



June 2026

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1	2	3	4	5	6
	<p>10:15 Pretty Polish (sign-up required)(AR)</p> <p>10:45 VON Morning Exercise (ER)</p> <p>12:30 Washer Toss (ML)</p> <p>3:00 Chocolate Bar Bingo (AR)</p>	<p>10:00 Outing: Westcliff Mall (Sign-up required)</p> <p>10:30 Virtual Exercise with Lily & Brandan (ER)</p> <p>12:30 Activity with Shannon (ML)</p> <p>2:30 Happy Hour & Music with John & Russ</p>	<p>9:15 VON Pole Walking Program (P)</p> <p>10:30 Chair Yoga with Radha (ER)</p> <p>12:30 Hangman (ML)</p> <p>2:30 Food for Thought with Chef Leona (AR)</p> <p>7:15 Yathzee Club (ML)</p>	<p>10:00 Outing: Scenic Drive to Spencer Smith Park (Sign-up required)</p> <p>10:30 Zumba with Linn (ER)</p> <p>12:30 Seniors Month Photo Booth (AR)</p> <p>2:15 Euchre Club (AR)</p>	<p>10:15 Xbox Bowling (AR)</p> <p>10:30 Bible Study (MR)</p> <p>2:00 Linda on Piano (ML)</p> <p>3:00 Loonie Bingo (AR)</p>	<p>9:00 Cranium Crunches (see front desk)</p> <p>2:00 Krishanthi on Piano (ML)</p>
7	8	9	10	11	12	13
<p>11:00 Sunday Rosary (3rd floor lounge)</p> <p>2:30 Sunday Social (ML)</p>	<p>Brant Arts Walker Clinic (sign-up at front desk) (AR)</p> <p>10:15 Pretty Polish (sign-up required)(AR)</p> <p>10:45 Morning Exercise with VON (ER)</p> <p>12:30 Mini Putt (ML)</p> <p>3:00 Chocolate Bar Bingo (AR)</p>	<p>10:00 Outing: Scenic Drive (Sign-up required)</p> <p>10:30 Exercise with Sarah (ER)</p> <p>12:30 Racquet Balloon (ML)</p> <p>2:30 Happy Hour & Music with Tristan Alexander (AR)</p>	<p>9:15 VON Pole Walking Program (P)</p> <p>10:30 Chair Yoga with Radha (ER)</p> <p>11:00 Reading Buddies Patio Party! (ML)</p> <p>12:30 Hangman (ML)</p> <p>2:30 Art: Acrylic Painting Daisy's (MR)</p> <p>7:15 Yathzee Club (ML)</p>	<p>10:00 Outing: University Plaza/Shoppers Drug Mart (Sign-up required)</p> <p>10:30 Zumba with Linn (ER)</p> <p>12:30 Wellwood Squares Knitting (ML)</p> <p>2:30 Passport Day - Portugal (AR)</p>	<p>10:00 Outing: Bank Trip (Sign-up required)</p> <p>10:00 Baking Buddies (AR)</p> <p>10:15 Xbox Bowling (AR)</p> <p>10:30 Bible Study (MR)</p> <p>12:30 Category Grid (ML)</p> <p>3:00 Loonie Bingo (AR)</p>	<p>9:00 Cranium Crunches (see front desk)</p> <p>2:30 Concierge's Choice (ML)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14</p> <p>11:00 Sunday Rosary (3rd floor lounge)</p> <p>2:30 Sunday Social (ML)</p>	<p>15</p> <p>10:30 Farewell Party for Lily & Brandan (ML)</p> <p>10:45 Morning Exercise with VON (ER)</p> <p>12:30 Horse Races (ML)</p> <p>3:00 Chocolate Bar Bingo (AR)</p>	<p>16</p> <p>10:00 Outing: Walmart (Sign-up required)</p> <p>12:30 Racquet Balloon (ML)</p> <p>2:30 Happy Hour & Music with Escapade (ML)</p>	<p>17</p> <p>9:15 VON Pole Walking Program (P)</p> <p>10:30 Catholic Mass (MR)</p> <p>10:30 Chair Yoga with Radha (ER)</p> <p>12:30 Hangman (ML)</p> <p>2:30 Green Thumb Club (P)</p> <p>7:15 Yathzee Club (ML)</p>	<p>18</p> <p>10:30 Zumba with Linn (ER)</p> <p>11:00 Outing: Lunch at The Watering Can (Sign-up required)</p> <p>2:15 Euchre Club (AR)</p> <p>3:45 Trivia (ML)</p>	<p>19</p> <p>10:15 Xbox Bowling (AR)</p> <p>10:30 Bible Study (MR)</p> <p>2:00 Linda on Piano (ML)</p> <p>3:00 Loonie Bingo (AR)</p>	<p>20</p> <p>9:00 Cranium Crunches (see front desk)</p> <p>2:00 Dave T on Piano (ML)</p>
<p>Father's Day 21</p> <p>11:00 Sunday Rosary (3rd floor lounge)</p> <p>2:30 Father's Day Sunday Social (ML)</p>	<p>22</p> <p>10:15 Pretty Polish (sign-up required) (AR)</p> <p>10:45 Morning Exercise with VON (ER)</p> <p>12:30 Bean Bag Toss (ML)</p> <p>2:30 Recreation Meeting with Sarah (AR)</p> <p>3:00 Chocolate Bar Bingo (AR)</p>	<p>23</p> <p>10:00 Outing: Shopping at the Salvation Army (Sign-up required)</p> <p>12:30 Racquet Balloon (ML)</p> <p>2:30 Happy Hour and Music with Kim Atkins (AR)</p>	<p>24</p> <p>Hear Right Clinic (sign-up at front desk)</p> <p>10:30 Chair Yoga with Radha (ER)</p> <p>12:30 Hangman (ML)</p> <p>3:30 Strawberry Social (P)</p> <p>7:15 Yathzee Club (ML)</p>	<p>25</p> <p>10:00 Outing: Grandads & Pier 4 (Sign-up required)</p> <p>10:30 Zumba with Linn (ER)</p> <p>12:30 Hangman</p> <p>2:15 Euchre Club (AR)</p> <p>3:00 Pride Posters - What are you proud of?</p> <p>3:30 Perspectives with Shem Wilson (MR)</p>	<p>26</p> <p>10:15 Xbox Bowling (AR)</p> <p>10:30 Bible Study (MR)</p> <p>1:00 Outing: Flamborough Casino (Sign-up required)</p> <p>3:00 Loonie Bingo (AR)</p> <p>7:15 Karaoke Pub Night (AR)</p>	<p>27</p> <p>9:00 Cranium Crunches (see front desk)</p> <p>2:30 Concierge's Choice (ML)</p>
<p>Foot Care Clinic with Dr. Barbara (MR) (sign-up at front desk)</p> <p>11:00 Sunday Rosary (3rd floor lounge)</p> <p>2:30 Sunday Social (ML)</p>	<p>29</p> <p>10:15 Pretty Polish (sign-up required) (AR)</p> <p>10:45 Morning Exercise with VON (ER)</p> <p>12:30 Bocce Ball (ML)</p> <p>2:30 Town Hall Meeting</p> <p>3:00 Chocolate Bar Bingo (AR)</p>	<p>30</p> <p>9:15 VON Pole Walking Program (P)</p> <p>10:00 Outing: Scenic Drive (Sign-up required)</p> <p>12:30 Racquet Balloon (ML)</p> <p>2:30 Birthday Party Happy Hour and Music with Paula French (AR)</p>				