

1	2	7	6	9				
	8		7		2			
		5		3		6		
			2		7		1	
				1		5		9
			9		5		8	2
		1				8		4
	9						7	5
2								6

**Wishing the Happiest of Birthdays to:**

- Joe D.....Sept 5<sup>th</sup>
- Mary P.....Sept 7<sup>th</sup>
- James M.....Sept 7<sup>th</sup>
- Theodora K.....Sept 8<sup>th</sup>
- Tony F.....Sept 17<sup>th</sup>
- Betty C.....Sept 19<sup>th</sup>
- Diane Z.....Sept 23<sup>rd</sup>



**September Birthdays**

Those born between September 1–22 are Virgos. Virgos are considered shy and sometimes naïve, private, and very tidy. They are also curious explorers who are incredibly loyal and well respected by their friends and colleagues. If you were born between September 23–30, you balance the scales of Libra. Libras are very social, seek harmony through compromise, and have strong powers of critical thinking.

Salma Hayek (actress) – September 2, 1966  
 Alan Ladd (actor) – September 3, 1913  
 Beyoncé (entertainer) – September 4, 1981  
 Bob Newhart (comedian) – September 5, 1929  
 Grandma Moses (artist) – September 7, 1860  
 Patsy Cline (singer) – September 8, 1932  
 O. Henry (writer) – September 11, 1862  
 B. B. King (musician) – September 16, 1925  
 Bruce Springsteen (singer) – September 23, 1949  
 Bryant Gumbel (journalist) – September 29, 1948

September 2024

# ABERDONIAN

Aberdeen Gardens Retirement Residence | 330 Dundurn St. S | (905)-529-3163 |



**Celebrating September**

**World Alzheimer’s Month**

**Happy Hour with Entertainment**  
Every Tuesday at 2:30pm

**Labour Day**  
September 2<sup>nd</sup>

**Jackson Square Dental Presentation**  
September 4<sup>th</sup>

**Outdoor Walker Wash & Strawberry Daiquiris**  
September 9<sup>th</sup>

**Patrick Swayze Appreciation**  
September 16<sup>th</sup>

**Full Building Evacuation**  
September 18<sup>th</sup>

**McDonald’s Lunch-in**  
September 20<sup>th</sup>

**Monthly Birthday Party**  
September 24<sup>th</sup>

**Town Hall Meeting**  
September 25<sup>th</sup>

**Truth & Reconciliation Day**  
September 30<sup>th</sup>

**Message from our General Manager, Lisa:**

Hello residents and staff! How has the summer gone by so fast? Lucky for me, autumn is my favourite season! September is a time of “change,” and I love this quote I recently found online: “**Autumn is the season that teaches us that change can be beautiful!**” (unknown author). Change can be messy (oh...all those leaves to rake!), but it can also be positive. As some of our young staff return to school, and we hire new staff to take their place, I ask for your continued support and patience as we go through more changes. In the meantime, if you have any questions, concerns, or suggestions, I would love to hear from you. Come visit me or submit your feedback in the confidential “Comments/Complaints” box outside my office door. I wish you all a happy and healthy fall season, and I look forward to spending more time getting to know each of you!

**Message from our Recreation Manager, Dana:**

Welcoming September! Lots of exciting programs happening this month. A lady named Kalynn will be bringing her dog “Athena” to visit us in the Main Lounge every Wednesday at 4pm. On September 9<sup>th</sup>, there will be a walker wash during lunchtime, **please empty your walker so it can be cleaned!** Starting September 16<sup>th</sup>, every Monday @ 10:30am, Alison with Therapy Tails will be in the Main Lounge with her dog “Oliver”. On September 26<sup>th</sup>, I will be hosting a meeting to discuss programs and activities, so please join and share your thoughts. Show your support on September 30<sup>th</sup> and wear an orange shirt for Truth & Reconciliation Day.

### The Night the Lights Went Out

Where were you the night the lights went out? Some were in their rooms on the second and third floor, some were in the main lounge waiting to go into the dining room for dinner.

The person on the medicine cart took charge right away! She let everyone know what they were to do. She done it so quickly, no one panicked.

I was waiting to go into the dining room for dinner. The sixteen people went into the dining room and sat at their table.

If there was only one person at a table, they were asked if they would like to sit with someone who was also sitting alone.

All the tables had a lantern but one. My table was by the window, so we didn't need a lantern. We had the best seats in the place!

Dinner was served promptly, and no one made a fuss. It was such an interesting evening for all of us and was so enchanting to say the least. It is one night I will remember for a very long time.

I am glad to have shared this wonderful evening with my friends, who are also my tablemates.

I hope they have as nice a memory of it as I do.



By: Nancy M



### Memories

Memories are thoughts kept in our hearts

Like pictures of times gone by  
Some make us smile and linger awhile

Some bring a tear to our eye

Some are so vivid and filled with bliss

They cause you to brag and maybe disclose

To anyone who will listen  
Others are secret to you alone  
To live over again in the silence of night

Then lock away safely in the depth of your soul  
Till needed again to make things right

Like waves that wash over the sandy shore  
Then race back to the sea once more

Memories are highlights of days gone by  
Of how you have lived, things you have done

Of days that have come and days that have gone  
Of things that have happened along the way

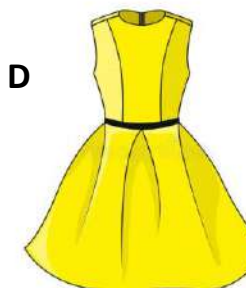
And made you who you are today

By: Margaret G

### The Mini Dress and Jury Duty

My wife received a summons to appear for jury duty. She was quite interested and looked forward to maybe serving as a Juror. The day in question arrived and I was to drive her to the courthouse. I said, "Let's go," and she popped out of the bedroom wearing a yellow minidress. I said, "Are you going like that?" and she replied "Why not? Let's go!" We parked across from the courthouse and off she went. As she left, I said to myself "That dress hardly covers her bare necessities." Later that day I received a call to pick her up. She was quite pleased that she had been selected for Jury Duty. She was pretty, petite, and smart. But I wondered if they were just interested in what she would wear next. Oh Boy!

By: Ken D



### Housewarming Parties

Did you recently move to Aberdeen? We'd love to host a housewarming party for you and your guests! Call Cinda at 905-529-3163 ext.158 to book your party!

### Resident Referrals

If you know someone who would benefit from moving to Aberdeen Gardens, please let Cinda know. She can invite them for a tour, and they can join you for a free lunch on us!

### Comic Corner by T.N.T.

#### "Fore"

Sam was sitting on the club patio, enjoying a cool drink. He was proudly going over the Eagle he scored on the difficult 17<sup>th</sup> hole.

Suddenly, an errant golf ball struck Sam on the side of the head. He was furious.

When the guilty party showed up, Sam was so angry, he shouted at the embarrassed golfer. "I'm going to sue you for 5 million dollars!". The player defensively replied, "I called out FORE!". The angry member says... "OK... I'll take four".



Find "little" me in this month's newsletter!

