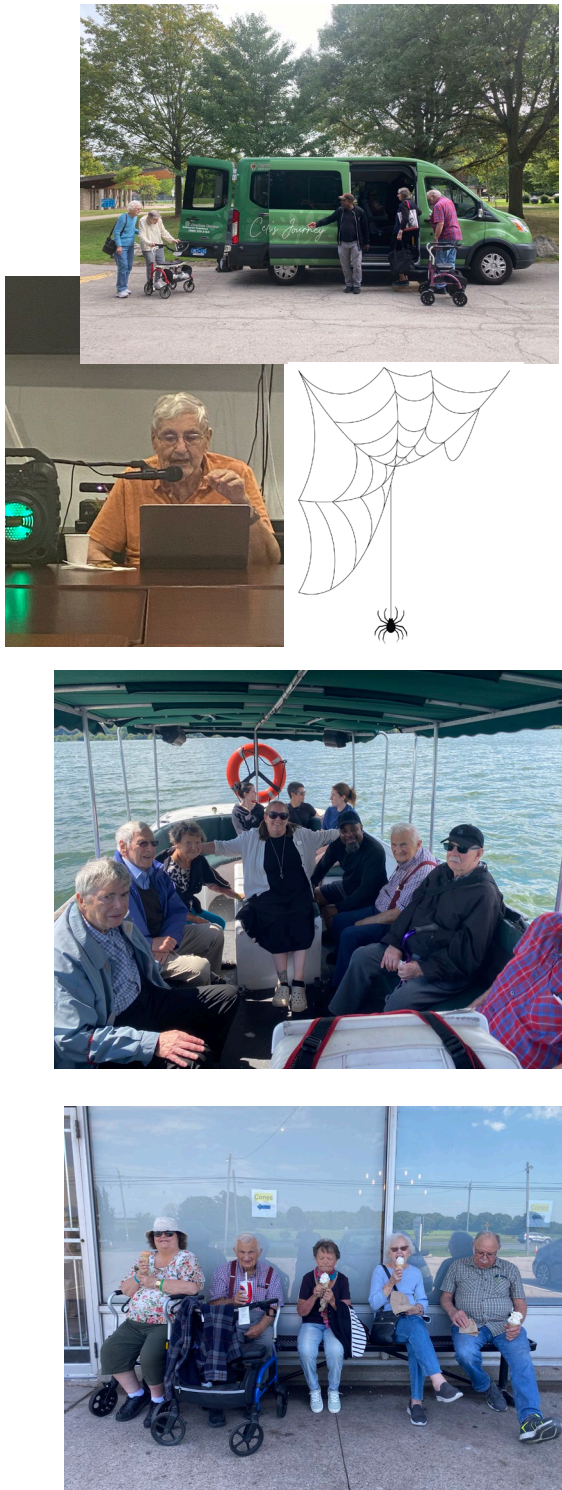


Photo Gallery



October Birthdays

In astrology, those born October 1–22 balance the scales of Libra. Libras seek equality, justice, and harmony. Eager to cooperate, Libras are charming diplomats who seek compromise and goodwill. Those born between October 23–31 are Scorpios. Scorpios are passionate and assertive leaders who value honesty and fairness above all—but betray a Scorpio and suffer the scorpion sting. Befriend a Scorpio and you will have not just a friend for life, but an advocate and confidant.

- Buster Keaton (comedian) – October 4, 1895
- Thor Heyerdahl (explorer) – October 6, 1914
- Jesse Jackson (civic leader) – October 8, 1941
- Henry J. Heinz (magnate) – October 11, 1844
- Ralph Lauren (designer) – October 14, 1939
- Emeril Lagasse (chef) – October 15, 1959
- Annette Funicello (actress) – October 22, 1942
- Michael Crichton (writer) – October 23, 1942
- Dylan Thomas (poet) – October 27, 1914

Happy Birthday to our friends from Aberdeen....

