expose Travel To "WALES"</p> <p>4-5 Therapy Dog</p>	<p>24 10:00 Coffee/Tea Club</p> <p>11:00 & 11:30 Gentle Exercises</p> <p>2:00 JAVA MUSIC CLUB In the Large Room</p> <p>6:45 Evening Cards</p>	<p>25 9:00 - Noon Shuttle -Westend</p> <p>11:30 LUNCH CLUB Heading out into the community ☺ to Red Lobster</p> <p>2:00 Afternoon Cards</p>	<p>26 11:00 & 11:30 Gentle Exercises</p> <p>2:00 CARD BINGO</p> <p>3:00 Afternoon Music With Gary Birkhof Theatre Room</p> <p>6:45 SUNSET Drinks in the Friendship Rm</p>	<p>27 10:30 – 11:30 "First Five Club" In the Large Room A children's playtime</p> <p>11:00 Chair Yoga</p> <p>2:00 Afternoon Bingo</p> <p>7:00 Sat Night at the Movies - Theatre Rm</p>
<p>28 11:00 Catholic Mass</p> <p>2:00 SUNDAY MUSIC with Eileen H.</p> <p>6:45 Ferndale Evening Church Service</p>	<p>29 10:00 Coffee/Tea Club</p> <p>12:30-3:30 ROLANDA'S JEWELRY SALE</p> <p>6:45 All Women's Choir "Abzolutley"</p>	<p>30 9:30 Knitting & Quilting</p> <p>1:00-4:00 Shuttle Medical Appts Only</p> <p>2:00 FIT MINDS In the Large Rm</p> <p>4-5 Therapy Dog Visit</p>				

APRIL REMINDERS:

***THURS APRIL 4th** Join Glen Cardus for an afternoon of **Ptbo History with Music and Pictures**

***MONDAY APRIL 8th** will be the **"SOLAR ECLIPSE"**. This will start in our area at around 2:15

PLEASE NOTE the Mon Spin & Win Bingo will begin at 1:30 Join us around 2:15 in the Theatre Rm to watch the coverage on the Weather Channel.

***THURS APRIL 18th** from 2:00 – 3:30 we are having a **"WHEELCHAIR & WALKER" Maintenance Clinic** in the Large Room

***MONDAY APRIL 22nd** Join us in the Theatre Rm for our new **"ZUMBA EXERCISE CLASS"** This is done sitting on chairs

***THURSDAY APRIL 25th**, we are going on a **"lunch club" trip to Red Lobster. We have rented an "accessible bus" for this outing**

***MONDAY APRIL 29th** Today we have to special events. First **ROLANDA'S JEWELRY SALE** starting at 12:30 then in the evening will be entertained by the **"ALL WOMEN'S CHOIR-ABZOLUTLEY"** in the Theatre Rm starting at **6:45**

PLEASE REMEMBER TO SAVE YOUR POP CAN TABS AND DROP THEM OFF IN THE LARGE JAR AT THE FRONT DESK ☺

"A SPECIAL THANK YOU" From Ruth Ellison: On Sat March 16th my beloved husband Frank passed away. I want to thank the residents of Applewood for your prayers, cards and warm hugs. God Bless each of you!! Thank you, Ruth

