















Pink– Exercise Room (ER)
Green– Main Lounge (ML)
Purple– Meeting Room (MR)
Brown– Chapel (C)

Blue– Entertainment
Red– Outings (Sign up Required)
Orange– Activity Room (AR)

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>November 3rd is Daylight Savings. Set your clocks back one hour.</p>		<p>11 NOVEMBER REMEMBRANCE DAY</p> <p><i>Lest we forget</i></p> 			1	2
					<p>10:00 Bank Run (Sign Up) 10:00 Pretty Polish (MR) 10:30 Bunny Love with Susan (ML) 2:00 Colouring Craze (ML) 2:30 Exercise with Dana (ER) 3:00 Loonie Bingo (\$5) (AR)</p> 	<p>9:00 Cranium Crunches (See front desk) 10:15 Uno (3rd Floor) 2:15 Euchre (3rd Floor) 2:00 Knit & Chat (AR) 7:00 Maple Leafs vs. Blues (AR)</p> 
3	4	5	6	7	8	9
<p>9:00 Cranium Crunches (See front desk) 11:00 Rosary with Don & Eileen (C) 2:30 Sunday Spice (ML) 6:00 Maple Leafs vs. Wild (AR)</p>  <p>Daylight Savings</p>	<p>10:30 Therapy Tails (ML) 10:45 Morning Exercise (ER) 2:30 Wandering Eyes Presentation (Mobile Service) NEW! (AR) 3:30 Whiteboard Hangman (ML) 4:00 Guided Meditation (YouTube) (AR)</p> 	<p>10:00 Walmart (Sign Up) 10:30-11:30 Staff Fire Safety Training 2:30 Happy Hour & Music with Escapade Trio (AR) 7:00 Movie Night (AR) 7:00 Maple Leafs vs. Bruins</p> 	<p>10:30 Chair Yoga with Radha (ER) 11:00 Reading Buddies with St. Joes Students (ML) 2:30 Bob Williamson Presents: Canada's Fleet Air Arm Hero (AR) 3:30-4:30 Staff Fire Safety Training 4:00 Dog Visit with Kalynn & Athena (ML)</p>	<p>10:00 Warplane Heritage Museum Cost \$14.00 (Sign Up) 10:30 Zumba with Linn (ER) 2:00 Golden Care Pharmacy (Diabetes Seminar) NEW! (AR) 3:30 Chocolate Bar Bingo (AR) 7:00 Euchre Night (ML)</p> 	<p>9:00-5:00 Covid/Flu Clinic 10:15 Morning Exercise (ER) 11:00 Coffee & Tea Social (AR) 2:30 Flutist Laura Nashman (ML) 3:30 Loonie Bingo (\$5) (AR) 7:00 Maple Leafs vs. Red Wings (AR)</p> 	<p>9:00 Cranium Crunches (See front desk) 10:15 Uno (3rd Floor) 2:15 Euchre (3rd Floor) 2:00 Knit & Chat (AR) 7:00 Maple Leafs vs. Canadiens (AR)</p> 
10	11	12	13	14	15	16
<p>9:00 Cranium Crunches (See front desk) 11:00 Rosary with Don & Eileen (C) 2:30 Sunday Spice (ML)</p> 	<p>10:00 Brant Arts Walker Clinic (Sign up at Front Desk) (AR) 10:30 Therapy Tails (ML) 10:45 Morning Exercise (ER) 11:00 Remembrance Day Announcement 2:30 Whiteboard Hangman (ML)</p> <p>Remembrance Day</p>	<p>10:00 Cambridge Butterfly Conservatory (Cost \$15.00) (Sign Up) 10:30 Catholic Mass (C) 2:30 Happy Hour & Music with Mike Woods (AR) 7:00 Movie Night (AR) 7:00 Maple Leafs vs. Senators</p> 	<p>10:30 Chair Yoga with Radha (ER) 11:00 Pretty Polish (MR) 2:15-3:15 Residents' Council Meeting (ER) 4:00 Dog Visit with Kalynn & Athena (ML) 7:30 Maple Leafs vs. Capitals (AR)</p> 	<p>Hairdresser Lindsay 11:00 Food Critics: Swiss Chalet (Sign Up) 10:30 Zumba with Linn (ER) 2:30 Pickle Tasting (ML) 3:00 Chocolate Bar Bingo (AR) 7:00 Euchre Night (ML)</p> <p>National Pickle Day</p> 	<p>10:00 Scenic Drive with Larry (Sign Up) 10:15 Morning Exercise (ER) 11:00 Painting with Dana (CR) 2:00 Guess the Logo (ML) 2:30 Racket Balloon (ML) 3:00 Loonie Bingo (\$5) (AR)</p> 	<p>9:00 Cranium Crunches (See front desk) 10:15 Uno (3rd Floor) 2:15 Euchre (3rd Floor) 2:00 Knit & Chat (AR) 2:00 Krishanthi on Piano (ML) 7:00 Maple Leafs vs. Oilers (AR)</p>

