



September Recreation Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Everyday in the Retirement Community 10:30am Coffee Social Everyone is Welcome!! Tuesdays: Cards/Boardgames in the Activity Room Wed-Mon Cards/Boardgames in the Activity Room	Everyday in the Party Room 10am Coffee Social (Bring your own mug) 2-4pm Board Games 7-9pm Board Games Everyone is Welcome!!	1 Medical transport 9-4pm Lucy Gray Alterations 1-4pm (L1) 9:45 Strength Exercise (AR) 10:30 Rec.Planning Meeting(AR) 11:45 Rec.Planning Meeting(L2) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga(TH) 3:00Bible Study (TH) 3:00 Tech Presentation: iPhone(AR) 7:00 Word Games (AR) 7:15 Once Upon a Crime (TH)	2 1-3:00pm Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Name That Tune (AR) 1:30 Knit Wits (DL) 2:00 Chef Demonstration with Mark and Kaydince (AR) 3:00 Un-Christmas Show Rehearsal(TH) 3:30 Cards, Scrabble and Dominoes 7:15 Forever my Girl (TH)	3 8:30-10:30am Tuck Shop Open Shopper's Drug Mart 9:45 Strength Exercise (AR) 10-11:00 Party Rm Closed for Meeting 10:45 Hand Wax Therapy (AR) 2:00 LargePrint Book Exchange (AR) 2:15 Tai Chi (TH) 3:00 Thirsty Thursday with John Turner (L1) 7:15 My Old Lady (TH)	4 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Washer Toss (TR) 2:00 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Documentary: Thailand's Wild Cats (TH) D+ 2:00 Euchre (PR) 3:15 Beginner Darts! (AR) 7:00 Skip-Bo (AR) 7:15 Unsung Hero (TH)	5 9:30 & 10:15 Aquafit (Pool) 10:30 News and Coffee Social (CL) 11:15 Express Stretch (AR) 2:00 Bingo (AR) 3:15 Too Crazy to be True.. Facts and Trivia with Colleen (AR) 7:15 La Bamba (TH)
6 1-3:00p Tuck Shop Open Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 + 2pm Spiritual Reflection (TH) 2:15 Bocce Ball on the Terrace! 3:00 Name That Tune (AR) 3:00 HymnSing w/Pastor LeeAnne (L2) 7:15 Postcards from the Edge (TH)	7 <i>Labour Day</i> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Paraffin Wax Hand Therapy (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 7:00 Farkle (AR) 7:15 Concert:Carol King (TH)	8 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 Book Club (PDR) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Shuffleboard w/ Elaine&Pat (TR) 3:15 Mocktail Social (TR) 7:00 Jeopardy! (AR) 7:15 Penguin Bloom (TH)	9 1-3:00pm Tuck Shop Open Lunch and Shopping Port Perry 9:45 Strength Exercise (AR) 10:45 Name That Tune (AR) 1:30 Knit Wits(DL) 1:45 Bingo 50¢/card 2:00 Pokeno (AR) 3:00 Un-Christmas Show Rehearsal(TH) 3:15 Seated Music & Exercise (AR) 7:15 Courageous (TH)	10 8:30-10:30am Tuck Shop Open SeniorFEST!! 10:30 Coffee Social in the Café Lounge Vendor Market 11am-4pm (AR+L1) SeniorFEST 1-4pm: BBQ + Band SLC Dining Room: Silent Auction Front Circle: Ice Cream Truck Live Music: Art Lajambe + Bill Dickinson 7:15 Concussion (TH)	11 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Paraffin Wax Hand Therapy(AR) 2:00 Advanced Darts! (AR) 1130 Fire Safety 2:15 Gentle Seated Exercise (TH) 3:00 Documentary: 9/11: One Day in America (TH) D+ 2:00 Euchre (PR) 3:15BeginnerDarts!(AR)7:00SkipBo(AR) 7:15 World Trade Centre (TH)	12 Lindsay Farmer's Market 9:30 & 10:15 Aquafit (Pool) 10:30 News and Coffee Social (CL) 11:15 Express Stretch (AR) 2:00 Dollar \$ Bingo (AR) 3:15 Riddles and Brain Stumpers (AR) 3:15 Sing Along (L2) 7:15 Solo Mio (TH)
13 1-3:00p Tuck Shop Open Church Transportation Doors Open Ghost Tours Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 + 2pm Spiritual Reflection (TH) 2:15 Mini Putt on the Terrace! 