

Adelaide Place



ALL INCLUSIVE SUPPORTIVE LIVING

RETIREMENT COMMUNITY













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Come and create your new home in one of our beautiful suites in either the Retirement Community or Senior Living Community.

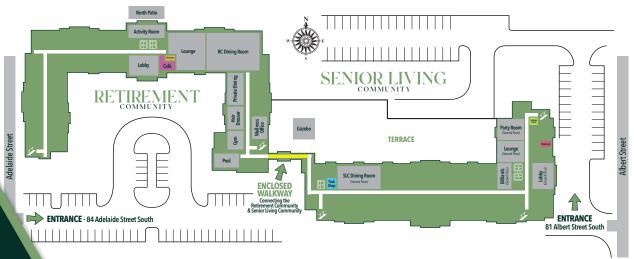
Adelaide Place is one home with two lifestyle options to choose from. The Retirement Community and Senior Living Community are surrounded by beautifully landscaped grounds and connected via an enclosed walkway allowing access to amenities and recreation activities in both locations.

You can choose to live in the more supportive Retirement Community where we do all the shopping, cooking, and cleaning or the Senior Living Community which is more independent, and suites feature full kitchens and in-suite laundry. Whichever you decide, you will find freedom, flexibility and all the comforts of home.

We believe that a home is not just a place where you live, but a place where you feel understood and part of a family. We listen, understand and respond to our residents, offering tailored solutions to suit their needs. Our caring community fosters an active and engaged environment to promote meaningful friendships and an enhanced quality of life.

Our Retirement Community offers a supportive living environment with an all-inclusive pricing structure. Let us take care of the shopping, cooking and cleaning while you enjoy the things you love you to do. You package includes 3 meals a day in our beautiful dining room (plus access to our 24-hour café), personal emergency response system, weekly housekeeping, a host of recreational activities and much more. Please refer to the "suite inclusion" page outlining everything included in your monthly package.

At Adelaide Place you will enjoy all the comforts without the burden of responsibility.







ACCOMMODATION STYLE

MONTHLY RENT CHARGE

ONE BEDROOM SUITE						
KENT	\$4,700.00					
BOND	\$5,000.00					
REGENT	\$5,600.00					

ONE BEDROOM PLUS DEN SUITE

DURHAM \$5,700.00

TWO BEDROOM SUITE						
WELLINGTON	\$6,000.00					
VICTORIA	\$6,300.00					

The above monthly prices include all taxes, utilities, 3 delicious meals per day, weekly housekeeping, satellite TV package, telephone package (local and long distance phone calls in Canada and the USA) and internet package.

Please refer to the suite inclusion sheet for everything that is included in our all-inclusive monthly fee.

Second Occupant is an additional \$800 per month

*Prices are Subject to Change | Actual Suite Size and Layout May Vary









Heat, Hydro, Water, Landscaping, Snow Removal, Property Taxes, HST

3 Meals Daily served in the Dining Room

Weekly Housekeeping and Weekly Laundering of Towels and Bed Linen

Access to Lounges, Gardens, 24 Hour Cafe, Wellness Centre, Patios and Heated Indoor Pool

Ongoing Assessments with Director of Care

Individual Bathroom with Accessible Shower and Safety Features

Kitchenette Equipped with Refrigerator/Freezer and Sink

In-Suite Climate Control Heat/Air Conditioning

Social, Spiritual and Fitness Programs

Window Treatments

Telephone, Internet and Unlimited Long Distance in Canada & USA

Television Service Package

Access to Foot Care, Healthcare Provider, Physiotherapy Services and Fall Prevention Program

24 Hour Personal Emergency Response

OPTIONAL SIGNATURE SERVICES

Additional Wellness Services - Portering, Bathing Assistance, Daily Reminders, Safety Checks

Additional Housekeeping - Twice Weekly or Personal Laundry Weekly

Diabetic Management and Treatment Services

Access to Personalized Concierge Services

Beauty Salon/Barber and Spa Services

Physiotherapy - based on availability

Guest Suites & Meals

Foot Care

Rates for optional signature services can be obtained through our Executive Director





Services & Amenities



ALL THE COMFORTS OF HOME

When you call Adelaide Place home, you will have all the comforts of home and more including:

Dining room - enjoy nutritious, delicious food prepared by our Executive Chef and his team in our beautiful dining room. With flexible dining times, you can eat when you're ready