More on Reverse >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:00 Cranium Crunches (See front desk) 11:00 Rosary with Don & Eileen (C) 2:30 Sunday Spice and Entertainment with Paul Schalm (ML)	18 10:30 Therapy Tails (ML) 10:45 Morning Exercise (ER) 2:30 Whiteboard Hangman (ML) 3:30 Bocce Ball NEW! (ML) 	19 10:00 Giant Tiger (Sign Up) 10:30 Xbox Bowling (AR) 1:00 Men's Club Lunch in (AR) 2:30 Happy Hour & Music with Kim Atkins (AR) 7:00 Movie Night: Top Gun (AR)  International Men's Day	20 10:00-2:00 Traditions Alive Sale with Anish (ML) 10:30 Chair Yoga with Radha (ER) 11:00 Pretty Polish (MR) 2:30 Afternoon High Tea (AR) 4:00 Dog Visit with Kalynn & Athena (ML) 7:30 Maple Leafs vs. Golden Knights (AR)	21 Hairdresser Lindsay 10:00 Shoppers Drug Mart (Sign Up) 10:30 Zumba with Linn (ER) 2:00 Technology Help NEW! (AR) 3:00 Chocolate Bar Bingo (AR) 7:00 Euchre Night (ML)	22 10:15 Morning Exercise (ER) 11:00 Coffee & Tea Social (AR) 2:30 Scrabble Hour (AR) 3:00 Loonie Bingo (\$5) (AR) 	23 9:00 Cranium Crunches (See front desk) 10:15 Uno (3rd Floor) 1:00-4:00 Aberdeen's Winter Market with Entertainment (ML) 2:00 Knit & Chat (AR) 2:15 Euchre (3rd Floor)
24 9:00 Cranium Crunches (See front desk) 11:00 Rosary with Don & Eileen (C) 2:30 Sunday Spice (ML) 7:00 Maple Leafs vs. Utah (AR) 	25 10:00 Brant Arts Walker Clinic (Sign up at Front Desk) (AR) 10:30 Therapy Tails (ML) 10:45 Morning Exercise (ER) 2:30 Whiteboard Hangman (ML) 	26 10:00 Mission Thrift Store (Sign Up) 10:30 Xbox Bowling (AR) 2:30 Monthly Birthday Party & Happy Hour with Paula French (AR) 7:00 Movie Night (AR) 	27 Hearing Clinic 10:30 Chair Yoga with Radha (ER) 11:00 Pretty Polish (MR) 2:00 Spin & Win Prize Bingo (MR) 3:30 Town Hall Meeting (ER) 7:30 Maple Leafs vs. Panthers (AR) 	28 10:00 Westcliffe Mall (Sign Up) 10:30 Zumba with Linn (ER) 2:00 True or False NEW! (ML) 3:00 Chocolate Bar Bingo (AR) 7:00 Euchre Night (ML) 	29 Appointments (Sign Up) 10:15 Morning Exercise (ER) 11:00 Aberdeen Crafting (CR) 2:30 Guess the Logo (ML) 3:00 Loonie Bingo (\$5) (AR)	30 9:00 Cranium Crunches (See front desk) 10:15 Uno (3rd Floor) 2:00 Knit & Chat (AR) 2:15 Euchre (3rd Floor) 2:30 Holiday Piano Performance with Aiden (ML) 7:00 Maple Leafs vs. Lightning (AR)

ABERDEEN GARDENS 330 Dundurn St. S (905)-529-3163

Recreation Manager– Dana Thompson Ext. 153 / dthompson@levliving.com

Please note, programs are subject to change.

GROUP OUTINGS ARE LIMITED, SIGN UP REQUIRED.