



# March Recreation Calendar



Office Copy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 1-3:00p Tuck Shop Open</b> Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:15 Ladder Ball (AR) 3:00 Hymn Sing with Grace (AR) 7:15 The Theory of Everything (TH)	<b>2 Lucy Gray Alterations 1-4pm (L1)</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social EVERY DAY (CL) 10:45 Hand Wax Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:00 TV Series: House of Guinness (TH) 2:15 Gentle Seated Exercise (AR) 3:00 Word Games (AR) 7:00 Farkle (AR) 7:15 Broadway Leading La	<b>3 Medical transport 9-4pm</b> 9:45 Strength Exercise (AR) 10:30 Rec.Planning Meeting(AR) 11:45 Rec.Planning Meeting(L2) 2:00 Euchre/Scrabble(AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:15 Mocktail Social (L1) 7:00 Jeopardy (AR) 7:15 Deep End of the Ocean (TH)	<b>4 BankTransport Tuck 1-3pm</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo 50¢/card (P) 1:45 TV Series This is US (TH) 2:00 Pokeno (AR) 3:15 Music & Exercise (AR) 3:15 Virt.DrumFit (L2) 7:15 Tumbeltdown (TH)	<b>5 Tuck 8:30-10:30am</b> 9:45 Strength Exercise (AR) 10-11:00 Party Room Closed for Meeting 10:45 Hand Wax Therapy (AR) 2:00 LargePrint Book Exchange 2:15 Tai Chi (TH) 3:00 Thirsty Thursday with Darlene and Shamrock (L1) 7:15 The Three Musketeers (TH)	<b>6 Tuck Shop 1-3pm</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 Fireside Chat with Erica Vaccinnation 1:00 Fireside Chat with Erica (L1) Paralympics Opening Ceremony (L1) 2:15 Gentle Seated Exercise (AR) 3:15 Darts! (AR) 7:00 Skip-Bo (AR) 7:15 Chicago (TH)	<b>7</b> 10:30 News and Coffee Social (L1) 11:00 Fire Safety (L2) *MOD* 11:15 Express Stretch Exercise (AR) 1:45 Paralympics -All Afternoon (TH) 2:00 Bingo (AR) 3:15 Music and Trivia (AR) 3:15 Sing Along (L2) 7:15 Mother Teresa (TH)
<b>8 Int.Women's Day Tuck Shop 1-3pm</b> Daylight Savings Time Begins Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 Spiritual Reflection (L1) 2:00 Spiritual Reflection (L1) 3:00 Paralympics (TH) 3:15 Finish the Lyrics (AR) 7:15 Blue Jay (TH)	<b>9 Canadian Tire</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Hand Wax Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:00 TV Series: House of Guinness (TH) 2:15 Gentle Seated Exercise (AR) 3:00 Nail Painting (AR) 7:00 Farkle (AR) 7:15 STEVIE WONDER Live (TH)	<b>10 Medical transport 9-4pm</b> Fifth Ave. Jewelry 10-4pm (L1) 9:45 Strength Exercise (AR) 10:30 Coffee Social (CL)   BookClub (PDR) 2:00 Euchre/Scrabble (AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Paralympics (TH) 3:15 Mocktail Social (L1) 7:00 Wheel of Fortune (AR) 7:15 Last Letter From Your Lover (TH)	<b>11 Tuck 1-3pm</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo 50¢/card (P) 1:45 TV Series This is US (TH) 2:00 Pokeno (AR) 3:30 Zumba Gold for Beginners! (AR) 3:15 Virtual DrumFit (L2) 7:15 Land of Steady Habits (TH)	<b>12 Tuck 8:30-10:30am</b> Shopper's Drug Mart 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge Chinese food lunch - By Sign-up Only 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:00 March Birthday Party with Keith Kirkpatrick (L1) 7:15 Flora and Son (TH)	<b>13 Tuck Shop 1-3pm</b> 9:45 Strength Exercise (AR) 10:45 Spring Craft - Pressed Flowers Window Sun Catchers (AR) 2:00 Paralympics - All Afternoon (TH) 2:15 Gentle Seated Exercise (AR) 3:15 Darts! (AR) 7:00 Skip-Bo(AR) 7:15 Dare To Be Wild (TH)	<b>14</b> 10:30 News and Coffee Social (L1) 11:15 Express Stretch Exercise (AR) 1:45 Paralympics -All Afternoon (TH) 2:00 Dollar\$ Bingo (AR) 1\$ to Play! 3:15 Music and Trivia (AR) 3:15 Sing Along (L2) 7:15 Irish Wish (TH)
<b>15 Tuck Shop 1-3pm</b> Church Transportation 10:30 Coffee Social in the Café Lounge 10:30 Spiritual Reflection (L1) 2:00 Spiritual Hymn Sing & Inspirational Service (TH) Paralympics Closing Ceremony (L1) 3:00 Sing Along with Grace (AR) 7:15 The Banshees of Inisherin (TH)	<b>16 Dollarama/Food Basics</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Hand Wax Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:00 TV Series: House of Guinness (TH) 2:15 Gentle Seated Exercise (AR) 3:00 Word Games (AR) 7:00 Farkle (AR) 7:15 Daniel O'Donnell-Roc	<b>17 Medical transport 9-4pm</b> 9:45 Strength Exercise(AR) 10:30 St.Mary's Catholic Service 2:00 Euchre/Scrabble (AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:00 St. Patrick's Day Party with John Turner (L1) 7:00 Irish Cream & Trivia Social (AR) 7:15 The Last Right (TH)	<b>18 BankTransport Tuck 1-3pm</b> 9:45 Strength Exercise (AR) 10:45 Name That Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo 50¢/card (P) 1:45 TV Series This is US (TH) 2:00 Pokeno (AR) 3:15 Music & Exercise (AR) 3:15 Virtual DrumFit (L2) 7:15 The Last of the Blonde Bombshells (TH)	<b>19 Tuck 8:30-10:30am</b> Giant Tiger 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 United Church Service (TH) 2:15 Tai Chi (TH) 3:00 Historian Ian McKechnie: Local history and Family Roots (AR) 7:15 Kiss me Goodbye (TH)	<b>20 Tuck Shop 1-3pm</b> Academy Theatre: MUSIC OF THE NIGHT 9:45 Strength Exercise (AR) 10:45 Axe Throwing (AR) 2:00 Documentary: Ireland's Greatest Robb Robberies-Martin Cahill & the Art Heist 2:15 Gentle Seated Exercise (AR) 3:15 Darts! (AR) 7:00 Skip-Bo(AR) 7:15 Broadcast News (TH)	<b>21</b> Alestea Mobile Fashion 10-4pm (L1) 10:30 News and Coffee Social (L1) 11:15 Express Stretch Exercise (AR) 2:00 Bingo (AR) 3:15 Music and Trivia (AR) 3:15 Sing Along (L2) 7:15 Working Girl (TH)
<b>22 Tuck Shop 1-3pm</b> Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 Spiritual Reflection (L1) 2:00 Spiritual Reflection (L1) 2:15 Floor Shuffleboard (AR) 3:15 Name That Tune (AR) 7:15 Green Card (TH)	<b>23 Lindsay Mall</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Hand Wax Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:00 TV Series: House of Guinness (TH) 2:15 Gentle Seated Exercise (AR) 3:00 New Resident Social (AR) 7:00 Farkle (AR) 7:15 Concert: Elton John Live (TH)	<b>24 Medical transport 9-4pm</b> 9:45 Strength Exercise(AR) 10:30 Guided Meditation (TH) 2:00 Euchre and Scrabble (AR) 2:00 Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Cam's Pop Music Program Mocktails, Cocktails & Music! (L1) 7:00 Cranium Crunches (AR) 7:15 Mighty Macs (TH)	<b>25 Tuck Shop 1-3pm</b> 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo 50¢/card (P) 1:45 TV Series This is US (TH) 2:00 Pokeno (AR) 3:15 Music & Exercise (AR) 3:15 Virtual DrumFit (L2) 7:15 Waitress (TH)	<b>26 Tuck 8:30-10:30am</b> Whitney Town Centre/LCBO 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:00 Thirsty Thursday with Rob Murrar (L1) 7:15 Bloodworth (TH)	<b>27 Tuck Shop 1-3pm</b> Academy Theatre: Swing Sensation 9:45 Strength Exercise (AR) 10:45 Bean Bags (AR) 2:00 Documentary: Ancient Ireland - Prehistoric Origins (TH) 2:15 Gentle Seated Exercise (AR) 3:15 Darts! (AR)   7:00 Skip-Bo! (AR) 7:15 Aurora Teagarden Mysteries: A Bone to Pick (TH)	<b>28 Earth Hour 8:30-9:30pm</b> 10:30 News and Coffee Social (L1) 11:15 Express Stretch Exercise (AR) 2:00 Dollar\$ Bingo (AR) 1\$ to Play! 3:15 Music and Trivia (AR) 3:15 Sing Along (L2) 7:15 Aurora Teagarden Mysteries: Real Murders (TH)
<b>29 1-3pm Tuck Shop Open</b> Church Transportation Weekly Puzzle in the Café 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:15 Washer Toss (AR) 3:15 Finish the Lyrics (AR) Dinnertime Music with Don.V Dinnertime Music with David.T 7:15 The Good House(TH)	<b>30 Loblaws</b> 9:45 Strength Exercise (AR) 10:30 Res. Satisfaction Survey (AR) 1:45 Bingo 50¢/card (PR) 2:00 TV Series: House of Guinness (TH) 2:15 Gentle Seated Exercise (AR) 3:00 Word Games (AR) 7:00 Farkle (AR) 7:15 The Rat Pack Live and Swingin' on Stage 1965 (TH)	<b>31 Medical transport 9-4pm</b> 9:45 Strength Exercise(AR) 10:45 Hand Wax Therapy (AR) 10:30 St. Paul's Anglican Church 1-2:00 Resident Satisfaction Survey (L2) 2:00 Euchre/Scrabble (AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Galapagos Travelogue with Vic (L1) 7:00 Word Games (AR) 7:15 Happiness For Beginners (TH)	<b>Colour Coding:</b> IN THE THEATRE IN THE SENIOR LIVING COMMUNITY VAN OUTINGS IN-HOUSE SHOPPING or CLINIC SPECIAL EVENT!!	<b>Retirement Community</b> AR- Activity Room CL - Café Lounge D1- Retirement Dining Rm L1- Retirement Lounge PL- Pool TH- Theatre Coffee Social in the Café Lounge Every day at 10:30a.m!	<b>Senior Living Community</b> BR- Billiards Room L2- SL Lounge, 2nd Floor D2- SL Dining Rm 2nd Flr PR- Party Room, 2nd Flr	<b>Everyday in the Party Room</b> 10am Coffe Social (Bring your own mug) 2-4pm Board Games 7-9pm Board Games Everyone is Welcome!!