HAPPY BIRTHDAY

- Gerald H – October 1
- Judy M – October 1
- Donna M – October 4
- Brian F – October 5
- Peter A – October 18
- Teresa G – October 19
- Rita M – October 20
- Helen M – October 22
- John M – October 24
- Thora C – October 31
- Denise A – October 31

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ABERDONIAN

Aberdeen Gardens Retirement Residence | 330 Dundurn St South, Hamilton | 905-529-3163

Celebrating October

Tuesday Happy Hour
at 2:30pm

- October 6 – Escapade
- October 13 – Tom Cowles
- October 20 – Kim Atkins
- October 27 – Paula French

Senior’s Scholars
Health Series

Wednesdays at 3:30pm

Thanksgiving Monday
October 12

Foot Care Clinic
with Dr. Barbara
October 17

NEW PROGRAM
Taster’s Choice
October 15

Town Hall Meeting
October 19

Brant Arts Walker Clinic
October 26

Hear Right Hearing Clinic
October 28

Halloween
October 31



A Message from the Recreation Department

Get ready for a month filled with crisp autumn days, tasty treats, creativity, music, and plenty of fun with the Recreation Department! There’s something happening all month long, so save the dates and join us for the festivities.

A Warm Welcome! Please say hello to our new students, Brookelyn and Oreoluwa, who will be helping with programs.

Beginning October 7 — Senior Scholars Health Series

Medical students from McMaster University will lead a nine-week series of presentations on current health topics. Watch for flyers with more details!

October 8 — Australia Passport Day

Take a trip Down Under without leaving your chair! Enjoy armchair travel, cultural treats, trivia, and more.

October 15 — Taster’s Choice

Crunch, compare, and cast your vote in our new tasting program! This month, potato chips are taking center stage.

October 22 — Fall Pumpkin Craft

Bring your creativity and celebrate the season by making a festive pumpkin craft.

October 23 — Karaoke Pub Night

Warm up those vocal cords, choose your favorite tune, and get ready for a fun singalong!

October 29 — Cooking Class with Leona

Roll up your sleeves and learn how to make delicious cabbage rolls.

October 26 – Cast your vote for City of Hamilton municipal elections

October 31 — Halloween Social with Sarah

Finish the month with a spooktacular celebration featuring treats, trivia, games, and plenty of Halloween fun!

Don’t Miss Our October Outings!

Sign-up sheets will be available at the front desk every Monday. Keep an eye out for fun fall farm trips and be sure to add your name!

Wishing you a fun-filled October,

Warmly, Sarah

The Birthday Party

The party was for 12 kids who lived on or around Linwood Ave. on party day, everyone invited was dressing up and combing their hair. Girls love to dress up and look pretty; they dance and twirl as Mom gets them ready.

The boys not so much. They wanted to wear what they had on, not “going to church clothes”, but moms had different ideas. Ken, one of the boys, decided to let mom have her way with what he wore. Mom had always wanted a girl to dress up. Ken would have to do. Mom bought him a white pullover with a collar, white shorts, and white shoes, and socks Ken grudgingly put them on. He looked in the mirror and said I look like a snowball. Mom said it’s not time for the party yet, you can go outside but do not get anything on your clothes. Ken ran out to the front of the house. Nothing going on. The street is empty. What to do? Go and see Peter he is going to the party. Let’s see if he’s ready.

Peter lives on Aberdeen, there are steps up to his house. It’s on a hill. Knock, knock, no answer. I crossed over the lawn and peeped into the front window. Nothing they’re out. Back down the stairs, sure is slippery. Oops, down the hill Ken slid on his back and backside. Well, now he didn’t look like a snowball more like a chocolate bar. Running home he thought “mom can wipe off my clothes.”

“Mom?” “Yes, Ken” “I had a little accident” “You had a WHAT? Get over here to the kitchen sink.”

“I can’t clean this mess up, but you’re going to the party just the way you are.” When he got to the party, the girls burst out laughing the boys nodded with their approval. Anyway, the party went off without a problem. Ken gave the birthday girl her present. You guessed it. A box of chocolates! Mom finally threw out Ken’s clothes. They were as brown as the day he fell.

Totally browned off, Ken D.