Heated indoor pool - participate in an aquafit class, swim at your leisure, and even invite your grandkids over for a swim

24 hour security and personal assistance - our team is available to assist you at the touch of a button

Private dining room - special events and milestone celebrations can be enjoyed in private with the entire family

24 hour Café - help yourself to snacks and drinks and bring your family anytime

Movie theatre - enjoy popcorn and a drink while you catch a movie. This large space is also equipped for other types of events

Housekeeping service - weekly cleaning of your suite includes vacuuming, light dusting, mopping and laundering of towels and bed linens

Large relaxing lounges - find a quiet corner to read or a comfortable space to visit with friends

Outdoor patios - soak up the sun with a summer cocktail on one of our garden patios

Transportation and special outings - we have drivers ready to take you on regular scheduled outings for shopping, dining out, local parks, live shows, or even the casino

Fitness centre and activity rooms our full time recreation team has fun and interactive activities planned so there is never a dull moment

A laundry room on every floor - each of our four floors has a large spacious laundry room for your personal laundry - whether you do it yourself or have our housekeeping team take care of it for a small extra fee

Computer access - use our community computers to stay in touch or your own in your internet ready suite

Salon services - our aesthetician's offer a variety of services including hairstyling and manicures (our affordable salon services are billed separately)

Beyond the amenities available right at home, you're close to familiar community services such as Lindsay Square Mall, Whitney Town Centre, Kent Place Mall, Lindsay Recreation Centre, the Ross Memorial Hospital and nearby medical centre.







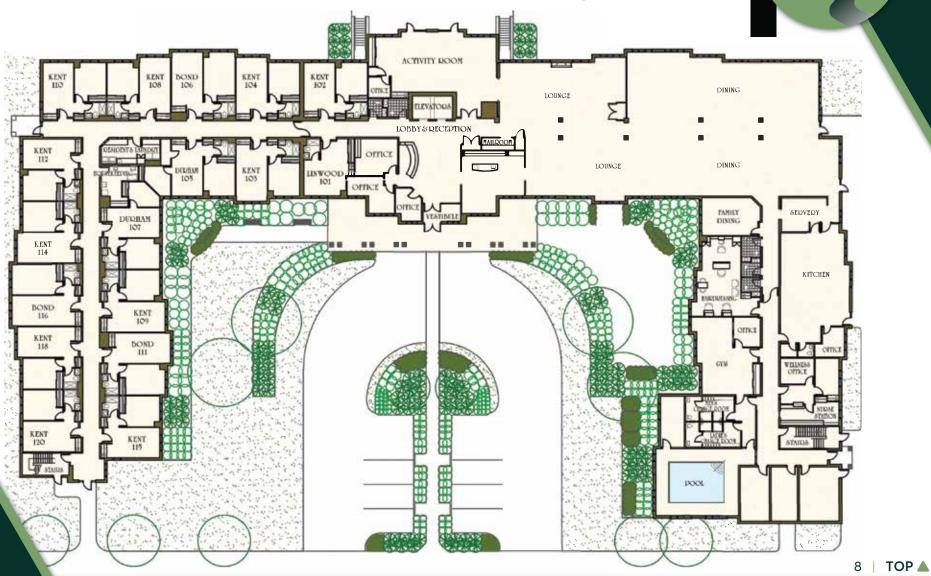
MONTHLY EXPENSES	CURRENT HOME	ADELAIDE PLACE	
Rent or Mortgage Payment	\$	\$	
Condo Fees	\$	INCLUDED	
Property Tax	\$	INCLUDED	
Telephone	\$	INCLUDED	
Cable TV	\$	INCLUDED	
Internet	\$	INCLUDED	
Hydro	\$	INCLUDED	
Gas	\$	INCLUDED	
Water	\$	INCLUDED	
Home Security	\$	INCLUDED	
Weekly Housekeeping	\$	INCLUDED	
House Repairs/Maintenance	\$	INCLUDED	
Major Appliances (Maintenance/Repair)	\$	INCLUDED	
Lawn Care/Snow Removal	\$	INCLUDED	
Emergency Response System	\$	INCLUDED	
Laundry Facilities	\$	INCLUDED	
Food/Groceries	\$	INCLUDED	
Fitness Club Membership	\$	INCLUDED	
Entertainment & Recreational Activities	\$	INCLUDED	
TOTAL MONTHLY EXPENSES	\$	\$	



