

May Recreation Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|--|
| Senior Living | Retirement Locations | Tuck Shop Hours: | 1 | 2 | 3 | 4 |
| Locations L2 – Lounge, 2 nd Floor D2 – Dining Room, 2 nd Floor PR - Party Room TR - Terrace | AR - Activity Room D1 - Dining Room L1 – Retirement Lounge NP – North Patio TH – Theatre PDR- Private Dining Room | Wednesday, Friday, and Sunday 1:00-3:00pm Call ext. 8200 for up-to-date Shop hours or to speak to a Tuck Volunteer during open hours. | Bank Transportation 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo! 50¢/card (PR) 2:00 Pokeno! (AR) 3:00 Resident Social (L2) 3:15 DrumFit Exercise class (AR) | Fifth Avenue Jewelry 10-2pm (L1) Trip to Shopper's Drug Mart 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:00 United Church Service (TH) 3:00 Happy Hour and Live Music with Terry Maxwell (L1) | 9:45 Strength Exercise (AR) 10:45 Bean Bags (AR) 2:00 Documentary: Saving Sakic (TH) (AR) 2:15 Stretch Exercise (AR) 3:15 Scrabble and Board Games (AR) 3:30 Virtual Standing Chair Yoga (L2) 7:00 Skip-Bo (AR) | 9:30 Aquafit Class 1 (PL) 10:15 Aquafit Class 2 (PL) 10:30 News and Social Discussion (AR) 11:15 15-min Stretch! (AR) 2:00 Big Screen Bingo (AR) 3:15 Spirograph Colouring and Social (AR) |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Church Transportation Party Room Closed 12-5pm 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:15 Finish the Lyrics (AR) 3:15 Wheel of Fortune (AR) | Trip to Loblaws 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 1:45 Bingo! 50¢/card (PR) 2:15 Stretch Exercise (TH) 2:45 TV Series: The Grand (TH) 3:00 May Birthday Party with Kathy Wiles (L1) | Medical Transportation 9-4p.m 9:45 Strength Exercise (AR) 10:30 Activity Planning Meeting (AR) 1:30 Activity Planning Meeting (L2) 2:00 Euchre (AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Lounge social with Gimlets (L1) 7:15 Jeopardy! (AR) | Shirley's Magnetic Scarves and Accessories 10am-2pm (L1) 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo! 50¢/card (PR) 2:00 Pokeno! (AR) 2:45 PBS Series: Grantchester (TH) 3:15 Seated Zumba Exercise (AR) 3:00 Resident Social (L2) | Trip to Giant Tiger 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:00 TV Series: Carol Burnett Show (TH) 3:15 Ladie's Club – Making Fascinators for Tea Room Outing (AR) | 9:45 Strength Exercise (AR) 10:45 Ladder Ball (AR) 2:00 Documentary: Lord Montagu (TH) 2:00 Cards & Board Games with Ms. Gallwey's 6th graders (AR) 3:00 Stretch Exercise (AR) 3:30 Virtual Standing Zumba (L2) 7:00 Skip-Bo (AR) | Party Room Closed 12-5pm 9:30 Aquafit Class 1 (PL) 10:15 Aquafit Class 2 (PL) 10:30 News and Social Discussion (AR) 11:15 15-min Stretch! (AR) 2:00 Dollar Bingo-1\$ to Play (AR) 3:15 Pictionary (AR) |
| 12 Mother's Day | 13 | 14 | 15 | 16 | 17 | 18 |
| Church Transportation 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:00 Mother's Day Social with Mimosa Bar and Sweet Treats! (L1) 3:00 Hymn Sing with Grace (AR) | Lucy Gray Alterations 1-4:00 (L1) Lunch Outing to Tucked Away Tea Room in Fenelon Falls 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 1:45 Bingo! 50¢/card (PR) 2:00 TV Series: The Grand (TH) 2:15 Stretch Exercise (AR) 3:15 Floor Shuffleboard (AR) | Medical Transportation 9-4p.m Gemini Jewelry 11am-3pm (L1) Party Room Closed 11am-3pm 9:45 Strength Exercise (AR) 10:30 Book Club Meeting w/ Deb (PDR) 10:45 Crochet and Knit with Jess (AR) 2:00 Euchre (AR) Euchre (L2) 2:15 Chair Yoga (TH) 3:00 Lounge Social with Pink Senoritas (L1) 7:15 Art with Adrienne (AR) call 8155 to sign up | Bank Transportation 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo! 50¢/card (PR) 2:00 Pokeno (AR) 2:45 PBS Series: Grantchester (TH) 3:00 Resident Social (L2) 3:15 Drumfit (AR) | Trip to the Lindsay Mall 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 2:00 Italian Food Demonstration by Chef Mark (AR) 3:00 Where in the World Have You Been? Italy Edition (AR) 3:00 TV Series: Carol Burnett Show (TH) | 9:45 Strength Exercise (AR) 10:45 Bean Bags (AR) 2:00 Documentary: Apollo 11 (TH) 2:15 Stretch Exercise (AR) 3:15 Dementia Information Session by the Alzheimer's Society (AR) 3:30 Virtual Standing Chair Yoga (L2) 7:00 Skip-Bo (AR) | 9:30 Aquafit Class 1 (PL) 10:15 Aquafit Class 2 (PL) 10:30 News and Social Discussion (AR) 11:15 15-min Stretch! (AR) 2:00 Big Screen Bingo (AR) 3:15 Scrabble and Board Games (AR) |
| 19 | 20 Victoria Day | 21 | 22 | 23 | 24 | 25 |
| Church Transportation 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:15 Name That Tune (AR) 3:15 Charades! (AR) | 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 1:45 Bingo! 50¢/card (PR) 2:00 TV Series: The Grand (TH) 2:15 Stretch Exercise (AR) 3:15 Making Adelaide Place Photo Albums (AR) | Medical Transportation 9-4p.m 9:45 Strength Exercise (AR) 10:30 St. Mary's Catholic Service (TH) 2:00 Euchre (AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Lounge Social with Painkiller Cocktails (L1) 7:15 Word Games (AR) | 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo! 50¢/card (PR) 2:00 Pokeno! (AR) 2:45 PBS Series: Grantchester (TH) 3:00 Resident Social (L2) 3:15 Seated Zumba Gold (AR) | Trip to the Whitney Town Centre & LCBO 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:00 TV Series: Carol Burnett Show (TH) 3:00 Happy Hour and Live Music with John Turner (L1) | 9:45 Strength Exercise (AR) 10:45 Washer Toss (AR) 11:30 Fire Safety Walkthrough (D2) Call 8155 to sign up 2:00 Documentary: All the Queens Horses (TH) 2:15 Stretch Exercise (AR) 3:15 Walk for Alzheimer's (meet in Recreation Community Lobby) 7:00 Skip-Bo (AR) | 9:30 Aquafit Class 1 (PL) 10:15 Aquafit Class 2 (PL) 10:30 News and Social Discussion (AR) 11:15 15-min Stretch! (AR) 2:00 Dollar Bingo-1\$ to Play (AR) 3:15 Cribbage and Tabletop Games (AR) |
| 26 | 27 | 28 | 29 | 30 | 31 | Aquafit: |
| Church Transportation 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:15 Men's Club Outing to Automotive Flea Market and Car show at the LEX 3:00 Sing Along with Grace (AR) | Trip to Dollarama/Food Basics 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 1:45 Bingo! 50¢/card (PR) 2:15 Stretch Exercise (TH) 3:15 Wildlife Photography Presentation with Dave Ellis (AR) | Medical Transportation 9-4p.m 9:45 Strength Exercise (AR) 10:30 Anglican Church Service (TH) 10:45 Crochet and Knit with Jess (AR) 11:30 Fireside Chats with Jess (L2) 2:00 Euchre (AR) Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Lounge Social with Strawberry Fields Cocktails (L1) 7:15 Movie Night: Peace by Chocolate – based on a true Canadian Story (AR) | Bank Transportation 9:45 Strength Exercise (AR) 10:45 Name that Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo! 50¢/card (PR) 2:00 Pokeno! (AR) 2:45 PBS Series: Grantchester (TH) 3:00 Resident Social (L2) 3:15 Garden clean-up (NP) | Trip to La Mantia's Country Market 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:00 TV Series: Carol Burnett Show (TH) 3:00 Fireside Chats with Jess (L1) 3:15 Gardening on the North Patio (NP) | 9:45 Strength Exercise (AR) 10:45 Bean Bags (AR) 2:15 Stretch Exercise (AR) 3:00 Documentary: Unsynchable (TH) 3:15 Gardening on the North Patio (NP) 3:30 Virtual Standing Zumba (L2) 7:00 Skip-Bo (AR) | To attend Aquafit classes, residents MUST Call 8155 to sign up and be able to get in and out of the pool unassisted. If classes are full, you will be put on a temporary wait list. |