- October Outings
- Thursday October 1st at 10am

University Plaza/Shoppers Drug Mart

Friday October 2nd at 10am

Bank Trip

Tuesday October 6th at 10am

Carluke Orchards

Thursday October 8th at 10am

Scenic Drive

Tuesday October 13th at 10am

Westcliff Mall

Thursday October 15th at 10am

Peddicombe Farm & Market

Friday October 16th at 10am

Walmart

Tuesday October 20th at 10am

Gage Park Mum Show – Cost \$ 8.50

Thursday October 22nd at 10am

Fall Scenic Tour

Tuesday October 27th at 10am

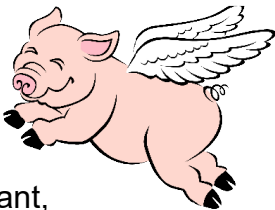
Tim Hortons

Thursday October 29th at 10am

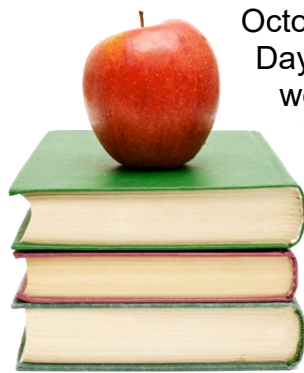
Dyments Farm & Market

Say It Silly

Sometimes we say the silliest things, but feel free on October 13 to use as many silly sayings as you want, for it’s Silly Saying Day. “When pigs fly” is a saying used when you mention something that will never happen, just like a pig flying. Did you ever stop to “chew the fat” with a friend? This means to chat or gossip, but it’s a nautical expression from early sailors who, when work was slow, would talk while chewing on a snack of salt-hardened fat. You’ve likely never used the expression “enough to cobble dogs with,” which means that you have a lot of something, as though a shoe cobbler had so much leather he could make many tiny shoes for all of our four-legged friends. And there you have it, “Bob’s your uncle.” Don’t know that one? It means everything is all right, done, and successful, sort of like saying, “And that’s that.” No word, though, on who Bob was or why things always worked out so well for him.



Lessons in Appreciation



October 5 is World Teachers’ Day, and people all over the world will be turning their thoughts to that special teacher in their life who offered them guidance or support. But are happy memories enough to honor these unsung community heroes? Many believe that education is one of the most important gifts we can give our children and the best way to ensure they grow up to have a better life, but which countries do the best job of honoring teachers?

According to a study compiled by Professor Peter Dolton of England’s University of Sussex, no place in the world respects its teachers more than China. There is a high level of respect for learning in China, and teachers are revered by parents and students alike. Teachers in China are even traditionally honored with gifts and public expressions of gratitude.

Interestingly, though, the highest performing students are not from China but from Finland. Finnish students consistently outperform other countries in international tests of reading, math, and science. Yet when it comes to respecting teachers, Finland lies in the bottom half of the worldwide ratings.

Perhaps another good measure of teacher appreciation is salary. In that case, Luxembourg leads the pack, with experienced teachers among the highest paid in the world. But when it comes to compensation, one American educator recently received a remarkable show of thanks. In 2025, educator and humanitarian Mansour Al Mansour of Saudi Arabia won the Global Teacher Prize, an annual award that recognizes exceptional educators from around the world. Often called the “Nobel Prize for teachers,” the winner is awarded one million dollars. Now that’s teacher appreciation!

Comic Corner by TNT

A TV repairman answers an emergency call. The customer shows him the faulty TV before he unpacked his tool kit. He goes over to the TV and gives it a heck of a whack on the side. Immediately, a bright sharp picture appears on the screen that takes care of. It says the repairman and writes out a bill for \$200.

WHAT! Says the customer \$200 and all you did was whack the side of the TV I’m not paying until I get an itemized statement for your services the TV repair man sits down right on an itemized statement and hand it back to the customer.

TV service call:
Slap on side of TV \$0.00
Knowing where to slap TV \$200

A Squirrel’s Tale

Some think of squirrels as small pests, adept at infiltrating your home or invading your bird feeders, but they are nature’s most nimble and adaptable creatures. Squirrels are extremely active in October, burying nuts and storing food for the long, cold winter. For this reason, October is Squirrel Awareness Month.

Squirrels inhabit every continent except Australia and Antarctica. There are 265 different species but three basic kinds: tree squirrels, ground squirrels, and flying squirrels. They come in all different sizes, from the mouse-sized African pygmy squirrel, which is only three inches long, to the Indian giant squirrel, which grows up to three feet in length. Squirrels are very cunning, often pretending to bury nuts in order to fool other spying squirrels. But they sometimes forget where they buried the real nuts! As a result, you may spy new trees in your yard come springtime. Perhaps we should consider ourselves lucky to live in such close quarters with these amazing little critters.