Main Floor Plan







DECENT 224 KENT 234 KENT 226 KENT 214 KENT 236 KENT 205 KENT 223 VELLINCTON 225 REGENT 201 RECENT 219 WELLINGTON 227 BOND 240 BOND 218 KENT 211 BOND 229 BOND 215 KENT 231



KENT 217

9 | **TOP** ▲

VICTORIA 242

Third Floor Plan







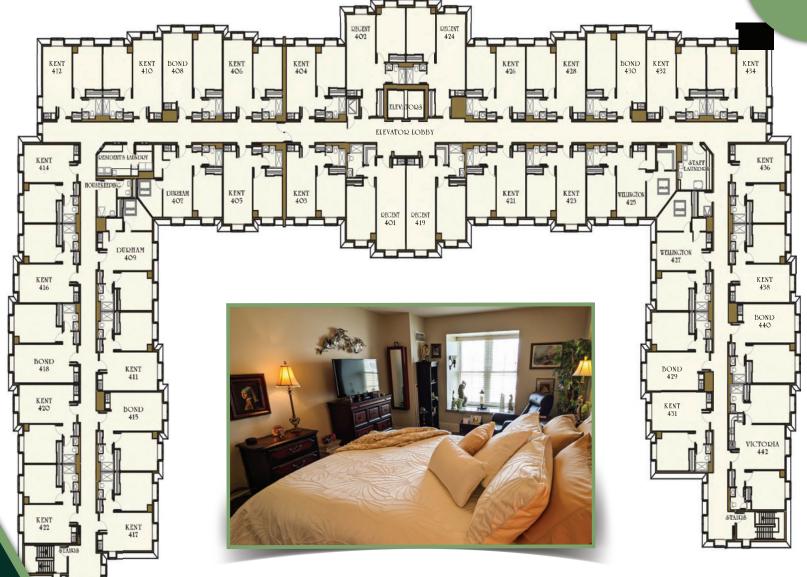


10 | **TOP**

Fourth Floor Plan









11 | **TOP** ▲

Come Home to Adelaide Place





You deserve an Adelaide Place retirement.

Come home to a place where you can relax and be yourself... where friends look out for you, dinner is ready when you are, and your days unfold just the way you want them to.

Your comfortable, spacious suite is your retreat, accented with your own personal touches and furniture. In-suite climate control means you can be as warm or as cool as you wish. With your kitchenette, you can have a light meal in private or join friends in the dining room to discover what the Executive Chef and his team have prepared.

Take an aqua-fit class in the heated indoor pool, play cards with friends, catch a movie in the theatre, or head out for a planned excursion.

At Adelaide Place, you'll enjoy all the comforts of home - without the burden of responsibility. With 24 hour security and personal assistance monitoring, everyone sleeps better.

Caring team of professionals who are like family

Your carefree lifestyle at Adelaide Place is enhanced by a dedicated team of caring professionals who treat everyone as a member of our Adelaide Place family. We all share one common goal: to treat the residents of Adelaide Place with respect and dignity as we would want to be treated. We provide a friendly, caring and secure atmosphere that you will be proud to call home.



THE KENT SUITE







One Bedroom

496 - 530 sq.ft.

*Suite size and layout may vary. Furniture not included.





THE BOND SUITE







One Bedroom

560 - 600 sq.ft.

*Suite size and layout may vary. Furniture not included.





THE REGENT SUITE





One Bedroom

627 - 661 sq.ft.

*Suite size and layout may vary. Furniture not included.





THE DURHAM SUITE







One Bedroom

635 - 696 sq.ft.

*Suite size and layout may vary. Furniture not included.





THE WELLINGTON SUITE





Two Bedroom

696 - 737 sq.ft.

*Suite size and layout may vary. Furniture not included.





THE VICTORIA SUITE





Two Bedroom

831 sq.ft.

*Suite size and layout may vary. Furniture not included.