3:00 Sing Along with Grace (AR) 3:00 Classics Comedy Hour (L1) 7:15 The Wolf and the Lion (TH)	14 Canadian Tire 9:45 Strength Exercise (AR) 10:45 Paraffin Wax Hand Therapy(AR) 1:45 Bingo 50¢/card (PR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 3:00 Ian McKechnie: Lindsay (AR) y Heritage Buildings History and Hau 7:00 Farkle(AR) 7:15 EPiC: Elvis Presley in Concert (P	15 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 St.Mary's Catholic Service (TH) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:00 Election Candidate: Eric Smeaton 2:15 Chair Yoga(TH) 3:00Bible Study (TH) 3:15 Mocktail Social (L1) 7:00 Wheel of Fortune (AR) 7:15 What happens Later (TH)	16 BankTransport 1-3:00p Tuck Tour of the Canoe Museum Fifth Ave. Jewelry 11-2pm (L1) 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Wits(DL) 1:45 Bingo 50¢/card 2:00 Pokeno (AR) 3:00 Rehearsal(TH) 3:15 Seated Music & Exercise (AR) 7:15 The First Wives Club (TH)	17 8:30-10:30am Tuck Shop Open Giant Tiger 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 United Church Service (TH) 10:45 Paraffin Wax Hand Therapy(AR) 2:00 Resident Memorial Service (L1) reception to follow (café) 3:15 Tai Chi (TH) 7:15 Miss Congeniality (TH)	18 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Baseball Target Toss (TR) 2:00 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Documentary: People of a Feather (TH) Prime 2:00 Euchre (PR) 3:15 Beginner Darts! (AR) 7:00 Skip-Bo (AR) 7:15 Queen of the Desert (TH)	19 9:30 & 10:15 Aquafit (Pool) 10:30 News and Coffee Social (CL) 11:15 Express Stretch (AR) 2:00 Bingo (AR) 3:15 Name That Classic Movie (AR) 3:15 Sing Along (L2) 7:15 Top Gun (TH)
20 1-3:00p Tuck Shop Open Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 Spiritual Reflection (TH) 2:00 Calvary Church Service and Hymn 2:15 Bean Bags on the Terrace! 3:00 Music and Trivia (AR) 7:15 Materialists (TH)	21 <i>First Day of Autumn</i> Loblaws ZABS Comfort Shoes 11am-4pm(L1) 10:45 Paraffin Wax Hand Therapy(AR) 1:45 Bingo 50¢/card (PR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 3:15 New Resident Social (AR) 7:00 Farkle (AR) 7:15 Concert: One Last Time: An	22 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Shuffleboard w/ Elaine&Pat (TR) 3:15 Mocktail Social (TR) 7:00 Finish the Lyrics (AR) 7:15 Ghost (TH)	23 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Wits(DL) 1:45 Bingo 50¢/card 2:00 Election Candidate:BrookeGoldring 2:00 Pokeno 3:00 Un-Christmas Show R 3:15 Seated Music & Exercise (AR) 7:15 Meet Cute (TH)	24 8:30-10:30am Tuck Shop Open Trip to Lindsay Exhibition (LEX) 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Paraffin Wax Hand Therapy(AR) 2:15 Tai Chi (TH) 3:00 Birthday Party with Terry Maxwell (TR) 7:15 Something's Gotta Give (TH)	25 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Bean Bags (TR) 2:00 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Docu: Spirit Doctors (TH) Prime 3:00 Video Games with Ricky (L1) 7:00 Skip-Bo (AR) 7:15 Iqaluit (TH)	26 Lindsay Farmer's Market 9:30 & 10:15 Aquafit (Pool) 10:30 News and Coffee Social (CL) 11:15 Express Stretch (AR) 2:00 Dollar \$ Bingo (AR) 3:15 Who Am I?Famous Faces (AR) 3:15 Sing Along (L2) 7:15 Kayak to Klemtu (TH)
27 1-3:00p Tuck Shop Open Church Transportation Weekly Puzzle in the Café 10:30 + 2pm Spiritual Reflection (TH) 2:15 Ladder Ball on the Terrace 3:00 Hymn Sing with Grace (AR) Dinnertime Music with Don.V Dinnertime Music with David.T 7:15 Mia and the White Lion (TH)	28 Dollarama/Food Basics 9:45 Strength Exercise (AR) 10:45 Paraffin Wax Hand Therapy(AR) 1:45 Bingo 50¢/card (PR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 3:00 Learn to Play.... Kings Corner! 7:00 Farkle (AR) 7:15 Music Box -Kenny G 2021 (TH)	29 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 St.Paul's Anglican Service (TH) 2:00 Euchre and Scrabble (AR) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Shuffleboard w/ Elaine&Pat (TR) 3:15 Mocktail Social (TR) 7:00 Cranium Crunches (AR)7:15 Grey Owl	30 1-3:00pm Tuck Shop Open Bank Transportation 9:45 Strength Exercise (AR) 10:45 Name That Tune (AR) 1:30 Knit Wits(DL) 1:45 Bingo 50¢/card 2:00 Vaughan Rightmyer- Blue Star Bear Indigenous Presentation (L1) 3:00 Documentary: Trick or Treaty (TH) 7:15 Alone Yet Not Alone (TH)	Colour Coding: IN THE THEATRE SENIOR LIVING Community Location RETIREMENT COMMUNITY Location VAN OUTINGS-Advance Sign up Req. IN-HOUSE SHOPPING or CLINIC Resident-Run Program Program on the Terrace SPECIAL EVENT!!	Retirement Community AR- Activity Room D1- Retirement Dining Rm L1- Retirement Lounge NP- North Patio TH- Theatre	Senior Living Community BR- Billiards Room L2- SL Lounge, 2nd Floor D2- SL Dining Rm 2nd Flr PR- Party Room, 2nd Flr



