

Strawberry Social Photo Gallery



August Birthdays

In astrology, those born between August 1 and 22 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is Leo's mascot. Whether it's in Hollywood or in the home, Leos accomplish their goals. Those born between August 23 and 31 are Virgos. Virginal Virgos are considered shy, pure of spirit, and self-sufficient. They take incredible pride in their work, show diligent habits, and are well respected in their circles.

Herman Melville (novelist) – August 1, 1819
 Barack Obama (president) – August 4, 1961
 Lucille Ball (comedienne) – August 6, 1911
 Dustin Hoffman (actor) – August 8, 1937
 Danielle Steel (novelist) – August 14, 1947
 Roberto Clemente (athlete) – August 18, 1934
 Gene Kelly (actor) – August 23, 1912
 Mother Teresa (saint) – August 26, 1910
 Ingrid Bergman (actress) – August 29, 1915



John. B.....	August 10
Peter. K.....	August 18
Lynda. J.....	August 18
Eileen. A.....	August 20
Mark. J.....	August 23
Cynthia. T.....	August 26
Gloria. G.....	August 28
Ruby. F.....	August 31



ABERDONIAN

Aberdeen Gardens Retirement Residence | 330 Dundurn St. S | (905) 529-3163



Celebrating August

Happy Hour Tuesdays at 2:30 pm

August 4 – Robin & Sam

August 11- Alchemy
Unplugged

August 18 – Kim Atkins

August 25 – Paula French

Brant Arts Walker Clinic

August 3

Foot Care Clinic with Dr. Jason

August 6

Karaoke Pub Night

August 13

Foot Care Clinic with Dr. Barbra

August 22

Hear Right Clinic

August 26

NEW PROGRAM

Cooking Class with

Chef Leona

August 26

Town Hall Meeting

August 31



Your Voice Matters

Our Annual Resident Satisfaction Survey is coming soon, and we want to hear from you! This confidential survey is your opportunity to share feedback about life at Aberdeen Gardens Retirement Home and help shape future improvements. The survey is administered by Greenhouse Marketing, an independent third-party company, ensuring your responses remain confidential.

Key Dates:

- **Survey Information Meeting:** Wednesday August 5th at 2:30pm in the exercise room
- **Survey Open:** August 10- August 21
- **Results & Action Plan:** Will be shared in November

As a thank you for participating, residents who complete a survey can enter a draw for a **\$200 rent credit!**

Every response helps us better understand your experience and continue making Aberdeen Gardens an even better place to live. We encourage everyone to participate and make their voice heard. Thank you for your feedback and support!

August Outing Schedule

Spaces are limited
Please sign-up at front desk

Outing to **Confederation Park**
August 4 At 10:00 am

Outing to **Westckiff Mall**
August 6 At 10:00 am

Outing to **Walmart**
August 11 At 10:00 am

Outing to **Harbourfront Trolley**
August 13 At 12:00 pm

Outing to **Bank Trip**
August 14 At 10:00 am

Outing to **Gage Park**
August 18 At 10:00 am

Outing to **University Plaza/
Shoppers Drug Mart**
August 20 At 10:00 am

Outing to **Walmart**
August 25 At 10:00 am

Outing to **Hamiltonion Harbour Tour**
August 27 At 12: 45 pm

Outing to **Giant Tiger**
August 28 At 10:00 am



Bubble Breakthrough

What do penicillin, the microwave, potato chips, and bubble gum all have in common? They were invented by accident. Walter Diemer was an accountant for the Fleer Chewing Gum Company in Philadelphia. When he wasn't working on the books, he spent his free time mixing new recipes for bubble gum. The problem was that current gums were too sticky and would break apart too easily. He wanted to invent a gum that was less sticky and could be blown into a perfect bubble. In 1928, Diemer mixed a successful batch but failed to write down the recipe. He spent four months trying to duplicate it. Then, in August of that year, he succeeded. The only food coloring available at the factory was pink, so that became the color of Diemer's 300-pound batch of bubble gum. Pink has been the standard color ever since. When he brought the first 100 pieces to a candy store, he priced his gum at one penny apiece and sold out in one day. To help sell his gum, Diemer taught store owners how to blow bubbles so they could teach their customers. The Fleer Chewing Gum Company called Diemer's gum "Dubble Bubble," and in the first year of production, it earned \$1.5 million.

Hidden in Plain Sight



If you believe that one person's trash is another person's treasure, then you'll be happy to hear that the second Saturday in August is Garage Sale Day. Some lucky folks do find rare treasures at garage sales. In 1989, a man bought an ugly painting for four dollars at a flea market because he liked the frame. Imagine his surprise when under the painting he found an original printed copy of the Declaration of Independence that sold for \$2.4 million in 1991. Then there's the story of the scrap metal dealer who found a Russian Fabergé egg, which was one of only 50 created as an Easter gift for Alexander III's wife, Empress Maria Feodorovna. Valued at more than \$30 million, that is one valuable "nest egg."

The Birthday Party

The party was for twelve kids who lived on or around Linwood Ave.

The party day, everyone invited was dressing up and combining their hair. Girls love to dress up and look pretty. They dance and twirl as mom gets them ready.

The boys not so much. They wanted to wear what they had on, not 'going to church' clothes, but moms had different ideas. Ken one of the boys, decided to let mom have her way with what he wore. Mom had always wanted a girl to dress up; Ken would have to do. Mom bought him a white pullover with a collar, white shorts, and white shoes and socks. Ken grudgingly put them on, looked in the mirror, and said "I look like a snowball." Mom said "it is not time for the party yet, you can go outside but do not get anything on your clothes." Ken went out to the front of the house: nothing going on. The street is empty. What to do? Go and see Peter; he is going to the party, let's see if hes ready.

Peter lives on Aberdeen, there are steps up to his house; it's on a hill. Knock, Knock, no answer. I crossed over the lawn and peeped into the front window: nothing, they're out. Back down the stairs, it sure is slippery. Oops, down the hill Ken slid on his back and backside. Well, now he didn't look like a snowball, more like a chocolate bar. Running home, he thought "Mom can wipe off my clothes."

"Mom?" "Yes Ken." "I had a little accident." "You had a WHAT? Get over here to the sitchen sink."

"I can't clean this mess up, but you are going to the party just the way you are." When he got to the party, the girls burst out laughing. The boys nodded their approval. Anyway, the party went off without a problem. Ken gave the birthday girl her present: you guessed it, a box of clocolates.

Mom finally threw out Ken's clothes; they were as brown as the day he fell.
-Ken D.

Comic Corner by TNT

An elderly couple are having trouble remembering things after a visit to the doctor. They are told that physically they are okay. He suggests that perhaps they should try writing things down to help them remember things.

That night while the couple are watching T.V. the old man gets up from his chair. "Where are you going?" his wife asks. "In the kitchen." He answers. "Would you get me a bowl of ice cream?" she says. "Sure. But I think you better write that down so you won't forget."

"I can remember that." She says, "But I would like some strawberries too, maybe you should write that down."

"No need, I can remember that, you want a bowl of ice cream with strawberries." "I would also like whipped cream, you better write that down. I'm sure you will forget."

"Mistake." He says, "I've got it! I'll be right back." A little while passes, the husband returns and places a plate of bacon and eggs in front of his wife. His wife looks up at him and says, "Where is the toast?"