Lecreation Calendar



SAMPLE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Tuck Shop store isn't	Senior Living Locations	Retirement Locations	Call 8155 for more info:	Welcome 2		1 New Year's Day!
open yet, but we have lots of items for sale in the Cubby! Call 8155 to set a time to shop, or leave a message with your list!	BR – Billiards Room L2 – Lounge, 2 nd Floor D2 – Dining Room, 2 nd Floor PR – Party Room	AR – Activity Room D1 – Dining Room, 1 st Floor L1 – Lounge, 1 st Floor TH – Theatre	To join <u>Poker Social</u> , speak to Recreation <u>Bid Euchre</u> group is looking for more players.	New Year, new ideas! Come of Meeting and share your fee ideas to help put something calendar! Want to run your of help getting started!	edback, suggestions, and you'll enjoy doing on the	11:00 News and Discussion (L1) 2:15 Music and Trivia – Rock n Roll Hits! (AR) 3:15 Big SHOT Bingo(D1)
2	3	4	5	6 Epiphany	7	8
Church Transportation 10:30 Spiritual Reflection 2:00 Spiritual Reflection 2:15 Lounge Social(L1) 3:15 Bean Bags! (AR)	9:30 Early Bird Billiards (BR) 9:45 Strength Exercise (AR) Trip to Glant Tiger 2:00 \$1 Bingol (PR) 3:00 Knitting & Crocheting (L2) 2:15 Stretch Exercise (AR) 3:15 Retirement Recreation Program Meeting (AR)	Medical Transportation 9-4p.m 9:30 Early Bird Billiards(BR) 9:45 Strength Exercise (AR) 1:30 Bridge (PR) 2:00 Poker Social (AR) 2:00 Senior Living Recreation Program Meeting (D1) 2:45 & 3:30 Wii Bowling (TH) 7:15 Word Games (L1)	9:30 Early Bird Billiards (BR) 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:00 Bid Euchre (PR) 2:15 Wheel of Fortune w/ Myra! (AR) 3:15 Pokeno (D1)	9:30 Early Bird Billiards(BR) 9:45 Strength Exercise (AR) 1:30 Bridge (PR) 2:00 Knit Witts (L1) 2:15 Stretch Exercise (AR) 3:15 Pay2Play Bingo- 50¢/card	9:30 Early Bird Billiards 9:45 Strength Exercise (AR) 10:30 Ladder Ball (AR) 2:00 & 3:15 Live Music with Art Lajame (L1) 3:30 Music Social (L2)	11:00 News and Discussion (L1) 2:00 Riddles and Brain Teasers (AR) 3:15 Big Screen Bingo (D1)
9	10	11	12	13	14	15
Church Transportation 10:30 Spiritual Reflection (AR) 2:00 SpiritualReflection 2:15 Lounge Social (L1) 3:15 Bocce Ball (AR)	9:30 Early Bird Billiards(BR) 9:45 Strength Exercise (AR) Trip to Dollarama/Food Basics/Canadian Tire 2:00 \$1 Bingo! (PR) 3:00 Knitting & Crocheting (L2) 2:15 Stretch Exercise (AR) 3:15 Meditation with Lauren (TH)	Medical Transportation 9-4p.m 9:30 Early Bird Billiards (BR) 9:45 Video Strength Exercise (AR) 1:30 Bridge (PR) 2:00 Poker Social (AR) 2:45 & 3:30 Wii Bowling (TH) 7:15 Who Am I, EH?? Famous Canadians Edition (L1)	Bank Transportation 9:30 Early Bird Billiards(BR) 9:45 StrengthExercise(AR) 10:45 Name that Tune (AR) 1:00 Bid Euchre (PR) 2:15 Chair Yoga (AR) 3:15 Pokeno (D1)	9:30 Early Bird Billiards(BR) 9:45 Strength Exercise (AR) 1:30 Bridge (PR) 2:00 Knit Witts (L1) 2:15 Stretch Exercise (AR) 3:15 Pay2Play Bingo- 50¢/card (D1)	9:30 Early Bird Billiards (BR) 9:45 StrengthExercise(AR) 10:30 Carpet Shufflebaord (AR) 2:00 New Resident Meet & Greet (AR) 3:30 Music Social (L2)	11:00 News and Discussion (L1) 2:15 Music and Trivia- Record Breaking Artists! (AR) 3:15 Big Screen Bingo (D1)
16	17 Adelaide's 11th Anniversary!	18	19 Food Committee	20	21	22
Church Transportation 10:30 Spiritual Reflection (AR) 2:00 Spiritual Reflection 2:15 Lounge Social (L1) 3:15 Washer Toss (AR)	9:30 Early Bird Billiards 9:45 Strength Exercise 10:30 Shopping to the LCBO 2:00 \$1 Bingo! (PR) 3:00 Knitting & Crocheting (L2) 2:00 & 3:15 Our 11 th Anniversary Celebration with Roy Lawder (L1)	Medical Transportation 9-4p.m 9:30 Early Bird Billiards(BR) 9:45 Video Strength Exercise(AR) 1:30 Bridge (PR) 2:00 Poker Social (AR) 2:45 & 3:30 Wii Bowling (TH) 7:15 Jeopardy! (L1)	9:30 Early Bird Billiards(BR) 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:00 Bid Euchre (PR) 2:15 Chair Yoga (AR) 3:15 Pokeno (D1)	9:30 Early Bird Billiards (BR) 9:45 Strength Exercise(AR) 10-2 Mobile Senior Shop Clothing Sale (L1) 1:30 Bridge (PR) 2:00 Knit Witts (L1) 2:15 Stretch Exercise (AR) 3:15 Pay2Play Bingo-50¢/card (D1)	9:30 Early Bird Billiards 9:45 Strength Exercise (AR) 10:45 Fun with ALEXA- Learn to use the new music- on-demand speaker in the lounge!! (AR) 3:15 Meditation with Lauren (TH) 3:30 Music Social (L2)	11:00 News and Discussion (L1) 2:15 Scottish Trivia (AR) 3:15 Big Screen Bingo (D1)
23	24 Residents Council	25 Robbie Burns Day	26	27	28	29
Church Transportation 10:30 Spiritual Reflection 2:00 Spiritual Reflection 2:15 Lounge Social (L1) 3:15 10-pin Bowling (AR) 30 Church Transportation 10:30 Spiritual Reflection 2:00 Spiritual Reflection 2:15 Lounge Social (L1) 3:15 Tabletop Shufflebaord (AR)	9:30 Early Bird Billiards 9:45 Strength Exercise (AR) Trip to Lindsay Mall 2:00 \$1 Bingo! (PR) 3:00 Knitting & Crocheting (L2) 2:15 Stretch Exercise (AR) 3:15 Inservice with PT Khera- Safe & Effective Use of the Fitness Centre Equipment (FC) 31 9:45 Strength Exercise (AR) 10:45 Mexican Train Dominoes(AR) 2:00 \$1 Bingo! (PR) 3:00 Knitting & Crocheting(L2) 2:15 Stretch Exercise (AR)	Medical Transportation 9-4p.m 9:30 Early Bird Billiards (BR) 9:45 Video Strength Exercise (AR) 1:30 Bridge (PR) 2:00 Poker Social (AR) 2:45 & 3:30 Wii Bowling (TH) Suppertime- Haggis and a Toast to Scottland 7:15 Scottish Poetry, Toasts, and Story Telling (L1)	Bank Transportation 9:30 Early Bird Billiards(BR) 9:45 StrengthExercise(AR) 10:45 Name that Tune (AR) 1:00 Bid Euchre (PR) 2:15 Chair Yoga (AR) 3:15 Pokeno (D1)	9:30 Early Bird Billiards(BR) 9:45 Strength Exercise (AR) 1:30 Bridge (PR) 2:00 Knit Witts (L1) 2:15 Stretch Exercise (AR) 3:15 Pay2Play Bingo- 50¢/card (D1)	9:30 Early Bird Billiards 9:45 Strength Exercise (AR) 10:30 Bean Bags (AR) 2:00 & 3:15 Live music with the NightenGals! (L1)	11:00 News and Discussion (L1) 2:15 Music and Trivia- Your Choice!!! (AR) 3:15 Big Screen Bingo (D1)







































SUPPORTIVE

RETREME COMMUNITY

BOOK A PERSONAL TOUR TODAY!



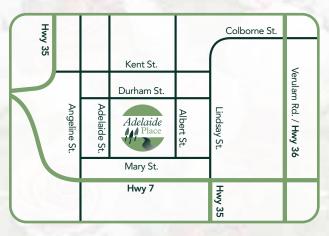
1705.340.4000

Retirement Community 84 Adelaide Street South Lindsay, Ontario **K9V 0G6**

QUESTIONS?

- askadelaide@levliving.com
- adelaideplace.com







TOP A

